



MAHOVA

November 2018

News

Notes on Thanksgiving

In December, 1620, the first Pilgrims landed and built their settlement in the middle of the homeland of the Wampanoag people in what is now Plymouth, Massachusetts. Several years earlier, a plague brought by Europeans had killed the inhabitants of the village. The Pilgrims most likely would not have survived without the help of Tisquantum, or Squanto (1580-1622). Squanto knew English and had already been back and forth across the ocean to England three times (most often as a captured slave).

The Pilgrim's Thanksgiving feast in 1621 occurred sometime between September 21 and November 1. It lasted three days, and included fifty surviving Pilgrims and approximately ninety Wampanoag Indians, including Chief Massasoit. Their menu differed from modern Thanksgiving dinners and included berries, shellfish, boiled pumpkin, and deer. Now a Thanksgiving feast staple, cranberries were actually used by Native Americans to treat arrow wounds and to dye clothes.

Considered the "Mother of Thanksgiving", Sara Hale (1788-1879) was an influential editor and writer who urged President Lincoln to proclaim a national day of Thanksgiving. She selected the last Thursday in November because, as she said, harvests were done, elections were over, and summer travelers were home. She also believed a national Thanksgiving holiday would unite Americans in the midst of dramatic social and industrial change and "awaken in Americans' hearts the love of home and country, of thankfulness to God, and peace between brethren."

We have so much to be thankful for here at The Masonic Home of Virginia.

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Resident Advisory Council

Paula Swansey
President - D Wing

James Palmer
Vice President- B Wing

Steve Bollinger
Secretary - Village

**Mildred Johnson and James
Palmer-B Wing**

**Paula Swansey and
Leon Headley- C and D Wings**
Art Gregory- Magnolia Court

Health

Here's To Your Good Health!

What's Lurking in Your Refrigerator?

November 15 is National Clean Out Your Refrigerator Day. Make it a day to organize and clean your refrigerator, a perfect way to start the holiday season and a great way to get creative with those leftovers. Start by throwing out everything that you don't remember putting in the fridge; chances are that all such items are spoiled. From there, move on to items that look or smell odd, then to things you know you will never use. Now you should be down to essentials and leftovers. Pull out all those leftovers and dream up a way to combine them all into one big casserole. Then make a vow to keep your fridge clean in the future, a vow that should last, at least until your next trip to the supermarket.

Have You Heard?

November marks the anniversary of aeronautical experiments in 1782 (precise dates unknown) by Joseph Michel and Jacques Etienne Montgolfier, brothers living in Annonay, France. Inspired by Joseph Priestly's book *Experiments Relating to the Different Kinds of Air*, the brothers experimented with filling paper and fabric bags with smoke and hot air, leading to the invention of the hot air balloon, man's first flight and the science of aviation and flight. The birthstone is Topaz and symbolizes love and affection. The flower is the Marigold.

Program Highlights

Resident Council Meeting

Monday, November 5
9:30 AM
Dining Room

Activities Committee Meeting

Thursday, November 15
3:45 PM
Library

Advisory Council Meeting

Tuesday, November 20
10:00 AM
Private Dining Room

Food Committee Meeting

Tuesday, November 20
1:00 PM
Private Dining Room

Program Highlights

Thursday, November 1	2:30 PM	TV Room	Balloon Volleyball
Thursday, November 1	7:00 PM	Multipurpose Room	Order of the Eastern Star Monthly Meeting
Tuesday, November 6	2:30 PM	TV Room	Try your luck at the Card Social
Thursday, November 8	10:00 AM	Gallery	Coffee and Donuts from Country Style
Thursday, November 8	2:30 PM	TV Room	Try your luck at the Price is Right Game
Friday, November 9	2:00 PM	Dining Room	Ice Cream Social
Sunday, November 11	1-2:30 PM	TV Room	Veterans Day History Program with Jim Callear
Monday, November 12	10:00 AM	Dining Room	Cornerstone Insurance Enrollment
Monday, November 12	2:30 PM	TV Room	Veterans Day Program with Megan from Healing Sounds Music Therapy
Monday, November 12	5:00 PM to 6:00 PM	TV Room	Root Beer Floats
Friday, November 16	2:30 PM	TV Room	History Program with Phil and Brian from the Henrico Library
Monday, November 19	2:30 PM	TV Room	Hot Apple Cider be Thankful Social
Tuesday, November 20	1:30 PM	Dining Room	Cooking Class with Matt
Friday, November 23	2:30 PM	TV Room	Self-Serve Hot Chocolate
Monday, November 26	2:00 PM	Gallery	Annual Tree Lighting Ceremony with Jim Cole and the Grand Master
Tuesday, November 27	2:30 PM	TV Room	Hot Chocolate and a Movie
Friday, November 30	5:00 PM	Multipurpose Room	Dessert, Coffee and a Movie (Movie will begin at 5:30 PM)

