

Masonic Home of Virginia

regular/nsa						Week 4
MONDAY-4/15/19	TUESDAY-4/16/19	WEDNESDAY-4/17/19	THURSDAY-4/18/19	FRIDAY-4/19/19	SATURDAY-4/20/19	SUNDAY-4/21/19
Breakfast						
SR Oatmeal <i>Grits</i> Scrambled Eggs <i>Hard Fried Eggs</i> Pork Bacon <i>Pork Sausage Patty</i> <i>Diced Peaches</i> Cinnamon Roll	SR Oatmeal <i>Grits</i> Scrambled Eggs <i>Hard Boiled Egg</i> Pork Bacon <i>Corned Beef Hash</i> <i>Orange Wedges</i> Banana Muffin	SR Oatmeal Scrambled Eggs <i>Cinnamon French Toast</i> Pork Bacon <i>Pork Sausage Patty</i> <i>Grapefruit Half</i> Mini Danish	SR Oatmeal <i>Cream of Wheat</i> Scrambled Eggs <i>Hard Fried Eggs</i> Pork Bacon <i>Biscuit and Sausage Gravy</i> <i>Diced Pears</i> Blueberry Muffin	SR Oatmeal Scrambled Eggs <i>Cinnamon Applesauce</i> <i>Pancakes</i> Pork Bacon <i>Pork Sausage Patty</i> <i>Pineapple Chunks</i> Cranberry Orange Muffin	SR Oatmeal <i>Grits</i> Scrambled Eggs <i>Hard Fried Eggs</i> Pork Bacon <i>Pork Sausage Patty</i> <i>Banana</i> Cinnamon Roll	SR Oatmeal Scrambled Eggs <i>Hard Boiled Egg</i> Pork Bacon <i>Creamed Chip Beef on Toast</i> <i>Banana</i> Mini Cake Doughnut
Lunch						
SR Lentil and Spinach Soup Herbed Seasoned Chicken <i>Chicken Fried Steak</i> SR Collard Greens <i>Green Peas</i> Mashed Potatoes <i>Macaroni and Cheese</i> Orange Sherbet <i>SF Butterscotch Pudding</i>	Beef Barley Soup Baked Ziti with Meat Sauce <i>Hot Dog on Bun</i> Fresh Cauliflower <i>Curried Carrot Salad</i> <i>Loaded Potato Salad</i> Brownies <i>SF Fudge Brownies</i>	SR Navy Bean Soup Oven Fried Chicken <i>Ham Salad</i> Seasoned Spinach <i>SR Broccoli Salad</i> Baked Sweet Potato <i>9 Grain Wheat Bread Slice</i> Macadamia Nut Cookie <i>SF Chocolate Chip Cookie</i>	SR Sweet and Sour Soup Braised Beef Tips with Mushrooms <i>Pimento Cheese Sandwich</i> SR Peas and Pearl Onions <i>Glazed Beets</i> SR Egg Noodles Oatmeal Raisin Cookie <i>SF Oatmeal Cookies</i>	SR Broccoli Cheddar Soup Hamburger On Bun <i>Crunchy Pork Cutlet</i> Succotash <i>California Blend Vegetables</i> Fried Potato Wedges <i>Basmati Rice</i> Apple Pie <i>SF Apple Pie</i>	SR Cream of Mushroom Soup Sloppy Joe Sandwich <i>Chicken Salad Sandwich</i> <i>Stewed Tomatoes</i> <i>Carrots Vichy</i> Black-Eyed Peas Chocolate Chip Cookies <i>SF Blonde Brownie</i>	SR Potato Leek Soup Fried Chicken <i>Ham with Brown Sugar Glaze</i> SR Collard Greens <i>Succotash</i> Scalloped Potatoes <i>Baked Sweet Potato</i> Ice Cream <i>SF Ice Cream</i>
Dinner						
SR Lentil and Spinach Soup Boneless Pork Chop with Gravy <i>Tilapia w/ Herbs</i> Broccoli <i>SR Roasted Parsnips</i> Baked Sweet Potato <i>Lemon Rice Pilaf</i> Dinner Roll Coconut Cake <i>Coconut Cream Pie</i>	Beef Barley Soup SR Chicken and Dumplings <i>Apricot Pork Loin</i> Fresh Steamed Broccoli <i>Stewed Tomatoes</i> Mashed Potatoes <i>Macaroni and Cheese</i> Cornbread Lemon Meringue Pie <i>SF Lemon Pudding</i>	SR Navy Bean Soup Pancakes <i>Roast Beef with Au Jus</i> Stewed Apples <i>SR Steamed Carrots</i> Pork Sausage Patty <i>Scalloped Potatoes</i> Dinner Roll Pecan Pie <i>SF Raisin Pecan Cheesecake</i>	SR Sweet and Sour Soup Beef Pot Roast <i>Linguine w/ Clam Sauce</i> Baby Lima Beans <i>Roasted Acorn Squash</i> <i>Baked Potatoes</i> Biscuit Cherry Pie <i>SF Cherry Pie</i>	SR Broccoli Cheddar Soup Fire Roasted Pork Ribs <i>Meatloaf</i> Steamed Cabbage <i>Turnip Greens</i> Baked Beans <i>Mashed Potatoes</i> Dinner Roll Fruits of the Forest Pie <i>NSA White Cake</i>	SR Cream of Mushroom Soup SR Roasted Turkey <i>Honey Glazed Ham</i> Swiss Chard <i>Roasted Turnip Wedges</i> Cornbread Stuffing <i>Roasted Sweet Potato</i> Dinner Roll Apple Cobbler <i>SF Apple Cobbler</i>	SR Potato Leek Soup Garlic Herb Pork Loin <i>Chicken Pot Pie</i> Roasted Parsnips <i>Carrots</i> Herbed Rice Pilaf Biscuit Assorted Dessert <i>SF Dessert</i>

Bold indicates a main item.