



MAHOVA

News

June 2021

The Origins of Father's Day

Father's Day, contrary to what some people think, was not established as a holiday to help greeting card manufacturers sell more cards. And though the day is celebrated with utmost fervor and enthusiasm in the present times, things were not always that way. The Father's Day celebration had a modest beginning. Its history dates back to 1909, in Spokane, Washington. Sonora Smart Dodd was listening to a Mother's Day sermon, at the Central Methodist Episcopal Church. The lecture inspired her to have a special day dedicated to her father, William Jackson Smart. Smart, a Civil War veteran, was widowed when his wife (Mrs. Dodd's mother) died in childbirth with their sixth child. Mr. Smart was left to raise the newborn and his other five children by himself on a rural farm in eastern Washington state. It was after Mrs. Dodd became an adult that she realized the strength and selflessness her father had shown in raising his children as a single parent.

To pay a tribute, Sonora held the first Father's Day celebration on the birthday of her father, June 19th, 1910. She was the first to solicit the idea of having an official Father's Day observance. In 1913, a bill to make the day official was introduced. The idea was approved by US President Woodrow Wilson in 1916.

However, unlike Mother's Day, which was readily accepted, Father's Day was initially received with mockery and hilarity. Though the day was gaining attention, it was mostly for the wrong reasons. Americans resisted the holiday for a few decades, perceiving it as just an attempt by merchants to replicate the commercial success of Mother's Day. Newspapers frequently featured cynical and sarcastic attacks and Father's Day jokes. But the trade groups did not give up: they kept promoting it and even incorporated the jokes into their advertising, and they eventually succeeded in popularizing the day.

Later, in 1924, the idea gained further momentum as it was supported by President Calvin Coolidge. In 1926, a National Father's Day Committee was formed in New York City. However, it was thirty years later that a Joint Resolution of Congress gave recognition to Father's Day. Another 16 years passed before President Richard Nixon established the third Sunday of June, as a permanent national observance day of Father's Day in 1972.

The day was primarily nationalized in the honor of all good fathers, who contribute as much to the family as a mother, in their own ways. Today Father's Day has become a day to honor fathers and all men who act as father figures. Stepfathers, uncles, grandfathers, and adult male friends are all honored on Father's Day.

Enjoy celebrating 2021's Father's Day on Sunday June 20th.

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Village

HEALTHY SUMMER

Follow these tips from the CDC to help prevent chronic disease and have a healthy summer.



1. Move More, Sit Less!

Get at least 150 minutes of aerobic physical activity every week.



2. Wear Sunscreen and Insect Repellent

For sun safety, wear layered clothes and apply broad spectrum sunscreen with at least SPF 15.

Use insect repellent and wear long-sleeved shirts and long pants to prevent mosquito bites and ticks.

3. Keep Cool in Extreme Heat

Extreme heat can be dangerous for everyone, but it may be especially dangerous for people with chronic medical conditions.



Stay cool.



Stay hydrated.



Stay informed.



4. Eat a Healthy Diet

Delicious fruits and veggies make any summer meal healthier.



5. Rethink your Drink.

Drink water instead of sugary or alcoholic drinks to reduce calories and stay safe.



6. Don't use Tobacco

You can quit today! Build a plan and get resources to help you quit.

Book Ends

Historic Photos of RICHMOND in the 50's, 60's, and 70's

Text and Captions by Emily J. and John S. Salmon

Looking around the library, I stumbled onto this coffee table book. It appeared to be a way to look back on my adopted city so I took it home. I really enjoyed looking through it and learning a bit about the way Richmond was during my high school days. Biggest problem was that I'm a country boy and don't care to live in a city, just have easy access to it.

However, I found this a great way to learn about Richmond without having to have lived here. How much more should this be a joy to those who were here at the time. You will probably be able to again view buildings that have been gone for decades. My learning about the city was excellent but even better was the nostalgia of seeing the cars of those times!

The Scarpetta Factor

by Patricia Cornwell

I hadn't read about Kay Scarpetta for some time so I picked up this volume. In this story, Kay is now doing her autopsies in New York City. Also, she is now married to Benton Wesley who is also caught in the story - and also in some of the facts known only to him professionally - and thus something he could not talk about.

It starts when Kay appears on TV and the interviewer make things of her responses which are far from Kay's meaning. Returning home, she finds an unusual package had been delivered - perhaps a bomb? The police in destroying the bomb [Yes, it was!] trace it to a plot which includes an actor [Wesley's patient] accused of a sex crime. As Kay helps with this, the cold case of a missing beautiful young millionaire debutante is solved.

