



# MAHOVA

## September 2020

# News

### It Happened in September

- President William McKinley was shot on September 6, 1901, while attending the Buffalo Pan-American Exposition in New York. He passed away eight days later on September 14, 1901.
- The 1st Continental Congress was called to order on September 5, 1774.
- The Continental Congress changed the name of the United Colonies to the United States on September 9, 1776.
- September 24th, 1789 - the US Supreme Court was established.
- The United States was attacked by terrorists on September 11, 2001. Almost 3,000 people in New York, Pennsylvania and Washington DC died because of the attacks that took place on that day.
- On September 5th, 1961, President John F. Kennedy signed a hijacking bill, making air piracy a crime punishable by death or imprisonment.
- Former President Richard M. Nixon was given an unconditional pardon for his role in the infamous "Watergate" fiasco by President Gerald Ford, September 8, 1974.
- World War II began in September, 1939, when Hitler invaded Poland.
- The Great Fire of London occurred on September 2, 1666.
- On September 18, 1851, the infamous New York Times newspaper published its first edition.
- George Eastman got his patent for the roll-film camera in September of 1888 and the Eastman-Kodak company soon was off to becoming one of America's major corporations.
- The very first comic strip was printed in an American newspaper on September 11th, 1875.

### In This Issue:

**Health Rx**

**Book Ends**

**In Memoriam**

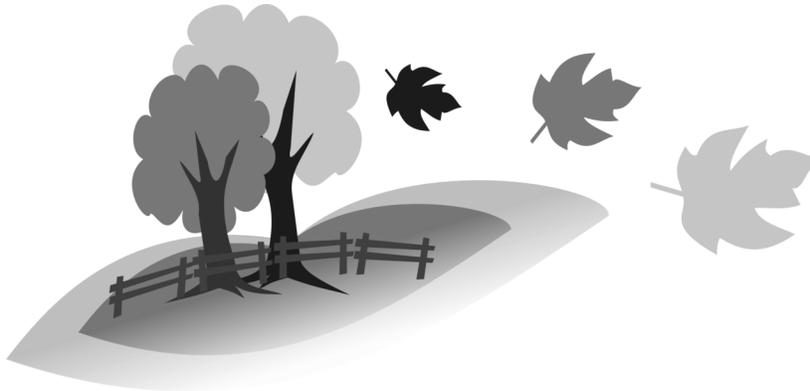
**Brain Teasers**

**Birthdays**

#### Resident Advisory Council

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**Steve Bollinger**  
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-B Wing  
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—C and D Wing  
**Jim Herring**— Magnolia Court  
**Steve Bollinger and Peg Davis**—  
Village

## Autumn Health



- We get most of our Vitamin D from the sun, so our intake decreases when the weather turns colder. If you find you are not getting outside much, a vitamin D supplement can boost your mood and immune system. Be sure to check with your doctor first before taking any additional supplements or vitamins.
  - Get your flu shot.
- Take the colder weather as a hint to slow down. Our bodies can always use a break, but don't slow down too much; staying active is also just as important.
- Boost your immune system by drinking plenty of water, eat a nutritious diet and wash your hands often.
- Start a new hobby. It will make the winter hibernation more exciting if you have different projects to work on.
- Moisturize. The colder weather can make your skin dry and if you do go out in the sun, it's always a good idea to wear sunscreen.
- Take advantage of those in-season foods, such as beets, kale, pumpkin, squash, root vegetables and dark leafy greens.
  - Wear extra layers to protect yourself from the dropping temperatures.
- Keep a schedule. The colder weather has a way of pushing us into isolation which can lead to depression; schedule time each day to do some things you like.

## Book Ends

### End of Story

by Peter Abrahams

I picked this story as one by an author with a name starting with 'A.' Opening it I found a very unusual story!!! Ivy Seidel is a struggling writer. My first surprise! She carries the surname of some of my cousins. A good entertaining story from the beginning, then everything changes for the last 100 pages. Ivy is an aspiring writer who tends bar in order to eat. I won't go into detail, but near the end Ivy gets her first story published, starts writing a novel that is working very well - - - but then it stops! If you want to know why, read the novel. I have not read Peter Abrahams before but will certainly do so again in the future! All it will take is more of the Abrahams' books in the Mahova library.

