



MAHOVA

News

November 2021

Notes on Thanksgiving

In December 1620, the first Pilgrims landed and built their settlement in the middle of the homeland of the Wampanoag people in what is now Plymouth Massachusetts. Several years earlier, a plague brought by Europeans had killed the inhabitants of the village. The Pilgrims most likely would not have survived without the help of Tisquantum, or Squanto (1580-1622). Squanto knew English and had already been back and forth across the ocean to England three times (most often as a captured slave).

The Pilgrim's Thanksgiving feast in 1621 occurred sometime between September 21 and November 1. It lasted three days, and included fifty surviving Pilgrims and approximately ninety Wampanoag Indians, including Chief Massasoit. Their menu differed from modern Thanksgiving dinners and included berries, shellfish, boiled pumpkin, and deer. Now a Thanksgiving feast staple, cranberries were actually used by Native Americans to treat arrow wounds and to dye clothes.

Considered the "Mother of Thanksgiving", Sara Hale (1788-1879) was an influential editor and writer who urged President Lincoln to proclaim a national day of Thanksgiving. She selected the last Thursday in November because, as she said, harvests were done, elections were over, and summer travelers were home. She also believed a national Thanksgiving holiday would unite Americans in the midst of dramatic social and industrial change and "awaken in Americans' hearts the love of home and country, of thankfulness to God, and peace between brethren."

We have so much to be thankful for here at The Masonic Home of Virginia.

In This Issue:

Health Rx

Book Ends

Notifications

In Memoriam

Brain Teasers

Birthdays

Resident Advisory Council

Peg Davis
President

Ray Taylor
Vice President

Sandra Young
Secretary

Betty Klotz and Nancy Lee
Martin-B Wing

Tom Kaufman and Jerrell
Morton— C and D Wings
Steve Bollinger and Peg
Davis— Village

To keep your lungs healthy,
do the following:

1. Stop smoking, and avoid secondhand smoke or environmental irritants.
2. Eat foods rich in antioxidants.
3. Get vaccinations like the flu vaccine and the pneumonia vaccine.
4. Exercise more frequently, which can help your lungs function better.
5. Improve indoor air quality.
6. Get regular checkups.

Have You Heard?

A calendar of activities for
November will be delivered at a later date.

****Please note Resident Council scheduled on November 1 has been canceled.****

**Daylight Savings
Sunday, November 7**

Book Ends

By Georgeen Carden

Lisa Scottoline

Lisa graduated *magna cum laude* with a BA in English in 3 years from the University of Pennsylvania in 1976. In 1981 she graduated *cum laude* from the U of PA law school. She began her law career as a clerk for a judge and then joined a law firm in Philadelphia. She left the law firm in 1986 to raise a newborn daughter and began writing fiction to support herself.

Scottoline's first novel was published in 1994 and became a best seller. Her second novel won an "Edgar". She continues to win awards and all 32 of her novels have been on "best seller" lists.

She does lots of research for her writing and works a full day, everyday; she likes to write 2000 words a day. She doesn't work from an outline, she just wants to tell a terrific story. She has co-written several books with her daughter, Francesca. She says her ideas come from her heart and life.

Scottoline loves dogs, cats, and horses and lives on a farm outside of Philadelphia. She also has chickens that I assume are not pets.

Corrupted begins with a highly respected Philadelphia lawyer going into jail to interview a young man who has been charged with murder. He claims he is innocent and has been framed.

The lawyer, Bennie Rosato, has represented the young man before. Bennie is a woman, almost six feet tall, and works for her own law firm. Thirteen years prior, the young man and the victim he is accused of murdering had both been arrested for fighting in the middle school cafeteria. Bennie meets and falls in love with the other boy's uncle. Bennie had discovered some irregularities in the earlier case, but after disagreements with the boy's father over her relationship with the other boy's uncle, had been fired as his attorney.

