

*July 2026*

## America at 250

Two hundred fifty years have passed  
Since freedom's bell first rang,  
And voices filled a hopeful land  
With dreams that proudly sang.  
From humble towns and fertile fields,  
From mountains to the sea,  
A nation grew through sacrifice  
And faith in liberty.  
Through times of triumph, times of trial,  
Through sorrow, loss, and cheer,  
The spirit of a people strong  
Has carried us to here.  
We honor those who came before,  
Whose courage lit the way,  
And thank the hands that built this land  
Across each passing day.  
Yet still the story is not done,  
Its pages yet unfold;  
Each generation adds its verse,  
Its vision bright and bold.  
So let us look with grateful hearts  
Upon the path we've trod,  
And walk together toward the future  
With hope, resolve, and awe.  
America, at two-fifty,  
May your promise ever be  
A beacon shining through the years—  
United, brave, and free.



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Village

**Wayne Flora**

Magnolia Court

# Healthy Rx

## Here's To Your Good Health!



# 4TH OF JULY FACTS



Technically, the declaration of Independence Date should have been July 2.



Calvin Coolidge was the only U.S. President born on the 4th of July.



3 of the Founding Fathers and U.S. Presidents died on the 4th of July.



President Zachary Taylor almost became a 4th of July casualty, too.



The Continental Congress did not issue the Declaration of Independence until July 4.

Both the Declaration of Independence and the Constitution were signed in Philadelphia.



On June 14, 1777, the Continental Congress passes the resolution of the first official American flag.



The first signee of the Declaration of Independence was John Hancock.



The 4th of July did not have common celebrations until after the War of 1812.



The U.S. flag has had 27 different official versions.



The Liberty Bell rings 13 times every 4th of July in honor of the 13 original states.



The oldest 4th of July parade occurs in Bristol, Rhode Island.



Fireworks, live gunfire, and military cannons have long been part of the 4th of July.



Trump's 4th of July speech broke decades of tradition.



The first Horribles Parade took place on July 4, 1851, in Lowell, Massachusetts.



Massachusetts was the first state to recognize the 4th of July as a holiday.



Into the mid-19th century, artillery salutes and cannon blasts defined 4th of July celebrations.



Denmark hosts the largest 4th of July celebrations outside the U.S.



Macy's 4th of July Fireworks Show holds the biggest fireworks display of the holiday.



4th of July only had less than two-dozen attendees in the 1785 celebration.

## Upcoming MAHOVA Book Club Titles

### Masonic Book Club July 2026 - August 2026 Titles



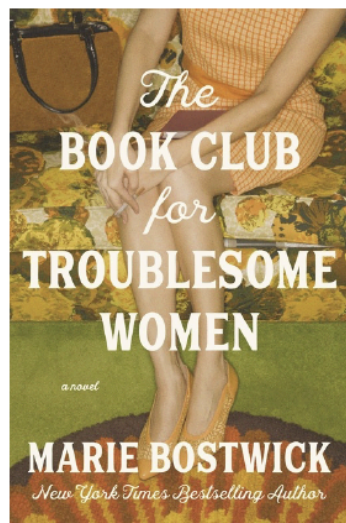
#### By Any Other Name

by Jodi Picoult

Young playwright Melina Green has just written a new work inspired by the life of her Elizabethan ancestor Emilia Bassano. But seeing it performed is unlikely, in a theater world where the playing field isn't level for women. As Melina wonders if she dares risk failure again, her best friend

takes the decision out of her hands and submits the play to a festival under a male pseudonym.

Meets on Monday, July 13 @ 3:00pm in the Kent Conference Room



#### The Book Club for Troublesome Women

by Marie Bostwick

In suburban Virginia of the 1960s, Margaret Ryan forms an impromptu book club with three neighbors, discovering shared dissatisfaction with societal expectations, as the group bonds over personal struggles, feminist ideas and the transformative power of

friendship during a life-changing year.

Meets on Monday, August 10 @ 3:00pm in the Kent Conference Room

## Book Ends - Upcoming Releases



### *July's Most Anticipated Books*

#### **Man Overboard** by Kathleen Rooney

Genre: Fiction

Release date: July 7, 2026

Plot: Patrick Kilpatrick, Kick for short, is alone in the sea after falling off, or jumping off, a Thanksgiving cruise with his family. Thank goodness he was a college swimmer. As he treads water to stay alive, he has only his memories to keep him company.

He thinks back on his regrets, his relationships, and wins, while contemplating how he wants to live his life if he is ever rescued from the water.

#### **This Changes Everything** by Lisa Scottoline

Genre: Thriller

Release date: July 14, 2026

Plot: Julia and Courtney are best friends. Julia lives in Tuscany, and Courtney is back in the United States. When Courtney arrives at her grandmother's house in PA, she finds her grandmother dead and her killer escaping. Julia rushes home to be with her friend. Despite the fact that the police think it was just a burglary gone wrong. The two women think there is something else going on. Soon, Julia becomes the target of a conspiracy, and she is fighting for her life.