Another enjoyable murder mystery to read! I have begun to wonder why this type of story fascinates us? Why do we like reading about death?

All or Nothing At All A Life of Frank Sinatra

by Donald Clarke

The author has done a good job writing about Old Blue Eyes. He covered Frank's career with all of its ups and downs. He begins with Frank's childhood where his personality was developed. If the synopsis of the growing years is correct, it's a wonder Frank only had the personality problems he exhibited.

There is no question that Frank was an extremely popular singer. Clarke even covered some of the things about Frank's song style that was unique or almost so. That style fit into the Big Band/Jazz era and when Frank experienced the down at the end of that era, he was able to adapt his style to the next era and become a hit then too. And each era after that!

I always liked Frank even though I wasn't a big fan. After reading this, I now have an increased respect for him and especially his music.

Notifications

In Memoriam



Brenda Kerrick

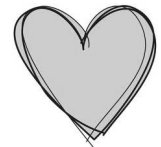


Anniversaries

ANNIVERSARIES



June 2, 1973 Steven and Deborah Sanford
June 8, 1963 Richard and Linda Dudley
June 20, 1959 Charlie and Althea Hinson
June 22, 1963 C. G. and Sue Grizzard
June 30, 1956 Blaine and Rebecca Lenhart



Have You Heard?

- In 2009, June was the 662nd most popular name for girls in the US.
- June has its own beetle named after it. Called the June beetle, or June bug, it's normally only found within the months of May and June in the US.
- Flag day for the US is June 14th.
- Internationally renowned English tennis tournament, Wimbledon, runs through the month of June.
- June has three birthstones- Alexandrite, moonstone and pearl. Alexandrite represents longevity and health. Moonstone brings good luck, love and passion. Pearls represent purity and faith. The flower for June is honeysuckle and the rose.

June Highlights

WANTED

Monthly book review writer and monthly copy editor for the MAHOVA Newsletter.

Please contact Robyn in Activities at extension 77268
if you have questions or are interested.

Exercise Classes

Beginning in June, Tai Chi and Floor Yoga classes will be held in the Multipurpose Room, except for Board Day.

Brunch

Wednesday, June 2 and Wednesday,
June 23
In house Residents 9:30 AM
Village Residents 10:00 AM
Outside Under Tents