Bennie takes the case partly from guilt because she wasn't able to free him from the penal system when he was 12. You'll need to read the book to see how it turns out. It is interesting to read if you're a fan of Pennsylvania law and court procedures. Unlike many crime novels, *Corrupted* has a gentle love story entwined. The story is based on an actual event in which two judges were sent to prison.

There are several Scottoline novels, both regular and large print, in the MAHOVA library, and others may be downloaded if you have a Henrico County Public Library card. Or you can order them to be delivered by the Mobile Library if you'd rather. The Mobile Library is at MAHOVA from 1pm to 2pm once a month. If you have an Henrico Public Library card you can call 804 501 1953 and order books, movies, magazines and audiobooks and pick them up on the next visit. Or, if you have a computer you can download lots of e-books.

In Memoriam

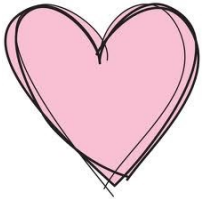
Forever in Our Hearts



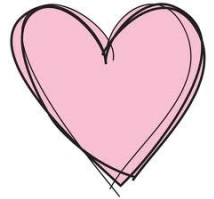
Elizabeth Anton
Ruth Blunt
Luvirda Mitchell



Anniversaries



November 15, 1969 Howard and Sharon Floyd
November 21, 1981 Kenneth and Judith Shook