#### **The Masala Chai Mystery Club** by MJ Soni

Genre: Mystery

Release date: July 21, 2026

Plot: Neeti is a retired librarian, looking forward to her book club with her chai-loving friends. When a childhood friend turns up dead, it is eerily similar to her most recent Book Club book. Even though he was unliked, he was a childhood friend, and she is determined to find his killer. She enlists her Book Club friends to find the murderer before they get themselves in more trouble than they can handle.

#### **Dad, Love, Me** by Matthew Quick

Genre: Memoir

Release date: July 21, 2026

Plot: This is a memoir written in the form of a letter to his ailing father. Quick takes us on a journey through his anxiety, depression, and substance abuse as he tries to make peace with his abusive father, recently diagnosed with dementia.

#### **Meet Me in Paris** by Kristin Harmel

Genre: Fiction

Release date: July 28, 2026

The book takes place over one week in Paris with several intertwined stories. These are stories of love, loss, heartbreak, and courage. It has been described as **Love Actually** meets **The Notebook**.

## Anniversaries

July 1, 1989 Ray and Ramona Ridgeway  
July 10, 1965 Robert and Patricia Mahone  
July 11, 1970 Harold and Bonnie Campbell  
July 13, 1968 Ron and Diana Molnar  
July 14, 1990 David and Julia Lloyd  
July 28, 1978 Tom and Valerie Hall



## In Memoriam



Marshall Messimer

## New Hires

Starley Coles, Food Service Aide PT  
Rachel Romig, Registered Nurse Supervisor PT  
Angelo Tineo Jr., Cook



## New Residents

**Carolyn Bailey**  
Donovan Lodge No. 275

**Joe and Kathy Dictor**  
Marshall Lodge No. 39

**Joyce Flann**  
Sandston Lodge No. 216

**Virgil and Sallie Robinson**  
Dupont Lodge No. 289

**Penny Shumaker**  
Williamsburg Lodge No. 6





## Have You Heard?

We are pleased to welcome Randi Tate as the newest member of our team. Randi will be responsible for leading and coordinating activities in our Memory Care and Magnolia Court units. Randi will be stepping into the Memory Care Activities Coordinator position on Monday, July 6.

Please join us in welcoming Randi to our community!

## Volunteers

If anyone is interested in volunteer opportunities around MAHOVA please contact Susan Berryhill at [sberryhill@mahova.com](mailto:sberryhill@mahova.com) or 804-226-6688. Opportunities include, but are not limited to, Activities, Chapel, Boutique, 1:1 Visits.

## Sewing and Mending Services Now Available

We are pleased to offer a convenient sewing and mending service for small projects such as sewing on buttons, repairing minor tears, hemming pants, or making simple clothing adjustments.

For a small fee, residents can have everyday items repaired and refreshed without needing to leave the community. Whether it's a favorite sweater, slacks, or additional items in need of a quick fix, our sewing and mending service is here to help.

Contact Joan Corcoran at 757-408-4949.





# Uniguest

Touchtown Community App is now **Uniguest Community App**.

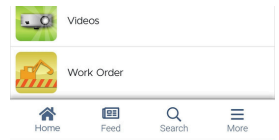
If you haven't downloaded the app to your smartphone or tablet and need help doing so, please let Susan Berryhill know. You'll be able to browse upcoming activities and dining menus, receive messages, submit work orders, tap to call or text, and much more.

Uniguest Community Apps has an integration with TELS, a work order management system. The integration is **not able** to accept requests for transportation.

The Uniguest-to-TELS integration allows residents to submit work orders in the Community App, which automatically populate in the community's TELS account where they are managed by appropriate community staff.

### To Submit a Work Order Request:

1. Open the Uniguest Community App and select the Work Order services module.



2. Select from the available categories and complete the fields. Please note that the location will automatically generate if the location is filled out in the users profile field in the content manager.

3. Click Submit and you should see a confirmation message.

4. Click X to close the confirmation message.

### To View Status of Submitted Request:

Click the Service History icon to view the recently submitted request. The service history will be updated as the TELS ticket is updated.

If you have any questions, please contact Susan Berryhill at 804-226-6688 or [sberryhill@mahova.com](mailto:sberryhill@mahova.com)



## Trip Guidelines and Sign Up Binder

This serves as a reminder regarding all of our trip policies.

There has been **an increase in cancellations and no-shows for trips**, so we encourage you to reach out to Susan Berryhill at 804-226-6688 as soon as possible if you are unable to make a trip. Individuals must take personal responsibility to show up for all trips that require sign up.

- All trips are advertised on the monthly calendar, Uniguest app/tv screen and in the sign-up binder. If the trip has a fee, please look for the information on the sign-up sheet. **You will also receive a reminder of the fee, if applicable, deadline to cancel and time/date of the trip, and when the vehicle will leave.**
- **If you cancel after the deadline for a non-medical reason or are a no-show for a trip, you will be charged the trip cost for tickets/reservations.**
- We encourage you to cancel **at least 48 hours in advance** so residents on the waitlist can be called.
- Trips are subject to cancellation if a minimum of five (5) people have not signed up.
- The sign-up binder is typically placed on the activity table a week to ten days before the start of the next month. A notification is sent out on Uniguest and is added to the daily schedule on the tv screen. We ask that you only sign up for you and/or your spouse.