### McNally's Alibi

an Archy McNally novel

by Vincent Lardo

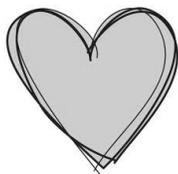
Many thanks to Rebecca Bollinger for remembering that I have a special liking for stories about Archy McNally. Laurence Sanders first introduced Archy and all his unusual ways and unusual family and friends to the world's readers. Vincent has taken over and I am glad he has kept Archy alive and busy. Mr. Sanders had a specialty in his novels using many unusual words. To me, that meant keeping a dictionary handy when reading one of his novels. Vincent has maintained this trait, although not to the earlier extent. I haven't tried it before, but this time I looked up "streets" on the Street Atlas map of Palm Beach/West Palm and found the routes the fictional characters followed. FUN!

As usual, Archy is in trouble. He takes a delivery job and is mugged, not only losing the diary he was to recover but then finds himself a suspect in a murder. In addition, Connie, his steady girlfriend, is seeing another man. The usual cast of twelve or more unusual characters romps through Palm Beach where Archy eventually delivers the killer to a State Police Officer who leads the investigation. In keeping with the Archy stories, that officer is a curvaceous blonde! Just what he needed to get back in Connie's good graces! The story ends with a gang of drug dealers arrested, as well as the murder solved, but Archy's love life is still in limbo!

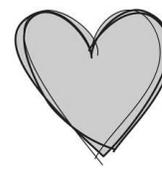
Just be careful because people are going crazy from being in lockdown! Actually I've just been talking about this with the microwave and toaster while drinking coffee and all of us agreed that things are getting bad. I didn't mention anything to the washing machine as she puts a different spin on everything. Certainly not to the fridge as he is acting cold and distant. In the end the iron straightened me out as she said everything will be fine, no situation is too pressing. The Hoover was very unsympathetic....told me to just suck it up, but the fan was more optimistic and hoped it would all soon blow over! The toilet looked a bit flushed when I asked its opinion and didn't say anything but the door knob told me to get a grip. The front door said I was unhinged and so the curtains told me ..... yes, you guess it ..... pull myself together.

I had a similar conversation in the garage and the shop vac just blew me off while my Phillips says we're all screwed. The wrenches were all twisted about it. Told the hammer the virus came from Wuhan and thinks we nailed it but the cordless Black and Decker thinks we need to really drill it down. The bolts think we're all nuts. I don't dare tell my challenger because she gets all revved up!

## ANNIVERSARIES



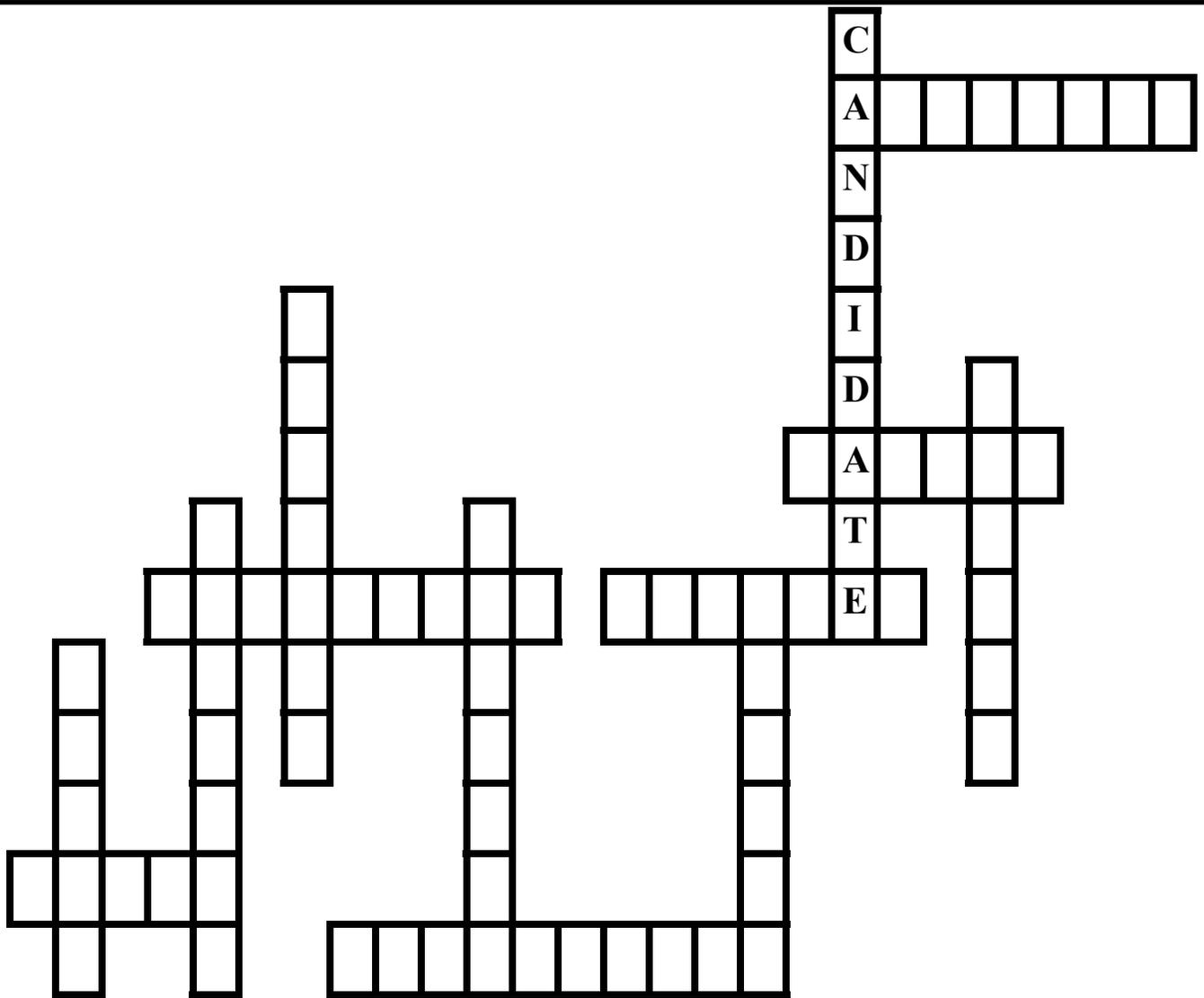
September 26, 1959 Frank and Molly Perdue  
September 27, 1997 Tom and Robin Wadkins



