

# MAHOVA MONTHLY

May 2024

### **Memorial Day**

Memorial Day is a United States federal holiday observed on the last Monday of May, Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in military service for the US. There is some dispute to the origin of the first observed Decoration Day. Some believe late May was chosen as the date for this holiday because the flowers used to decorate graves would be in full bloom in both Northern and Southern states, Others state the first Decoration Day date was chosen because it didn't coincide with the anniversary of any battles. The first Decoration Day was observed on May 5, 1868. The day involved placing flowers on the graves of Union and Confederate soldiers at Arlington National Cemetery. Since the late 1950's, on the Thursday before Memorial Day, 1,200 soldiers from the 3rd U.S. Infantry place small American flags at each of the more than 260,000 gravestones at Arlington National Cemetery. They then patrol 24 hours a day during the weekend to make sure each flag remains standing.

Beginning in 1998, on the Saturday before Memorial Day, the Boy Scouts and Girl Scouts place a candle at each of the 15,300 grave sites of soldiers buried at Fredericksburg and Spotsylvania National Military Park.

In 2000, the National Moment of Remembrance Act defined 3:00 PM (local time) on Memorial Day as the National Moment of Remembrance. Numerous organizations honor this time: such as Major League Baseball games pause, Amtrak trains blast their whistles, and hundreds of other participants suspend their activities in remembrance.

Every year, the president requests all governors to fly their flags at half-staff until noon on Memorial Day.

Gone, but not forgotten.

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# Resident Advisory Council

**Peg Davis** 

President

Ray Taylor

Vice President

Sandra Young

Secretary

**Elizabeth Jones and Ray** 

Taylor- B Wing

**Butch Carver and Wayne Flora** 

C and D Wings

Steve Bollinger and Steve

Sanford

Village

**Gordon Sprigg** 

Magnolia Court

# **Health Rx**

Here's To Your Good Health!

# Spring Cleaning It's the perfect time of year to declutter.

#### **Donate or Trash**

- Clothes that do not fit
- Any clothes you do not intend to wear
  - Anything with holes
    - Any broken items
  - Expired products/ food/ toiletries
    - Eliminate any duplicate items.
      - Clean out your junk drawer.
- Paperwork. See below for guidelines on how long to save paperwork.

#### Keep for 1 Month Keep for 1-3 Years **Keep for 7 + Years Keep Forever** Receipts for non-Pay stubs Income tax returns **Birth Certificates** deductible items Bank records W-2s and 1099s Social security cards Deposits/ATM Slips Insurance policies Medical bills **Passports** Reconciled bank Investment statements • Contracts Education records Mortgage statements Receipts for tax-Auto titles statements Receipts for charitadeductible items Investment statements ble contributions Mileage records Home improvement Any business-related Cancelled checks receipts documents Real estate tax forms Receipts for any ma-Credit card statements ior purchases that contain purchases • Wills Current insurance used for taxes Retirement plan policies contributions. Medical records Pension/retirement contracts Property agreements IRA contribution records Mortgage documents Life insurance policies Safe deposit box inventory

# **Book Ends**

# May's Most Anticipated Books

Miss Morgan's Book Brigade by Janet Charles

Genre: Historical Fiction Release date: May 1, 2024

Plot: Based on the true story of Jessie Carson, the American librarian who brought children's libraries to France. In 1918, Jessie took a leave of absence from the NY public library system to go to France and help rebuild before she disappeared. In 1987, a NY public library librarian came across a reference to Jessie and became intrigued.

You Never Know: A Memoir by Tom Selleck

Genre: Memoir Release date: May 7, 2024

Plot: This memoir is from the beloved actor who talks about his years in Hollywood and how he has balanced his professional and personal lives. Selleck talks about his childhood, his career, his A-list friends and family.

Wives Like Us by Plum Sykes

Genre: Fiction Release date: May 14, 2024

Plot: In a grand English country house, you will find three rich wives, one American divorcee, two tycoons, two miniature winter dogs, a butler, and enough drama to make you laugh out loud. Welcome to the Bottoms, a trip you will not forget!

Every Time We Say Goodbye by Natalie Jenner

Genre: Historical Fiction Release date: May 14, 2024

Plot: In 1955, Vivian Lowery has her play on stage in London's West End. When the play fails, Vivian goes to Italy to explore cinema and find a future for herself while overcoming the loss of her fiance in the war.