Entertainment

<p>Friday, November 2 2:30 PM TV Room</p>	<p>Vocal performance by Barbara and Frank Smith</p>
<p>Monday, November 5 6:30 PM Dining Room</p>	<p>ACCA Temple Million Dollar Band performs.</p>
<p>Tuesday, November 6 10:00 AM TV Room</p>	<p>Performance by the Hardy Central Ramblers</p>
<p>Saturday, November 10 2:00 PM TV Room</p>	<p>Performance by Denim and Lace</p>
<p>Saturday, November 17 2:30 PM TV Room</p>	<p>Gospel performance by the Finney's</p>
<p>Saturday, November 24 2:30 PM TV Room</p>	<p>Performance by Tommy Custalow</p>
<p>Thursday, November 29 3:00 PM TV Room</p>	<p>Performance by James Curry</p>

Movies

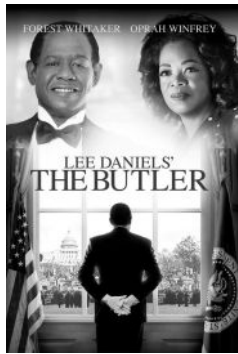


Channel 2 and TV Room
6:00 PM



Friday, November 2 “Jurassic World”

Two scientists return to Jurassic World in an attempt to save the last remaining dinosaurs.



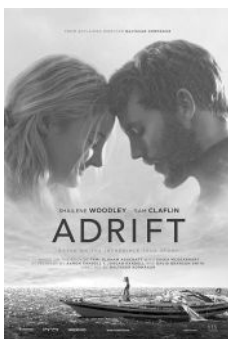
Friday, November 9 “The Butler”

Based on a true story, about a butler that served seven presidents during the 20th Century



Friday, November 23 “My All-American”

A true story about an American football player that defies all standards to earn a scholarship and play college football



Monday, November 26 “Adrift”

Based on a true story, a young couple embark on an adventure at sea and unknowingly sail into one of the most catastrophic hurricanes recorded in history

Trips and Outings

Shopping Schedule

November 7	Dollar Tree
November 14	White Oak Village
November 21	Walmart
November 28	Dollar Tree



Thursday, November 1 11:15 AM	Lunch at McDonald's
Saturday, November 3 8:30 AM	Walk to End Alzheimers at Innsbrook
Monday, November 5 11:15 AM	Lunch at Peking Restaurant
Tuesday, November 6 9:00 AM	Shuttle to Montrose Elementary School to vote
Thursday, November 8 6:15 PM	Trip to Dorey Park for their monthly jam session
Thursday, November 15 11:15 AM	Lunch at a Mexican Restaurant
Monday, November 19 4:45 PM	Dinner at Calabash Seafood Restaurant
Tuesday, November 27 11:15 AM	Lunch at Legend Brewery
Wednesday, November 28 10:00 AM	Lunch at Lowry's Seafood Restaurant

Book Ends

By Richard Neiswander

I am now reading as part of my morning devotions, “**MYSTERIOUS WAYS**”, Volume 3. I hope to continue as I enjoy the stories they contain.

A HIGHER CALL

by Adam Makos
with Larry Alexander

Another non-fiction, it is the memories of two pilots from WW II. During the war there is nothing I wanted more than to be a fighter pilot. Thus, this book really was my type of reading. The best part to me today was the ending when the two finally meet in person in 1990.

Franz Stigler grew up between the wars. His father had been a reconnaissance pilot during WW I and still flew gliders, the only thing allowed by the peace treaty. Of course, Franz learned to fly and to love it. He became an airline pilot and then an instructor, finally moving to the Bf109, Germany's premier fighter. He joined the war effort as part of the air support for Romel's Africa Corps.

In 1943 a 20-year-old American was in training to command a B-17 and then go to England to join in the bombing of Germany. His name was Charlie Brown from West Virginia. On the first mission over Germany his plane was all but destroyed, one of the crew killed and two wounded. For some reason the plane recovered and was able to limp back toward England.

The two 'meet' when Franz does not finish destroying Charlie's B-17, but escorts it through a field of anti-aircraft fire, allowing them to continue to England.

This is where the two meet. Charley limps his plane back and all but one recover. He then completes his 25 missions and comes back to America where they eventually meet.

I found that the two Air Forces were vastly different. While the Americans who survived 25 missions were removed from combat, the German pilots had to 'fly 'till you die'.

TO THE WHITE SEA

by James Dickey

After reading a true war story, I chose this book. It turned out to also be set in WW II, this time the Pacific theater. The story is about Ace Muldrow, a tail gunner of a B-29 whose plane is shot down over Tokyo. The story is written in the first person as though he is telling of his adventures and his thoughts as well as actions. He successfully bails out and lands near Tokyo harbor. He finds a place to hide for two days until the planned Tokyo fire bombing when he joins the panicked civilians fleeing the fires.

