



MAHOVA

July 2018

News

Thomas Jefferson's Legacy

The Declaration of Independence is rich with history. It is the founding document of the United States of America. Here are some interesting facts about the history of this important document: The United States Declaration of Independence is an act of the Second Continental Congress. It was adopted on July 4, 1776. This document declared that the Thirteen Colonies in North America were "free and independent states."

The Declaration explained the justifications for separation from the British Crown.

The Declaration of Independence is on display in the National Archives and Records Administration in Washington, D.C.

This is considered to be the founding document of the United States of America.

Americans celebrate Independence on July 4, which was the day the Declaration was adopted.

John Hancock was the first and only person to sign the Declaration on July 4, 1776. He was the President of the Continental Congress at the time of the signing.

The remaining 54 delegates did not sign the Declaration until August 2, 1776.

Although John Adams and Benjamin Franklin helped him with this important document, Thomas Jefferson is the actual author of the Declaration of Independence.

Jefferson wrote the Declaration in less than three weeks.

Thomas Jefferson died on July 4, 1826, which also happened to be the fiftieth anniversary of the adoption of the Declaration of Independence.

Jefferson left his home "Monticello" to the United States to be used as a school for orphans of Navy officers.

"That government is the strongest of which every man feels himself a part."

—Thomas Jefferson

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Resident Advisory Council

Paula Swansey

President - D Wing

James Palmer

Vice President - B Wing

Steve Bollinger

Secretary - Village

Mildred Johnson

and **James Palmer**-B Wing

Paula Swansey and

Leon Headley— C and D Wings

Art Gregory— Magnolia Court

Health

Here's To Your Good Health!

Overweight Means Less Exercise.

Recent studies show that approximately half of all overweight people don't eat any more than their leaner neighbors. However, they do get much less exercise.

Get The Fat Out.

Excess fat is dead weight that must be moved around by the muscles and fed by the heart. Extra fat makes all activity more difficult and reduces the body's working efficiency.

Spot Reducing Won't Work.

There is no such thing as "spot reducing" exercises that eliminate fat from selected parts of the body. Exercise of sufficient frequency, intensity and duration will reduce fat deposits throughout the body, and you'll lose the most from areas where you've gained the most. Speak with your physician on the right amount for you.

Have You Heard?

President Harry S. Truman determined the line of succession should the President be temporarily incapacitated or die in office in July. His Executive Order declared that after the Vice President, the country should turn to the Speaker of the House and then to the President pro tempore of the Senate for top leadership. This line of succession became the 25th Amendment to the U.S. Constitution in 1967.

The flower for July is the Larkspur or Water Lily. The birthstone is the Ruby and symbolizes devotion, integrity, courage, and happiness.

Program Highlights

Resident Council Meeting Monday, July 2 9:30 AM Dining Room	Food Committee Meeting Tuesday, July 17 1:00 PM Private Dining Room
Advisory Council Meeting Tuesday, July 17 10:00 AM Private Dining Room	Activities Committee Meeting Thursday, July 19 3:45 PM Library

Program Highlights

Monday, July 2	11:00 AM	Gallery	Jewelry Repair with Wayne
Monday, July 2	5:00 PM	TV Room	Ice Cream Social with different ice cream cones
Tuesday, July 3	3:00 PM	Reading Room	Fourth of July Happy Hour
Friday, July 6	2:00 PM	Dining Room	Meet and Greet Newcomers Social
Monday, July 9	1:30 PM	D Recreation Room	Crafts with Nancy Lee
Monday, July 9	2:30 PM	TV Room	Did you miss the resident play "Welcome to Acceptance?" Now is your chance to view the play on the TV screen.
Tuesday, July 10	3:00 PM	REB	Communion
Thursday, July 12	10:00 AM	Gallery	Coffee and Donuts from Country Style
Thursday, July 12	7:00 PM	Dining Room	Sock Hop with Jim Herring, Jr.
Monday, July 16	2:30 PM	TV Room	Card Social
Thursday, July 19	2:30 PM	TV Room	Balloon Volleyball
Friday, July 20	2:00 PM	Multipurpose Room	Classic Movie Matinee
Saturday, July 21	2:00 PM	Dining Room	Varina Lodge No. 272 and Northside Lodge No. 292 Ice Cream Social
Tuesday, July 24	1:30 PM	Dining Room	Cooking Class with Matt
Friday, July 27	2:30 PM	TV Room	Popcorn Social
Friday, July 27	5:00 PM	Multipurpose Room	Dinner and Movie Sponsored by Midlothian Lodge No. 211
Saturday, July 28	2:00 PM	Dining Room	Washington and Henry Lodge No. 344 Watermelon Social
Monday, July 30	2:30 PM	TV Room	Lemonade Social

