

Gathering Leaves

By Robert Frost

Spades take up leaves
No better than spoons,
And bags full of leaves
Are light as balloons.

I make a great noise
Of rustling all day
Like rabbit and deer
Running away.

But the mountains I raise
Elude my embrace,
Flowing over my arms
And into my face.

I may load and unload
Again and again
Till I fill the whole shed,
And what have I then?

Next to nothing for weight,
And since they grew duller
From contact with earth,
Next to nothing for color.

Next to nothing for use,
But a crop is a crop,
And who's to say where
The harvest shall stop?



In This Issue:

Health Rx

Book Ends

Book Club

Anniversaries

In Memoriam

New Hires

Save the Date

Cranium Corner

Movies

Passport Dinner

Birthdays

Resident Advisory Council

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B Wing

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C and D Wings

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Health Rx

Here's To Your Good Health!



Breast Cancer Awareness Month is an international health campaign that's held every October.

The month aims to promote screening and prevention of the disease, which affects 2.3 million women worldwide. Known best for its pink theme color, the month features a number of campaigns and programs — conducted by groups ranging from breast cancer advocacy organizations to local community organizations to major retailers — aimed at:

- supporting people diagnosed with breast cancer, including those with metastatic breast cancer
- educating people about breast cancer risk factors
- encouraging women to go for regular breast cancer screening starting at age 40 or earlier, depending on personal breast cancer risk
- fundraising for breast cancer research

Within the month of October, there are also specific dates designed to raise awareness of specific groups within the breast cancer community.

Metastatic Breast Cancer Awareness Day (October 13)

October 13 is nationally recognized in the U.S. as Metastatic Breast Cancer Awareness Day. About 168,000 women in the U.S. are estimated to have metastatic breast cancer (cancer that spreads beyond the breast to other parts of the body). Researchers estimate that about 30% of early-stage breast cancers eventually metastasize. The day, which began in 2009, is meant to educate the public about the need for more money to go to the study of metastatic breast cancer and the development of new metastatic cancer treatments.

Men's Breast Cancer Awareness Week (October 17–23)

Although breast cancer is much more common in women, breast cancer affects men, too. In 2021, President Joe Biden designated October 17 to October 23 Men's Breast Cancer Awareness Week. According to the American Cancer Society, 2,790 men in the U.S. will be diagnosed with breast cancer in 2024, and about 530 are expected to die from the disease.

This information is provided by [Breastcancer.org](https://www.breastcancer.org).



Book Ends



October's Most Anticipated Books

Be Ready When the Luck Happens: A Memoir by Ina Garten

Genre: Memoir

Release date: October 1, 2024

Plot: Here, for the first time, Ina Garten presents an intimate, entertaining, and inspiring account of her remarkable journey. Ina's gift is to make everything look easy, yet all her accomplishments have been the result of hard work, audacious choices, and exquisite attention to detail.

From a difficult childhood to meeting the love of her life, Jeffrey, and marrying him while still in college, from a boring bureaucratic job in Washington, D.C., to answering an ad for a specialty food store in the Hamptons, from the owner of one Barefoot Contessa shop to author of bestselling cookbooks and celebrated television host, Ina has blazed her own trail and, in the meantime, taught millions of people how to cook and entertain. Now, she invites them to come closer to experience her story in vivid detail and to share the important life lessons she learned along the way.

The Boyfriend by Freida McFadden

Genre: Thriller

Release date: October 1, 2024

Plot: *She's looking for the perfect man. He's looking for the perfect victim.*

Sydney Shaw, like every single woman in New York, has terrible luck with dating. She's seen it all: men who lie in their dating profile, men who stick her with the dinner bill, and worst of all, men who can't shut up about their mothers. But finally, she hits the jackpot.

Her new boyfriend is utterly perfect. He's charming, handsome, and works as a doctor at a local hospital. Sydney is swept off her feet.

Then the brutal murder of a young woman—the latest in a string of deaths across the coast—confounds police. The primary suspect? A mystery man who dates his victims before he kills them.

Sydney should feel safe. After all, she is dating the guy of her dreams. But she can't shake her own suspicions that the perfect man may not be as perfect as he seems. Because someone is watching her every move, and if she doesn't get to the truth, she'll be the killer's next victim...

The Puzzle Box by Danielle Trussoni

Genre: Mystery

Release date: October 8, 2024

Plot: Mike Brink is a puzzle master invited to Japan to open the legendary dragon box. The competition is held every 12 years, in the year of the dragon. Every puzzle master who has attempted to open the box has died trying. Now this quest will send Brink across Japan, but he needs to be aware that not only are there booby-traps and poisons, but there are also two sisters determined to open the box before him.

Run by Blake Crouch

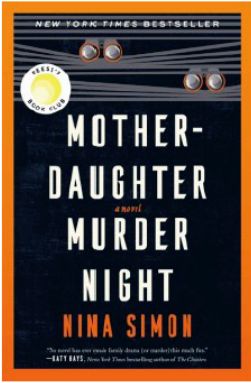
Genre: Thriller

Release date: October 22, 2024

Plot: Five days ago, an epidemic of rage spread across the country and even the president's pleas for peace would not be heard. Today, the names of people to be killed are being read over a broadcast system. Jack and his family hear their names and know that the only way to survive is to run.