**Mind Games** by Nora Roberts

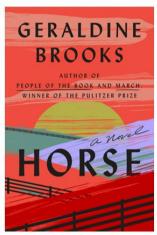
Genre: Romantic Thriller Release date: May 21, 2024

Plot: Twelve-year old Thea and her Grammie Lucy share a special ability to see into minds and souls. When Thea's parents are killed, Thea's premonitions lead to the murderer's capture and life imprisonment. Thea grows up in Redbud Hollow with her grammie; she does all the stuff people do: makes friends, has a career, falls in love. But she is haunted by her psychic abilities, especially as she remains connected to the murderer's mind, experiencing his evil and vengeful thoughts. A lifelong battle ensues as Thea and the inmate remain connected, eventually bringing them face to face.



# **Upcoming MAHOVA Book Club Titles**

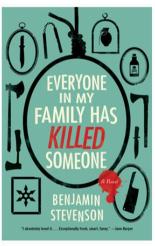
# 2024 Masonic Book Club Titles (May-June)



### **Horse** by Geraldine Brooks

A scientist from Australia and a Nigerian-American art historian become connected by their shared interest in a 19th century race horse, one studying its remains, the other uncovering the history of the Black horsemen who were critical to its success.

Meets Monday, May 13 @ 3pm in the A-Wing Conference Room



# **Everyone In My Family Has Killed Someone** by Benjamin Stevenson

A self-published author of crime novel writing guides attends a reunion with his family of expert killers and investigates when a body is found outside in the snow as another storm approaches.

Meets Monday, June 10 @ 3pm in the A-Wing Conference Room

#### **Anniversaries**



May 6, 1978 Raymond and Chris Taylor May 16, 1961 Albert and Jean Knapp May 17, 1969 William and Judy West May 21, 1988 Bland and Judy Wade May 22, 1998 David Jenkins and Evelyn Harding

#### **New Residents**



Ron and Sheri McGavic Tuckahoe Lodge No. 347

### **New Hires**

Percila Criss, LPN Emmanuel Randolph, Food Service Aide

#### **Announcements**



The MAHOVA gift shop has short sleeve MAHOVA shirts for sale. All new colors and performance wicking material for summer! \$25.00/per men's or women's shirt Gift shop is open Wednesday and Friday from 1:00 to 2:30 p.m.

# **Looking Ahead to June**

# Save the date for:

June 6 D-Day 40th Anniversary

June 13 Father's Day Brunch

June 14 20 Flags Presentation

June 18 Solstice Dinner



#### **Robert Adkins**

As May unfolds, so does a special time dedicated to honoring the invaluable contributions and enduring legacy of older Americans. Established in 1963 by President John F. Kennedy as Senior Citizens Month, this observance has evolved into what we now know as Older Americans Month. It's a time when communities across the nation come together to recognize and celebrate the wisdom and impact of senior citizens.

Throughout history, older Americans have demonstrated remarkable resilience in the face of adversity. From economic downturns to global conflicts, they have weathered storms and emerged stronger. Their resilience serves as a beacon of hope, inspiring us to persevere in the face of our own challenges. In times of crisis, it's often the older generation who provides a steady hand and a source of reassurance.

This month provides an opportunity to celebrate the diversity within our aging population and to recognize the unique contributions of each individual. From trailblazers who have shattered barriers to pioneers who have paved the way for future generations, older Americans have played a pivotal role in shaping our society.

Older Americans play a vital role in preserving our heritage and passing down traditions to future generations. This is an opportunity for young and old alike to come together, share stories, and learn from one another. Intergenerational connections enrich our lives, providing us with new perspectives and fostering a sense of belonging and community. By bridging the generation gap, we can create a more inclusive society where everyone's contributions are valued and respected.

This year's theme for Older Americans Month is "Powered by Connection". I invite you to consider how meaningful relationships and social connections can positively impact your overall health and well-being.

#### **Cranium Corner**



# Katharine Hepburn

The **bold** words listed below can be found vertically, horizontally, diagonally, forward, and backward.



