



# MAHOVA

## News

March 2018

### Why Do We Wear Green on St. Patrick's Day?

Every March 17, we break out every piece of green clothing and jewelry, don shamrock-shaped pins and glasses, and dye our bagels and beverages (particularly alcoholic ones) green. Not quite the way people celebrated St. Patrick's Day in the 7<sup>th</sup> century.

Back then, St. Patrick's Day was a religious holiday celebrated only in Ireland, and green wasn't even part of the equation. The original color associated with St. Patrick's Day was actually blue. Early depictions of St. Patrick show him wearing blue, and the color of the Order of St. Patrick, part of Ireland's chivalry, was a sky blue known as "St. Patrick's Blue." So how did the feast day of the patron saint of Ireland get this obsession with green?

One of the reasons green replaced blue was because of Ireland's nickname, The Emerald Isle. The green stripe in the Irish flag also played a role. Traditionally, the green represents the Catholics of Ireland, the orange represents the Protestant population, and the white in the middle symbolizes the peace between the two religions.

The religious symbolism doesn't stop there. St. Patrick used green shamrocks to teach people about the Holy Trinity (God the Father, God the Son, and God the Holy Spirit), another justification for using green everywhere.

Of course, we can't talk about St. Patrick's Day without mentioning leprechauns. Back in the day, these mischievous little guys were said to wear red and gold jackets with pointy red hats. Now they're rarely seen anything other than green, and legend has it, they pinch anyone not wearing their favorite color.

And isn't that reason enough to wear green?

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#### **Resident Advisory Council**

**Richard Carden**  
President - Village

**Paula Swansey**  
Vice President - D Wing

**Steve Bollinger**  
Secretary - Village

**Priscilla Sensabaugh and  
James Palmer-B Wing**

**Paula Swansey and  
Ann Spain— C and D Wings  
Art Gregory— Magnolia Court**

# Health

**Here's To Your Good Health!**

## **Red Eyes**

According to the National Institute of Health, bloodshot eyes are red because the blood vessels in the surface of the white portion of your eye become enlarged. Red eyes can be caused by irritation, dry air, too much sun, allergic reactions, infections, or other medical conditions. NIH advises seeing a doctor if your bloodshot eyes persist for more than one or two days, or if you experience eye pain or vision problems.

## **Have You Heard?**

March is National Umbrella Month. Parasols were invented 4,000 years ago. Many ancient cultures used them to ward off the sun, but the Chinese were the first to wax and lacquer paper parasols for use against the rain. In the early 16th century, umbrellas (from the Latin word “umbra” meaning shade) became popular in northern Europe.

Every year since 1963, the United Nations rings its Peace Bell at its headquarters in New York City on the first day of spring to symbolize local and global harmony with nature and with neighbors on March 20, the first day of spring.

The birthstone for March is aquamarine and symbolizes faithfulness, courage, and friendship. The flower is the Jonquil also known as the Daffodil.