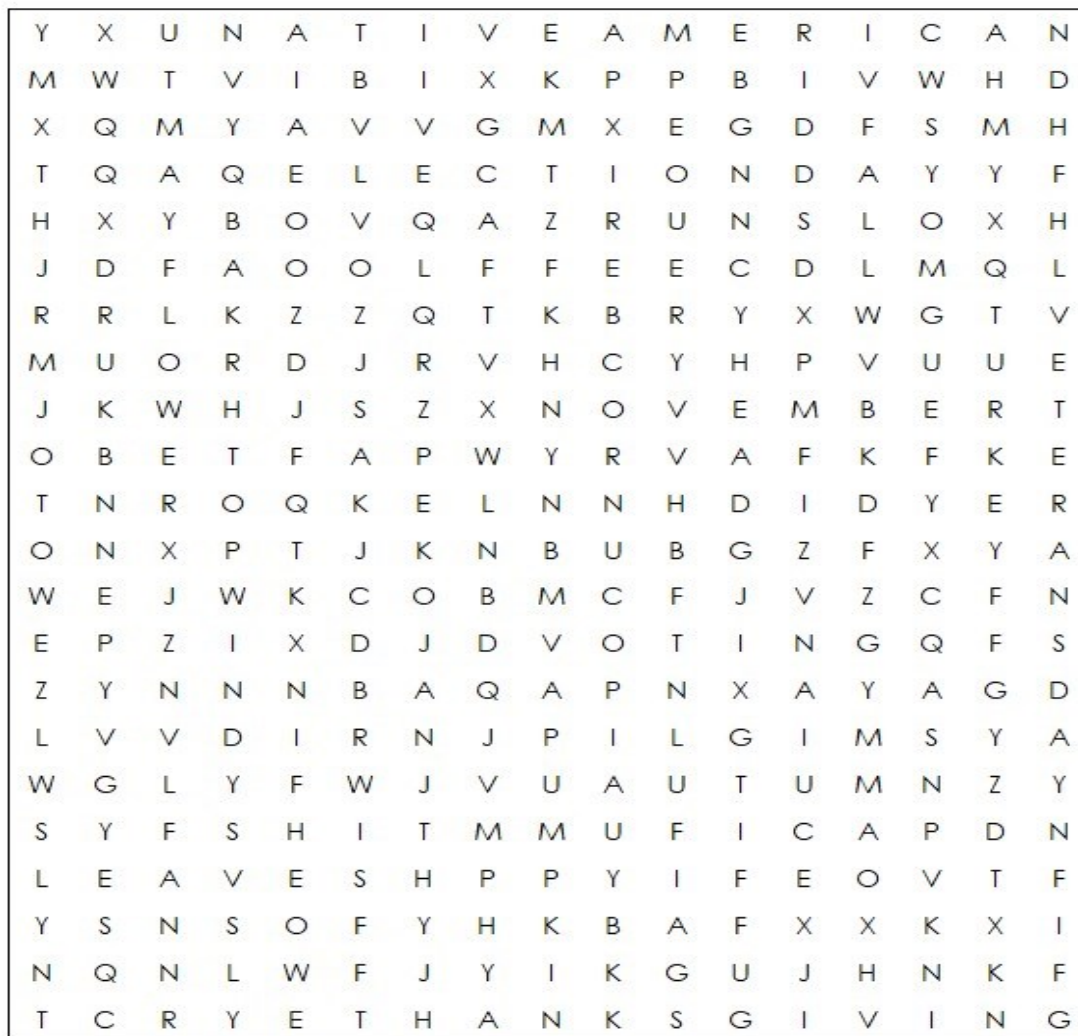
Have you Heard

- The first recorded Sadie Hawkins Day dance was held in November 1938.
- November's full moon is usually called the Beaver moon. It was the month to set beaver traps before the swamps froze, during the Colonial Era, to ensure a supply of winter fur.
- The birthstone for November is topaz and symbolizes honor and strength, longevity and wisdom.
 - The flower for November is the chrysanthemum.

Brain Teaser

Name: _____

November Word Search



NOVEMBER
CORNUCOPIA
AUTUMN
MAYFLOWER
ELECTION DAY

FALL
PILGRIMS
PUMPKIN
THANKSGIVING
VETERANS DAY

VOTING
WINDY
NATIVE AMERICAN
TURKEY
LEAVES



© Monsterwordsearch.com

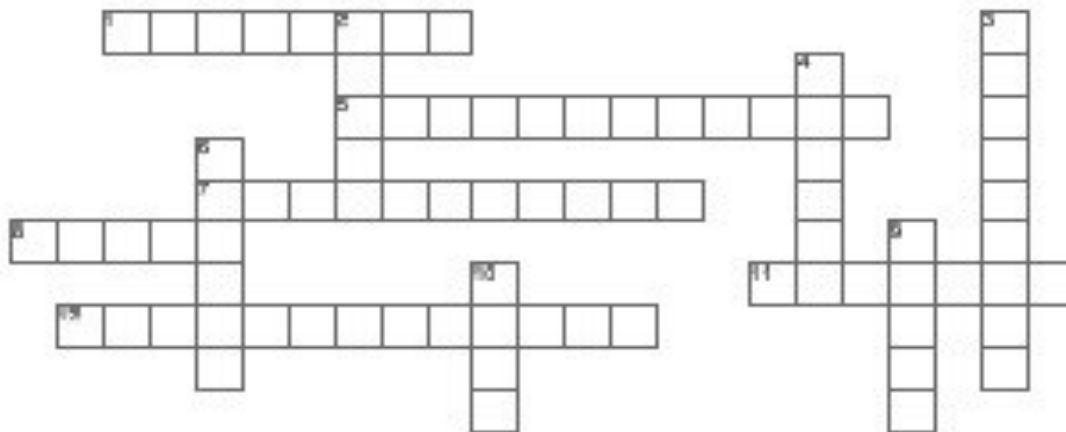
Name: _____

Date: _____

Class: _____

Teacher: _____

VETERANS DAY CROSSWORD



ACROSS

1. Month that we celebrate Veterans Day _____
5. The United States originally observed _____ then evolved into the current Veterans Day holiday in 1954.
7. This day we honor the men and women who have served in the U.S. _____
8. To show respect for.
11. A person who has served or is serving in the armed forces.
12. U.S. President that first proclaimed Armistice Day for November 11, 1919.

DOWN

2. Feeling or showing no fear, not afraid.
3. Global war centred in Europe that began on 28 July 1914 and lasted until 11 November 1918.
4. A formal military gesture of respect.
6. People marching down the street.
9. Awarded to a person or organization as a form of recognition for achievements.
10. A piece of fabric, usually rectangular, of distinctive color and design, used as a symbol, standard, signal, or emblem.