Т R  $\mathbf{B}$ H M  $\mathbf{T}$ AAS C T A E C S F F F U A E 0 I N Y T K I S C D G W R F 0 S H E G Т T N N N C I A B  $\mathbf{Z}$ I P M S V C I I B W J C I V G T L E F U M Q U W H B A R L P C E C V Q I K E M W L J N E E E D R T RA F J Y M N E C Y N  $\mathbf{N}$ A 0 0 Q JA E N A J V 0 X G NL V  $\mathbf{Z}$ J I Z E R N D N B U M 0 Ι I G N I C E U I E M X M 0 C H D 0  $\mathbf{E}$ 0 U K Y D L S N L E K P S S B W  $\mathbf{Z}$ W S  $\mathbf{L}$ S Q W G J M X Μ V E N U U 0 S U D D Ε N L Y F 0 Ι L G KLZ Y K T 0 N

THE AFRICAN QUEEN

BEST ACTRESS

A BILL OF DIVORCEMENT

CONNECTICUT

GUESS WHO'S COMING

TO DINNER

FEMINIST

LEADING LADY

©ActivityConnection.com

THE LION IN WINTER

LITTLE WOMEN

LOVE AFFAIR

ON GOLDEN POND

THE PHILADELPHIA STORY

SPENCER TRACY

SUDDENLY, LAST SUMMER



# **May Movies**

Movies start at approximately 6 PM. Channel 5.1 and TV Room

## Seabiscuit - Friday, May 3

Based on the inspiring true story of three men - a jockey, a trainer and a businessman - and the undersized racehorse who took the entire nation on the ride of a lifetime. Released: 2003. 2 hours 20 minutes. Rated PG-13. Starring: Tobey Maguire, Jeff Bridges, and Elizabeth Banks

# For the Boys - Monday, May 6

U.S. entertainer Eddie Sparks wants to bring some fun to the soldiers during World War II and contacts singer/dancer Dixie Leonard for help. They become the perfect team and tour from North Africa to the Pacific to perform for "the boys." They continue their work after the war, but when Eddie fires author Silver for getting involved in McCarthy's campaign, Dixie also turns away from him. Released: 1991. 2 hours 18 minutes. Rated R. Starring: Bette Midler and James Caan

O Brother, Where Art Thou - Friday, May 10 (Dinner and a Movie) Loosely based on Homer's "Odyssey," the movie deals with the picaresque adventures of Ulysses Everett McGill and his companions Delmar and Pete in 1930's Mississippi. Sprung from a chain gang and trying to reach Everett's home to recover the buried loot of a bank heist they are confronted by a series of strange characters--among them sirens, a cyclops, bank robber George "Baby Face" Nelson, a campaigning governor and his opponent, a KKK lynch mob, and a blind prophet who warns the trio that "the treasure you seek shall not be the treasure you find." Released: 2000. 1 hour 47 minutes. Rated PG-13. Starring: George Clooney, John Turturro, Tim Nelson and John Goodman



# **May Movies**

Movies start at approximately 6 PM. Channel 5.1 and TV Room

## The Eagle Has Landed- Monday, May 13

1943, The war is entering its final stages and Germany is teetering on the brink of defeat. An increasingly unhinged Hitler, orders a mission to have British Prime Minister Sir Winston Churchill kidnapped and brought to Germany. The plan seems ludicrous in the extreme, but a message sent from a German spy in the Norfolk countryside makes one German officer realize that such a mission may just be feasible. Released 1976. 2 hours 3 minutes. Rated PG. Starring: Michael Caine, Robert Duvall, and Donald Sutherland

# Pride and Prejudice - Friday, May 17

The story is based on Jane Austen's novel about five sisters - Jane, Elizabeth, Mary, Kitty, and Lydia Bennet- in Georgian England. Their lives are turned upside down when wealthy young Mr. Bingley and his best friend, Mr. Darcy, arrive in their neighborhood. Released 2005. 2 hours 9 minutes. Rated PG. Starring: Kiera Knightley, Matthew Macfadyen, and Brenda Blethyn

# Flags of Our Fathers - Monday, May 20

In 1945, the Marines attack twelve thousand Japanese protecting the twenty square kilometers of the sacred Iwo Jima island in a very violent battle. When they reach the Mount Suribachi and five Marines and one Navy Corpsman raise their flag on the top, the picture becomes a symbol in a post Great Depression America. The government brings the three survivors to America to raise funds for war, bringing hope to desolate people, and making the three men heroes of the war. However, the traumatized trio has difficulty dealing with the image built by their superiors, sharing the heroism with their mates. Released 2006. 2 hours 15 minutes. Rated R. Starring: Ryan Phillippe, Barry Pepper, and Joseph Cross