## Have You Heard?

September is the only month with the same number of letters in its name as the number of the month; it is the ninth month and has nine letters. Until Julius Caesar's calendar reform of 45 BC, September had only 29 days. The birthstone for September is the sapphire, and is said to reduce inflammation, treat fever and act as a lucky charm for the person wearing it. The sapphire also symbolizes intuition, clarity of thought, peacefulness as well as loyalty and trust. The flower for September is the Aster.

# Brain Teasers



Fit these Masonic Words in the puzzle above.

Apron  
Freemason  
Compass  
Brother  
Lodge  
Degrees  
Candidate

Jewels  
Worshipful  
Master  
Ritual  
Accepted  
Ancient

## Brain Teasers

**Unscramble these Autumn words**  
**Answers on page 8**

1. LALF
2. CRNOA
3. STNTSEHUC
4. RDECI
5. LSEEVA
6. SEAFT
7. UROGD
8. VSAHTER
9. RAYHEID
10. SHCKAYAT
11. COCUORNPAI
12. PRCIS
13. YHA
14. PLAPE
15. ZEMIA
16. MIPUPKN
17. EPI
18. RESCACWOR
19. QSUSHA
20. KEAR

Coloring Page



## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

9/8	Patricia Heald
9/16	Juanita Ragsdale
9/17	Maurice Beachum
9/17	Paul Canter
9/21	Phyllis Rowe
9/22	Larry LaRoche
9/23	Jerri Morton
9/25	Agnes Cash
9/26	Sandra Butler
9/26	Helen Duke
9/28	Helen Melton
9/30	Ruffner Simmons

## Employee Birthdays

9/1	Gloria Ofoedu
9/3	Khalil Harney
9/4	Claudia Walters
9/4	Roshey Bowens
9/7	Sade Redd
9/16	Dorothy Welch– Thomas
9/16	Kevin Grubbs
9/16	Lindsay Blackman
9/20	Niki Baylor
9/24	Sheena Houchens
9/25	Taela Robinson
9/26	Scotty Gray
9/27	Barbara Jehu
9/29	Terrance Hill, Jr.

Scan this QR image to go to the Masonic Home Website.



### Autumn Word Scramble Answers

- |              |                |
|--------------|----------------|
| 1. Fall      | 11. Cornucopia |
| 2. Acorn     | 12. Crisp      |
| 3. Chestnuts | 13. Hay        |
| 4. Cider     | 14. Apple      |
| 5. Leaves    | 15. Maize      |
| 6. Feast     | 16. Pumpkin    |
| 7. Gourd     | 17. Pie        |
| 8. Harvest   | 18. Scarecrow  |
| 9. Hayride   | 19. Squash     |
| 10. Haystack | 20. Rake       |

### Masonic Home Census -- 188

#### The MAHOVA News

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