Luau

Music, grass skirts, leis, drinks
Friday, June 11
3:00 PM
Gallery

Solstice Dinner

Tuesday, June 15
5:00 PM
Main Dining Room

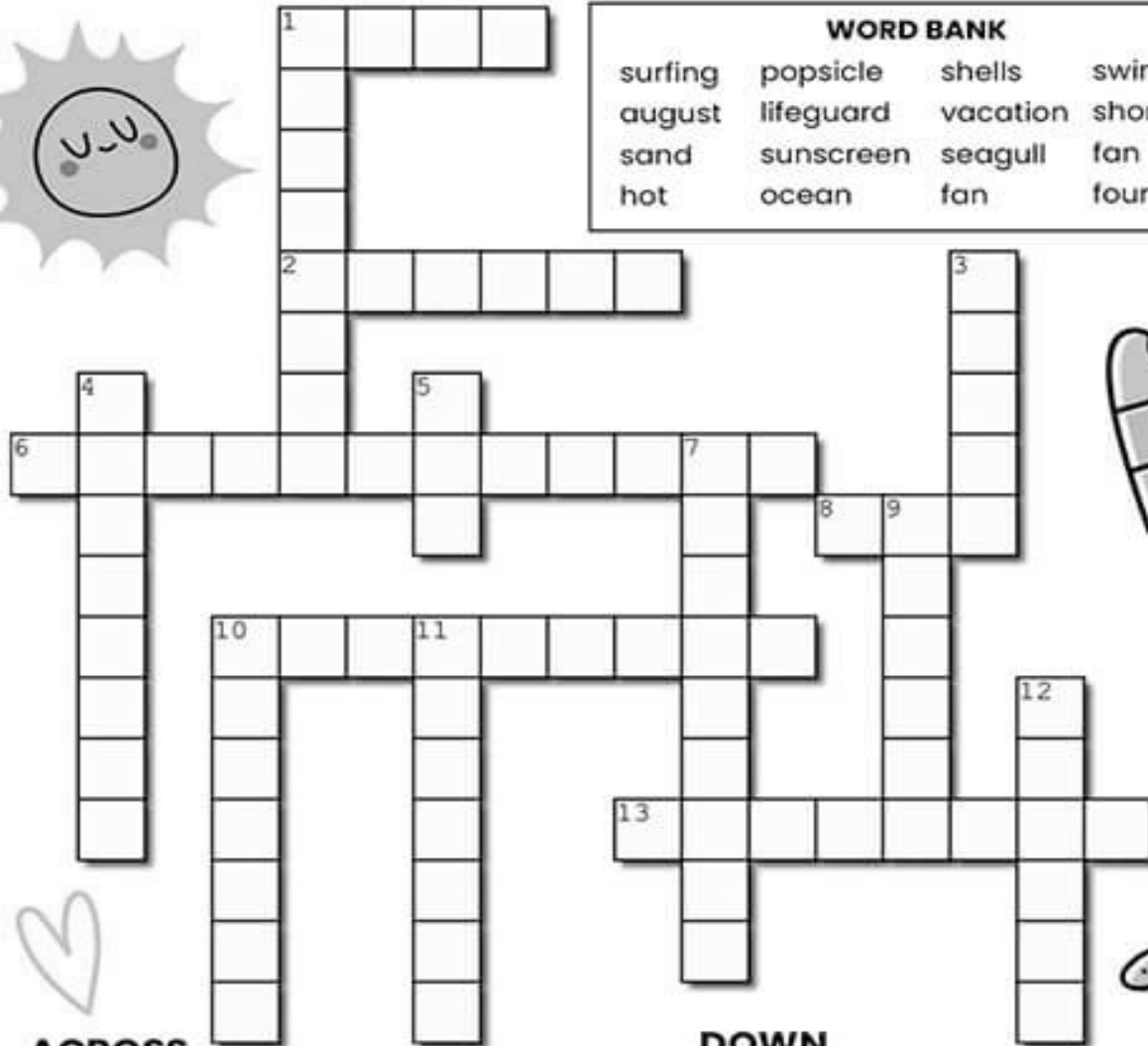
Fathers Day Happy Hour

Friday, June 18
3:00 PM
Gallery

AT THE BEACH CROSSWORD PUZZLE



WORD BANK			
surfing	popsicle	shells	swimsuit
august	lifeguard	vacation	shorts
sand	sunscreen	seagull	fan
hot	ocean	fan	fourth of july



ACROSS

1. Kids love to dig in this.
2. You can collect these on the beach.
6. An American summer holiday.
8. You turn this on to cool off.
10. We put this on our skin to protect us from the sun.
13. A trip away from home.



DOWN

1. What you wear to go swimming.
3. You swim in this at the beach.
4. A frozen treat on a stick.
5. The weather in summer.
7. Someone whose job is to make sure swimmers are safe.
9. The last month of summer.
10. A bird you see often at the beach.
11. When you ride a wave with a board.
12. Commonly worn in summer.



Hidden Pictures Grab a Board



Illustrated by Jackie Staffieri



paper airplane



teacup



envelope



lollipop



hat



dog bone



bat



spoon



tack



slice of
pizza



flashlight



candy
cone



mallet



ladder



spatula

Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

- 6/2 Shirley Armistead
- 6/2 Sue Willis
- 6/3 Penny Cowne
- 6/4 Mildred Ammons
- 6/8 Novella McDonough
- 6/8 Molly Perdue
- 6/9 Albert Knapp
- 6/21 Virginia Lancaster
- 6/23 Catherine Murray
- 6/23 Dolores Reinhold
- 6/27 Anna Sherrod
- 6/28 Becky Lenhart
- 6/30 Deborah Sanford

Employee Birthdays

- 6/1 Jodi Kulp
- 6/2 Sharon Robertson
- 6/3 Nasibatu Osumanu
- 6/4 Rosemary Pleasants
- 6/6 Patsy Clements
- 6/7 Warren Swanson
- 6/7 Yolanda Lee
- 6/8 Kristie Deryder
- 6/10 Lateice Hartman
- 6/11 Lakeisha Wyche
- 6/18 Terry Hilton
- 6/19 Patricia Wilkins
- 6/26 Kay Whorley
- 6/27 Regina Richardson
- 6/28 Lucinda Johnson
- 6/30 Patience Mboe

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Masonic Home Census -- 165

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