# **May Movies**

Movies start at approximately 6 PM. Channel 5.1 and TV Room

# **Dunkirk - Friday, May 24**

May/June 1940. Four hundred thousand British and French soldiers are holed up in the French port town of Dunkirk. The only way out is via sea, and the Germans have air superiority, bombing the British soldiers and ships without much opposition. The situation looks dire and, in desperation, Britain sends civilian boats in addition to its hard-pressed Navy to try to evacuate the beleaguered forces. This is that story, seen through the eyes of a soldier amongst those trapped forces, two Royal Air Force fighter pilots, and a group of civilians on their boat, part of the evacuation fleet. Released 2017. 1 hour 46 minutes. Rated PG-13. Starring: Fionn Whitehead, Barry Keoghan, and Mark Rylance

## 42 - Friday, May 31

In 1946, Jackie Robinson is a Black League baseball player who never takes racism lying down. Branch Rickey is a Major League team executive with a bold idea. To that end, Rickey recruits Robinson to break the unspoken color line as the first modern African American Major League player. As both anticipate, this proves a major challenge for Robinson and his family as they endure unrelenting racist hostility on and off the field, from player and fan alike. As Jackie struggles against his nature to endure such abuse without complaint, he finds allies and hope where he least expects it. Released 2013. 2 hours 8 minutes. Rated PG-13. Starring: Chadwick Boseman and Harrison Ford

# Upcoming EventsNot To Miss

# Passport Dinners

We will be celebrating a different country for the next 12 weeks (or so) of winter. These 12 weeks will be filled with culturally appropriate activities, information and puzzles pertaining to the highlighted region.

Next stop on our travels will be **Mexico**.



A meal ticket is required if you are not on the meal plan. Menus for the themed dinner will be released in advance so you can determine if you wish to participate.

#### Some facts about Mexican food are:

- Mexican food differs in various regions, depending on the climate, geography, and ethnic diversity.
- Mexican food includes corn, beans, chili peppers, and many unique fruits and vegetables, such as quintonil, chayote, cactus, and romeritos.
- Mexican food is considered healthy, as it is rich in fiber, vitamins, minerals, and antioxidants.
- Meat is not the main feature of Mexican food, but rather a complement to the plant-based dishes.
- Mexican food has some interesting ingredients, such as edible flowers, insects, and cacti.
- Mexican food is a world heritage cuisine, recognized by UNESCO for its cultural value and diversity.
- Mexican food was shaped by Spanish women, who introduced new ingredients and cooking methods.
- Immigrants from other countries, such as France, China, and Lebanon, also left their mark on Mexican cuisine.

# **Resident Birthdays**

Scan this QR image to go to the Masonic Home Website

Happy Birthday to the following residents who celebrate their birthdays:

05/01 Seymour Kern	05/16 Bland Wade
05/08 Lettie Muncy	05/17 Zada Lea Kahn
05/08 Raymond Taylor	05/17 Daisy White
05/10 John Martin	05/21 Rodney Van Houten
05/12 Sue Grizzard	05/21 Judy Wade
05/13 Robert Hall	05/22 C.G. Grizzard
05/16 Valerie Hall	05/22 David Jenkins
05/16 Shirley Smith	05/30 Gardner Rollings



Masonic Home Census: 165

# **Employee Birthdays**

05/01 Aretta Key

05/08 Cheryl Wilkerson

05/09 Alisha Shields

05/09 Leilani Ross

05/10 Dennis Tatum

05/14 Joelle Schwartz

05/15 Abukary Yusif

05/15 Stephanie Parham

05/16 Henry Scott

05/17 Cynthia Cox

05/20 Michael Butler, Sr

05/21 Sherri Horton

05/22 Edward Nye

05/22 Phylicia Davis

05/24 Samantha McQuinn

05/25 Cynthia Pleasants

05/26 Mari Beavers

05/26 Sherry Lewis

05/27 Lina Cress

05/29 Carol Wood

### MAHOVA - Your Masonic Community 500 Masonic Lane Henrico, VA 23223 804-222-1694

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Randy P. Smith

Chief Executive Officer

Tracy Coogle, CPA

Chief Financial Officer

Robert Adkins, LNHA

Vice President of Operations

Kathy Bryant, ALFA

Assisted Living Administrator

Dr. Danny Felty

**Medical Director** 

**Daniel Thomas** 

Director of Nursing

**Terry Hilton** 

Director of Development

**Ann Meeks** 

Chief Human Resources Officer

Mike Butler, Jr.

Director of Facilities

MAHOVA Editor Susan Berryhill 804-222-1694 Extension 177295

MAHOVA Copy Editor Joyce Deputy