Upcoming MAHOVA Book Club Titles

Masonic Book Club October - December 2024 Titles

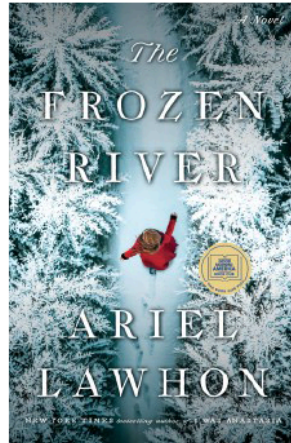


Mother-Daughter Murder Night by Nina Simon

When her teenage granddaughter Jack happens upon a dead body while kayaking near their bungalow and becomes a suspect in the investigation, high-powered businesswoman Lana Rubicon sets out to find the true murderer, uncovering a

dangerous web of lies lurking beneath the surface of their sleepy coastal town.

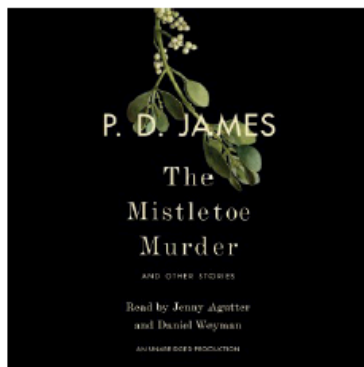
Meets on Monday, October 14th @ 3:00 pm in
A-Wing Conference Room



The Frozen River by Ariel Lawhon

In 1789 Maine, midwife and healer Martha Ballard, who is good at keeping secrets, investigates a shocking murder linked to an alleged rape that has shaken her small town, especially when her diary lands at the center of the scandal, threatening to tear both her family and her community apart.

Meets on Friday, November 8th @ 3:00 pm in
A-Wing Conference Room



The Mistletoe Murder and Other Stories by P. D. James

Four previously uncollected stories by the late Mystery Writers of America Grandmaster Award-winning author include two featuring

her popular detective hero, Adam Dalgliesh, in his early years.

Meets on Monday, December 9th @ 3:00 pm in
A-Wing Conference Room

Anniversaries

October 20, 1961 Kenneth and Zaida Lorente
October 20, 2001 Tom and Sue Montgomery



In Memoriam

In Memory of



Frances Gillie

New Hires



Allen Watts, Associate Director of Development

Volunteers Needed

The Gift Shop is looking for volunteers that would like to help on Wednesday and Friday from 1:00 p.m. to 2:30 p.m. Please contact Betty Klotz for additional information.



Trip/Activity/Movie Suggestions



If you have any activity, movie, or restaurant suggestions that you would like to see offered please contact Susan Berryhill at 804-226-6688 sberryhill@mahova.com or Bonnie White at 804-236-0614 bwhite@mahova.com



HALLOWEEN WORD SEARCH

Find the words below.



W	T	N	E	M	E	T	I	C	X	E	M	K	Q	E	W	M	R	T	T
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AMUSEMENT
BATS
CANDY
DRACULA
FRANKENSTEIN
GHOSTS
HARVEST
MONSTER
OCTOBER
PRANK
SCARE
SPIDER
WITCH

APPLES
BLACK
CAT
BERRIE
FRIGHTEN
GOBLIN
HAYRIDE
MUMMY
ORANGE
PUMPKINS
SHADOWS
SPOOKY

AUTUMN
BOO
COSTUMES
EXCITEMENT
GAMES
HALLOWEEN
MASK
NIGHT
PARTY
SAFE
SKELETON
TRICKORTREAT



October Movies

Movies start at approximately 6 PM. Channel 5.1 and TV Room

Night at the Museum - Friday, October 4

Larry Daley just can't hold a steady job, but he begins to think there may be hope at last when he is hired as a night security guard at the Museum of Natural History. Everything goes well on the first night for him. That is until the exhibits start to come to life after the sun sets. He now has a choice to make. He can either continue to find another job or manage the exhibits. Released: 2006. 1 hour 48 minutes. Rated PG. Starring: Ben Stiller, Carla Gugino, and Ricky Gervais

Haunted Mansion - Monday, October 7

Realtor workaholic Jim Evers and his wife and business partner, Sara, gets a call late one night from mansion owner Edward Gracey, who is looking to sell his property. Smelling the biggest deal of their career, Jim, Sara and their two children pay a visit to the mansion, located on a remote bayou. A torrential thunderstorm of mysterious origin strands the Evers family in the old mansion with the brooding, eccentric Gracey, his mysterious butler, Ramsley, and a variety of residents both seen and unseen. At first Jim scoffs at Gracey's stories about ghosts and hauntings, until he unearths the mystery of the mansion and finds that his wife Sara has unexpected connections to its haunted past! Released: 2003. 1 hour 28 minutes. Rated PG. Starring: Eddie Murphy, Marsha Thomason, and Jennifer Tilly