## Donor Recognition

Through the kindness of the Brethren of Cherrydale-Columbia Lodge No. 42, we were able to replace our entry door system, making the entrance safer, more secure, and better suited for daily access.

Thanks to the generosity of Brother Duke Askew, we were able to go beyond new light fixtures and paint to fully reimagine what the front lobby can look and feel like.

We extend our sincere appreciation to Brother Askew and the Brethren of Cherrydale-Columbia Lodge No. 42 for their meaningful support and continued commitment to MAHOVA-Your Masonic Community.





## HELLO JULY WORD SEARCH

Solve the following puzzle by finding all the hidden words!



INDEPENDENCE

CAMPING

SWIMMING

VACATION

HOT

PARADE

ICE CREAM

BARBECUE

FREEDOM

SUMMER

FIREWORKS

SUNSHINE

BEACH

PICNIC

SPARKLERS



**Huge**

# Summer Word Search

U A B J U N E M Q E J Y B P S U O N A U G U S T  
 W Y O T G E X C S Z C Y W J C M X P I C N I C I  
 Y Y A R H R W U S J H H F R I E N D S D B B I R  
 A A T A O G L S K A T E B O A R D C A A Y C H W  
 J X R V T N X D S A I N S I D E B I K E T P R D  
 Z E P E C X C A M P M W D Q H G S J C Y H G E A  
 K D B L M D X S N K W K R R E P W P J U L Y N B  
 S T A N K T O P S E Y V N B A S I H U M I D N U  
 G B S O C Y Z B E A C H L G T U M K P Y J O K L  
 A U A T H E M E P A R K G A C N M F L O W E R S  
 I F N T Q O B D Z V Y Y P R M S I F A M I L Y C  
 N G D M I K W C S O K O A D T E N Z N A T R I P  
 V D A H O L I D A Y S J R E F T G T Z S T L L Y  
 L T L G W I N X A K L Q K N W W A T E R P A R K  
 Y X S S B N M Y X D Y J N Y Z R H G K Y T A N E  
 F W B H A Y X T E N T J R A Y R O U F J Y I D N  
 I Y A O R Y O U T S I D E K D M K I R E H C K L  
 I F S R B Q I J D F L I P F L O P S E F F E I P  
 I V E T E P O O L J P I I B E Y N O L L I D I L  
 U B B S C L E M O N A D E E D W I L A I S T E A  
 C W A L U B C S U N S C R E E N R Y X G H E M Y  
 M Z L K E X V G T O U R S Q K S M R E H I A I H  
 W F L V L E D S O C C E R H Y R W G M T N S C P  
 T C M R B W V A C A T I O N V H I R G W G G T X

**WATERPARK**

**TENT**

**SOCCER**

**PLAY**

**JULY**

**HEAT**

**FISHING**

**VACATION**

**TANK-TOPS**

**SKATEBOARD**

**PICNIC**

**INSIDE**

**GARDEN**

**FAMILY**

**TRIP**

**AUGUST**

**SHORTS**

**PARK**

**ICED TEA**

**FRIENDS**

**CAMP**

**TRAVEL**

**SWIMMING**

**SANDALS**

**OUTSIDE**

**HUMID**

**FLOWERS**

**BOAT**

**TOUR**

**SUNSET**

**RELAX**

**LEMONADE**

**HOT**

**FLIP FLOPS**

**BIKE**

**BARBECUE**

**SUNSCREEN**

**POOL**

**JUNE**

**HOLIDAYS**

**FLIGHT**

**BEACH**

## Resident Birthdays

Scan this QR image to go to  
the Masonic Home Website



Happy Birthday to the following  
residents who celebrate their birthdays:

07/01	Marian Wright	07/19	Sandra Young
07/02	Linda Dudley	07/20	Julia Malliarakis
07/03	Brenda Fleming	07/22	Jay Gardner
07/04	William Reinhold	07/24	Priscilla Sensabaugh
07/06	Sharon Floyd	07/26	Virgil Robinson
07/07	Wanda Lucey	07/26	Wilma Thompson
07/08	John Barry	07/26	Nancy Waldrop
07/09	Catherine George	07/28	Harold Campbell
07/11	Rebecca Bollinger	07/29	Nancy Harver
07/18	Alice Wynne	07/30	John Deputy

Masonic Home Census: 185

## Employee Birthdays

07/02 Rokrishia Coleman, Healthcare  
07/02 Nestelynn Staten, Healthcare  
07/03 Victoria Brown, Healthcare  
07/03 Starley Coles, Food Service  
07/03 Tikisha Johnson, Healthcare  
07/08 Lekisha Walker, Healthcare  
07/10 Juanita Brown, Healthcare  
07/13 Christina Robinson, Healthcare  
07/17 Minerva Morris, Healthcare  
07/17 Holly Walker, Healthcare  
07/17 Tamara Witbeck, Healthcare  
07/19 Laura Poole, Resident Services  
07/19 Alicia Richardson, Healthcare  
07/26 Lelah Gary, Healthcare  
07/31 Betty Goode-White, Food Service

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