He then recounts events and thoughts during the next period, possibly several months. Having been raised in northern Alaska by his father and taught survival in a land of snow, he started for Hokkaido Island where he had heard that the climate was like Alaska. He kills several Japanese and travels by foot, rail, truck and boat to get to Hokkaido. He there finds a shack if you are very generous with a very elderly resident. He joins the old man and lives there for a time. Then when the old man dies, the Japanese military finds him.

The thoughts as he starts in Tokyo are very rational but as he travels enduring hunger and danger, the rationality diminishes so that by the time he is found, I'm not sure he is not insane. I did not enjoy this story as much as I do most books. Once Ace bailed out of the B-29, it went down hill in my opinion. It moved at a speed appropriate to the action, but I did not enjoy the record of Ace's thoughts, especially when they started to become questionable as to the job on hand.

In Memoriam

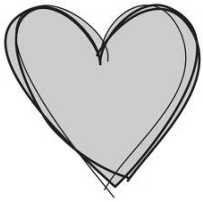
Forever in Our Hearts



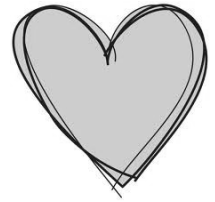
Donald Davies, Jr.



Anniversaries



November 12, 1955 Leon and Dolores Headley
November 18, 1956 James and Novella McDonough



Notifications

Grand Lodge Communication
Friday, November 9, 2018

Boxed Lunch
11:00 AM to 1:00 PM
Reading Room

Ice Cream Social hosted by Billie Taylor (Grand Master's Wife)
1:30 PM
Dining Room

Special Dinner
4:00 PM to 6:00 PM
Main Dining Room

Notifications

Weight and Blood Pressure Checks

Please bring your pendants with you.

B– Wing
Thursday, November 1
8:00 AM to 1:00 PM
D Wing Recreation Room

C and D – Wing
Friday November 2
8:00 AM to 1:00 PM
D Wing Recreation Room

Village Model Key

Should you wish to enter the Village Model home after hours or on the weekend, the key is located at the Care Center Nurses' Station.

Daylight Savings

Sunday, November 4
Fall back one hour

Monthly Meeting with Meridian Lodge No. 284

Meridian Lodge No. 284 Monthly Meeting will be held on the 4th Monday each month in the Multipurpose Room at 12:00 PM.
Meeting is open to ALL Master Masons.

Please come and join us!

Notifications



Veterans Programs

History Program with Jim Callear

Sunday, November 11

1-2:30 PM

TV Room

Veterans Day Music Program with Megan

Monday, November 12

2:30 PM

TV Room



Annual Tree Lighting Ceremony with the Grand Master and Jim Cole

Monday, November 26

2:00 PM

Gallery

Light Refreshments Served

Brain Fitness

N O V E M B E R G L I B T U R C H F K A
 A C H N E S L D N E F R L J L C A U N U
 N R P U M P K I N S T P E W T R E J I T
 F B I K O U V T S E V R A H D A G D W U
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 E G J R D J C C O L O N Y C D I R T R B

November Word Search

NOVEMBER
 THANKSGIVING
 TURKEY
 STUFFING
 PINECONE
 HARVEST
 ACORN
 LEAVES
 AUTUMN

VETERANS
 FALL
 PILGRIM
 COLONY
 CRANBERRIES
 PUMPKIN
 CORN
 AMERICA
 MAYFLOWER

Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

11/4 Catherine Busbee
 11/4 James Friis
 11/8 Tommy Spain
 11/9 Judith Burcham
 11/9 Betty Lide
 11/8 Peg Davis
 11/23 Gordon Sprigg
 11/25 Hazel Woodward
 11/29 Charlotte Martin



Scan this QR image to go
to the Masonic Home
Website.

Welcome New Residents

Robert Boggs– Manchester Lodge No. 14
 Barbara Borkey– Urbanna Lodge No. 83
 Phillip Cash– Army and Navy Lodge No. 306

Employee Birthdays

11/3 Rosa Ayala	11/15 Nicholas Randall
11/3 George Bey	11/15 Shirley Thompson
11/3 Dorothy Henshaw	11/17 Mabel Amuzu
11/4 Nana Smallwood	11/19 Mary Gibson
11/5 Audrey Puentes	11/23 Cassandra Walters
11/6 Yolanda James	11/27 Susan Berryhill
11/12 Brenda Brown	11/27 Patrick Jones

Welcome New Employees

Judith Arcuri	Administration	Part Time
Shawnza Banks	Nursing	Part Time
Tawanda Fowler	Nursing	PRN

Masonic Home Census -- 204

The MAHOVA News

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Assisted Living Administrator

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Terry Hilton

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