Mrs. Doubtfire - Friday, October 11

Eccentric actor Daniel Hillard is an amusing and caring father. But after a disastrous birthday party for his son, Chris, his wife, Miranda, draws the line and files for a divorce. The divorce stipulates he can see their three children only once a week which doesn't sit well with him. But when Miranda puts out an ad for a nanny, he takes it upon himself to create a disguise as a British lady named Mrs. Doubtfire and answer the ad. Then he must also deal with Miranda's new boyfriend, Stu Dunemyer. Released: 1993. 2 hours 5 minutes. Rated PG-13. Starring: Robin Williams, Sally Field, and Pierce Brosnan



October Movies

Movies start at approximately 6 PM. Channel 5.1 and TV Room

Toy Story - Wednesday, October 16

Woody, Buzz and the whole gang are back. As their owner Andy prepares to depart for college, his loyal toys find themselves in daycare where untamed tots with their sticky little fingers do not play nice. So, it's all for one and one for all as they join Barbie's counterpart Ken, a thespian hedgehog named Mr. Pricklepants and a pink, strawberry-scented teddy bear called Lots-o'-Huggin' Bear to plan their great escape. Released: 2010. 1 hour 43 minutes. Rated G. Starring: Tom Hanks, Tim Allen, and Joan Cusack

Hocus Pocus - Friday, October 18

300 years have passed since the Sanderson sisters were executed for practicing dark witchcraft. Returning to life thanks to a combination of a spell spoken before their demise and the accidental actions of Max, the new-kid-in-town, the sisters have but one night to secure their continuing existence. Released 1993. 1 hour 36 minutes. Rated PG. Starring: Bette Midler, Sarah Jessica Parker, and Kathy Najimy

Hook - Monday, October 21

Peter Pan has grown up to be a cut-throat merger and acquisitions lawyer, and is married to Wendy's granddaughter, Moira. Captain James Hook kidnaps his children, Jack and Maggie, and Peter returns to Neverland with Tinkerbell. With the help of her and the Lost Boys, he must remember how to be Peter Pan again in order to save his children by battling with Captain Hook once again. Released 1991. 2 hours 22 minutes. Rated PG. Starring: Dustin Hoffman, Robin Williams, Julia Roberts, and Bob Hoskins



October Movies

Movies start at approximately 6 PM. Channel 5.1 and TV Room

Ghostbusters 1 - Friday, October 25

Peter Venkman, Ray Stantz and Egon Spengler work at Columbia University. where they delve into the paranormal and fiddle with many unethical experiments on their students. As they are kicked out of the University, they really understand the paranormal and go into business for themselves. Under the new snazzy business name of 'Ghostbusters', and living in the old firehouse building they work out of, they are called to rid New York City of paranormal phenomenon at everyone's whim. - for a price. They make national press as the media reports the Ghostbusters are the cause of it all. Thrown in jail by the EPA, the mayor takes a chance and calls on them to help save the city. Unbeknownst to all, a long dead Gozer worshiper erected a downtown apartment building which is the cause of all the paranormal activity. They find out the building could resurrect the ancient Hittite god, Gozer, and bring an end to all of humanity. Who are you gonna call to stop this terrible world-ending menace? Released 1984. 1 hour 45 minutes. Rated PG. Starring: Bill Murray, Harold Ramis, Dan Aykroyd, Rick Moranis, and Sigourney Weaver

Beetlejuice - Monday, October 28

Adam and Barbara are a normal couple...who happen to be dead. They have given their precious time to decorate their house and make it their own, but unfortunately a family is moving in, and not quietly. Adam and Barbara try to scare them out, but end up becoming the main attraction to the money making family. They call upon Beetlejuice to help, but Beetlejuice has more in mind than just helping. Released 1988. 1 hour 32 minutes. Rated PG. Starring: Alec Baldwin, Geena Davis, and Michael Keaton

What You've Missed



Resident Birthdays

Scan this QR image to go to
the Masonic Home Website

Happy Birthday to the following
residents who celebrate their birthdays:

10/03 Charles Hinson	10/16 Carroll Jones
10/05 Mary Breeden	10/17 Theodore Holm
10/08 Sarah Rosen	10/22 Chris Taylor
10/11 Robert Young	10/23 David Armistead
10/13 Carter Bell	10/27 Grace O'Connell
10/15 Frances Bailey	10/28 Nick Matthews
10/15 Anne Godfrey	10/29 Tom Hall



Masonic Home Census: 164

Employee Birthdays

10/01 Leisa Liverpool
10/02 Mary "Kathy" Bryant-Botkin
10/04 Carmen Snead
10/11 Christopher Smith
10/17 Eva Baker
10/19 Patricia Eubank
10/22 Cheryl Harris
10/25 Holly Carson
10/28 Deborah Crawley
10/30 Martha Gresham

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