## **Program Highlights**

### **Resident Council Meeting**

Monday, March 5  
9:30 AM  
Dining Room

### **Activities Committee Meeting**

Thursday, March 15  
3:45 PM  
Library

### **Advisory Council Meeting**

Tuesday, March 20  
10:00 AM  
Private Dining Room

### **Food Committee Meeting**

Tuesday, March 20  
1:00 PM  
Private Dining Room

## Program Highlights

Thursday, March 1	2:30 PM	TV Room	Popcorn Social
Friday, March 2	2:30 PM	TV Room	Exercise with Susan from Ageless Graces
Tuesday, March 6	2:30 PM	TV Room	Hot Chocolate Social
Thursday, March 8	10:00 AM	TV Room	Coffee and Donuts from Country Style Donuts
Friday, March 9	5:00 PM	Multipurpose Room	Dinner and Movie
Thursday, March 15	2:30 PM	Reading Room	St. Patrick's Day Social with performance by Kevin Salyer
Saturday, March 17	10:00 AM	TV Room	Jobies Talent Show
Saturday, March 17	1:30 PM	TV Room	Jobies Ice Cream Social
Monday, March 19	2:30 PM	TV Room	Self-serve Apple Cider
Tuesday, March 20	1:30 PM	Dining Room	Cooking Class
Wednesday, March 21	1:30 PM	Dining Room	Wills for Seniors
Thursday, March 22	2:30 PM	Dining Room	Birthday and Employee of the Quarter Social
Friday, March 23	2:00 PM	Multipurpose Room	Classic Movie Matinee
Friday, March 23	5:30 PM	TV Room	Banana Splits
Monday, March 26	2:30 PM	TV Room	Speaker on Advanced Directives
Tuesday, March 27	2:00 PM	Dining Room	Annual Talent Show
Friday, March 30	10:00 AM to 2:00 PM	Gallery	Mobile DMV
Friday, March 30	3:45 PM	Gallery	Easter Egg hunt with Laurel Hill Daycare

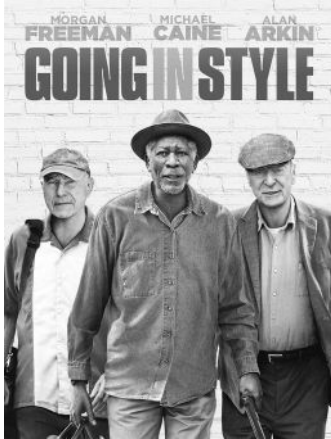
## Entertainment

Friday, March 2 7:00 PM Dining Room	Bluegrass performance by Homeward Bound
Saturday, March 3 2:30 PM TV Room	Golden oldies vocal performance by Amy Ladd
Friday, March 9 2:30 PM TV Room	Vocal and instrumental performance by John Anthony DeMaio
Saturday, March 10 2:30 PM TV Room	Vocal and guitar performance by Susan Greenbaum
Monday, March 12 2:30 PM TV Room	Flute performance by the Fabulous Flutes
Thursday, March 15 2:30 PM Reading Room	Vocal golden oldies performance by Kevin Salyer
Saturday, March 24 2:30 PM Dining Room	Performance by Lucky Bill
Monday, March 26 6:30 PM TV Room	Vocal golden oldies performance by Billy Mitchell
Thursday, March 29 2:30 PM TV Room	Dog with Richmond Obedience School
Friday, March 30 6:30 PM TV Room	Karaoke with Leon and Nancy Lee Martin
Saturday, March 31 2:30 PM TV Room	Easter Program with Megan and Daneyelle from Healing Sounds Music Therapy.

## Movies

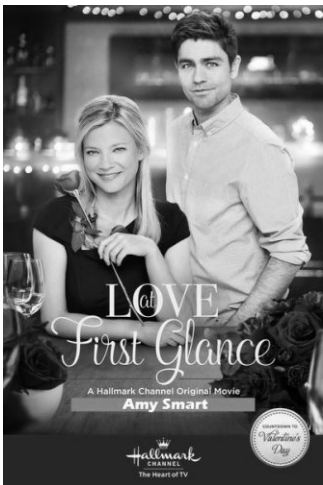


Channel 2 and TV Room  
6:00 PM



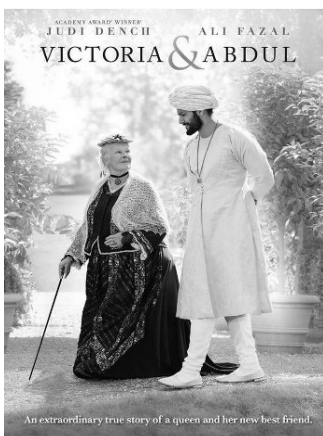
### Monday, March 5 “Going in Style”

Comedy about three retired men  
who decide to rob a bank



### Friday, March 16 “Love at First Glance”

A recently heartbroken woman finds a phone left  
behind on a train. As she tries to return the phone to its  
owner she embarks on a path towards finding herself.