WORLD WAR I
HONOR
MEDAL

NOVEMBER
ARMED FORCES
FLAG

SALUTE
VETERAN
WOODROW WILSON

BRAVE
ARMISTICE DAY
PARADE

Brain Teaser



Thanksgiving Day

Fourth Thursday of November

L	L	A	F	A	T	C	W	T	M	C	R	N	H	P	V
R	I	E	Y	C	U	N	G	A	O	E	E	S	S	U	X
P	O	T	A	I	R	U	I	L	W	W	I	N	N	M	Z
I	O	S	D	R	K	Z	O	O	W	D	A	H	H	P	J
L	A	N	I	E	E	N	L	O	N	T	T	A	H	K	Y
G	F	A	L	M	Y	F	R	A	I	U	R	S	E	I	L
R	R	I	O	A	Y	L	T	R	O	V	A	O	H	N	I
I	E	D	H	A	D	S	U	M	E	U	N	L	I	P	M
M	E	N	M	S	S	P	Y	S	Q	A	A	M	G	I	A
S	D	I	P	E	E	L	T	S	C	E	M	O	B	E	F
M	O	N	L	L	P	A	I	P	O	C	U	N	R	O	C
E	M	I	G	N	I	V	I	G	S	K	N	A	H	T	Q
E	M	S	H	R	E	B	M	E	V	O	N	Y	A	M	S
A	D	N	A	L	G	N	E	M	D	N	C	D	F	W	E
R	W	V	E	D	U	T	I	T	A	R	G	T	Y	K	E
R	E	G	N	I	F	F	U	T	S	P	T	S	A	E	F

AMERICA
CANOE
COLONY
CORNUCOPIA
ENGLAND
FALL
FAMILY
FEAST
FREEDOM

GRATITUDE
HARVEST
HOLIDAY
INDIANS
MAIZE
MAYFLOWER
MILES STANDISH
NEWWORLD
NOVEMBER

PILGRIMS
PLYMOUTH
PUMPKIN PIE
PURITANS
SQUASH
STUFFING
THANKSGIVING
TURKEY
YAMS



Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

11/4 Catherine Busbee
11/4 James Friis
11/4 Eddie Matney
11/9 Judith Burcham
11/14 Garland Campbell
11/18 Peg Davis
11/23 Gordon Sprigg
11/23 Carl Whittington
11/25 Hazel Woodward
11/27 Robert Harrison
11/27 Cathy Hinkle

Employee Birthdays

11/2 Joanne Lamm
11/2 Marlise Skinner
11/3 Rosa Ayala
11/3 George Bey
11/3 Trenée Dorn
11/4 Nana Smallwood
11/5 Audrey Puentes
11/6 Yolanda James
11/7 Talitha Dickerson
11/7 Kaliah Ford
11/14 Rosemary Wagner
11/15 Shirley Thompson
11/17 Mabel Amuzu
11/27 Susan Berryhill
11/27 Patrick Jones
11/30 Robert Drew, III

Scan this QR image to go to the Masonic Home Website.



Masonic Home Census -- 166

The MAHOVA News

A monthly publication of the Masonic Home of Virginia
500 Masonic Lane
Henrico, VA 23223
804-222-1694
800-262-4644

The MAHOVA News is published monthly for the residents of the Masonic Home of Virginia. Articles in this publication may not be reproduced without permission.

Anne Hagen, CPA, MBA

Chief Executive Officer

Warren Swanson, CPA, MBA

Chief Financial Officer

Robert Adkins, LNHA

Senior Administrator

Kathy Bryant, ALFA

Assisted Living Administrator

Dr. Danny Felty

Medical Director

Terry Hilton

Director of Development

Regina Pettaway, RN

Director of Nursing

Barbara Ramirez

Human Resources Director

Mike Butler, Jr.

Director of Facilities

MAHOVA Editor
Robyn Massie
804-222-1694
Extension 77268

MAHOVA Copy Editors
R. Bradley
R. Carden
G. Morton