### Monday, March 19 “Victoria & Abdul”

True story based on an unexpected friendship between  
Queen Victoria and a young clerk named Abdul

## Trips and Outings

### Shopping Schedule

March 7    White Oak Village

March 14    Walmart

March 21    Dollar Tree

March 28    White Oak Village



Tuesday, March 6 10:15 AM	Lunch at O'Tooles Restaurant
Thursday, March 8 6:15 PM	Bluegrass Coffee House at Dorey Park
Monday, March 12 4:45 PM	Dinner at Calabash Seafood Restaurant
Thursday, March 15 10:30 AM	Lunch at Joe's Inn Restaurant
Tuesday, March 20 11:15 AM	Lunch at McDonald's
Thursday, March 22 10:30 AM	Lunch at Seafarer's Restaurant
Monday, March 26 10:30 AM	Shopping at Tuesday Morning and lunch
Wednesday, March 28 2:00 PM	Trip to Hanover Tavern

## **Book Ends**

### **By Richard Neiswander**

#### **The Gospel According to Dan Brown**

by Jeff Dunn & Craig Bubeck

This is a foray into the world of non-fiction while talking about Dan Brown's Fiction. Brown's very popular 'Angles and Demons' and 'The Da Vinci Code' are dissected religiously. The authors compared the traditional Christian Gospel to the one Brown used to tell his story, the Gnostic Gospel. The authors have written from the point of view that Brown believes the Gnostic Gospel.

In reading the novels, I personally did not assign this belief to Dan. In my mind, he simply used it to tell an involved suspense novel. While 'The Gospel According to Dan Brown' is interesting reading, only Dan Brown can tell us which gospel [if any] he believes personally. However, if you are looking for a fast moving action novel, try either of Brown's that I mentioned.

#### **Done Gone Wrong**

by Cathy Pickens

Avery Andrews is a lawyer. Once a good malpractice trial lawyer representing the victim, she found one of her witnesses had lied and left Charleston SC for her home town of Dacus, SC. She is now back in Charleston advising on case where a drug company is being sued over one of their products. Things now start to happen. The brother of a hometown classmate contacts her but before they meet, he dies in an auto accident, later proven to be murder. The story now becomes a dual problem for Avery as she advises on the case and does detective work on the murder which occurs because of improper and illegal drug testing. A fantastically interwoven series of events! Fun, Fun, Fun!

#### **Keeper of the Keys**

by Perri O'Shaughnessy

This book is very unusual! It began with the author which is a pen name for the O'Shaughnessy sisters, Mary and Pamela! It may take two to come up with the situation and character interactions contained in this volume! A combination romance/crime novel with a lot of personal feelings and interactions I really enjoyed it!

The principal character is Ray Jackson. His wife, Leigh, is missing, having left without a word. His partner is trying to take over their architectural firm and Kat, a friend of his wife from high school days, arrives. Ray also becomes obsessed with finding out why his mother moved them at least once a year during his elementary school days.

As with most novels this one ends with all well. Several opinions of characters are sharpened and the interrelationships started in high school become more close and happy. Even with the personal interactions and in spite of several crimes, things come to a pleasant ending overall with only Ray's partner unhappy. He, being the salesman of the firm while Ray did all the designs, really lost out! In my opinion, the only one so deserving!

## In Memoriam

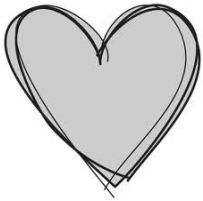
# Forever in Our Hearts



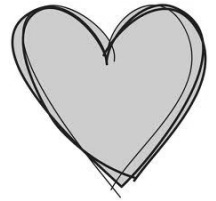
Hattie Crebbs  
Jean McCuiston



## Anniversaries



March 5, 1949 Donald and Dorothy Davies



## Notifications



### Daylight Savings

Sunday, March 11  
Move your clocks forward one hour.



## Notifications

### **Weight and Blood Pressure Checks**

Please bring your pendants with you.

B– Wing  
Thursday, March 1  
8:00 AM to 1:00 PM  
D Wing Recreation Room

C and D – Wing  
Friday, March 2  
8:00 AM to 1:00 PM  
D Wing Recreation Room

### **Village Model Key**

Should you wish to enter the Village Model home after hours or on the weekend, the key is located at the Care Center Nurses' Station.

### **Activities Department**

Do you have suggestions or questions about Activities?  
Please join us at the Activities Committee Meeting on  
Thursday, March 15 in the Library at 3:45 PM .

Or

Call us at the following extension: Robyn at 77268, Bonnie at 77304 or Mark at 77290.

### **Monthly Meeting with Meridian Lodge No. 284**

Meridian Lodge No. 284 Monthly Meeting will be held on the  
4th Monday each month in the Multipurpose Room at 12:00 PM.  
Meeting is open to ALL Master Masons.

Please come and join us!

## Notifications

### **Town Hall Meeting**

With Jim Cole

Thursday, March 15

1:30 PM

Dining Room

### **Wills for Seniors**

Wednesday, March 21

1:30 PM

Dining Room

### **Birthday and Employee of the Quarter Social**

Thursday, March 22

2:30 PM

Dining Room

### **Talent Show**

Tuesday, March 27

2:00 PM

Dining Room

### **Rehearsal**

Wednesday, March 7 and Wednesday, March 21

1:30 PM

Care Center Activity Room

## Brain Fitness

### March Trivia

Match the Questions to the correct answers.

Answers on page 12.

1. If your birthday is on the fifth of March, what is your zodiac sign?
  - A. Sagittarius
  - B. Libra
  - C. Pisces
  - D. Cancer
  
2. What is your birthstone if you are born in the month of March?
  - A. Garnet
  - B. Opal
  - C. Diamond
  - D. Aquamarine
  
3. In the original Roman calendar which month was March?
  - A. First
  - B. Second
  - C. Fifth
  - D. Third
  
4. March comes in like a lion and goes out like a \_\_\_\_\_?
  - A. Lion
  - B. Lamb
  - C. Bear
  - D. Tiger
  
5. On March 7, 1876, Alexander Graham Bell received a patent for the \_\_\_\_\_?
  - A. Incandescent light bulb
  - B. Radio telegraph
  - C. Telephone
  - D. Gramophone

## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

3/2	James Fox	3/23	Martha Kersey
3/5	Mildred Colgin	3/23	Irene King
3/6	Georgeen Carden	3/24	Kenneth Morton
3/7	Althea Hinson	3/24	Minerva Yearwood
3/14	Bertha Lilly	3/26	John Pierce
3/18	Pat Graves	3/28	Jean Taylor
3/22	Betty Burgess	3/30	Charles Klebert

## Employee Birthdays

3/1	Ayse Karakayali	3/13	La Tanya Hill
3/2	Barbara Ramirez	3/14	Daryl Goode
3/2	Sarone Salaam	3/15	Cathy Bancherdpaibool
3/3	James Cole	3/16	Annette Hyman
3/3	Felicia Harrison	3/21	Robyn Nakamoto
3/5	Vickie Martin	3/22	Gladys Osei-Tutu
3/5	Adam Young	3/22	Tanya Anderson
3/6	Alethea Harris	3/22	Karen Berkeley
3/8	Kevin Rippy	3/26	Gwendolyn Brown
3/12	Anita Mims		

## Welcome New Employees

Brenda Brown	Nursing	PRN
Keyutia Bullock	Nursing	PRN
Nashelle Goodnight	Nursing	PRN
Nasibatu Osumanu	Nursing	PRN
Tonya Peoples	Nursing	FT
Tanya Spearman	Nursing	PRN
Melissa Taylor	Nursing	PRN



Scan this QR image to go to the Masonic Home Website.

## Welcome New Residents

Theodore and Beatrice Holm

## Trivia Answers

1. C
2. D
3. A
4. B
5. C

## Masonic Home Census -- 204

### The MAHOVA News

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### Anne Hagen, CPA

Vice President, Chief Financial Officer

### Robert Adkins, LNHA

Senior Administrator

### Kathy Bryant, LALA

Assisted Living Administrator

### Dr. Danny Felty

Medical Director

### Eric Flynn

Director of Dining Services

### Gail Henshaw, CPA

Director of Finance

### Terry Hilton

Development Officer

### Regina Pettaway, RN

Director of Nursing

### Barbara Ramirez

Human Resources Director

### Mike Butler, Jr.

Director of Facilities

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