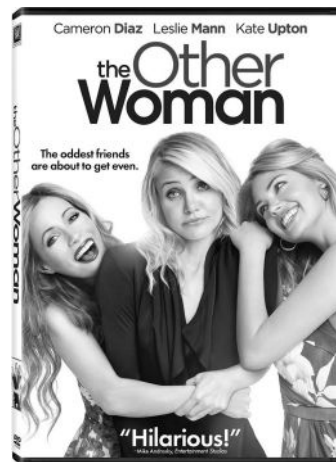
Entertainment

Saturday, July 7 2:30 PM TV Room	Gospel performance by the Finney's
Monday, July 9 6:30 PM TV Room	Vocal performance by Amy Ladd
Friday, July 13 2:30 PM TV Room	Golden Oldies performance by Matt O'Donnell
Saturday, July 14 2:00 PM TV Room	Performance by Denim-n-Lace
Monday, July 16 6:30 PM TV Room	50's and 60's music performance by Sam Abrash
Tuesday, July 17 2:30 PM TV Room	Performance by Gene Wade
Friday, July 20 6:30 PM TV Room	Karaoke with Leon and Nancy Lee
Thursday, July 26 2:30 PM TV Room	Visit from the Richmond Obedience School Canines

Movies

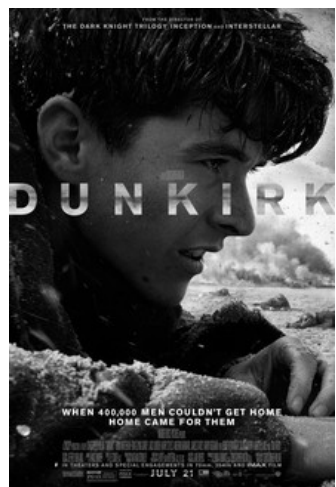


Channel 2 and TV Room
6:00 PM



Friday, July 6 “The Other Woman”

Three very different women team up to seek revenge on a man that has been deceiving all of them.



Friday, July 13 “Dunkirk”

War film depicts the Dunkirk evacuation of World War II in which 330,000 soldiers were rescued.



Monday, July 30 “I Can Only Imagine”

Inspirational and unknown true story behind a chart-topping song that brings faith to so many and is a reminder of the power of forgiveness

Trips and Outings

Shopping Schedule

July 5 White Oak Village (Thursday)
 July 11 Walmart
 July 18 Dollar Tree
 July 25 White Oak Village



Monday, July 2 11:15 AM	Peking Restaurant
Friday, July 6 10:30 AM	VA Museum of Fine Art and Lunch
Monday, July 9 11:30 AM	McDonald's
Tuesday, July 10 10:30 AM	Trip to your neighborhood bank
Thursday, July 19 11:00 AM	Lunch at Hanover Tavern
Monday, July 23 4:45 PM	Dinner at Calabash Seafood Restaurant
Wednesday, July 25 11:15 AM	Lunch at Legends Brewery and Restaurant
Tuesday, July 31 10:30 AM	Lunch at Blue Heron Restaurant

Book Ends

By Richard Neiswander

This month is different! I am only reporting reading one book but also some of my experiences from as far back as 1954! It started with my search of the biography section of the MaHoVA library. I noticed the book shown below. Until I saw it I had not thought of one by this author and I just *had* to read it!

WHAT'S SO FUNNY?

By Tim Conway
with Jane Scovell

The reason I had to read it began back in September, 1954. I was at Bowling Green State University in Ohio and during freshman orientation, a comedy couple called 'Tom & Dick' performed. I learned they were Tom Conway and Dick Moss, incoming juniors. During the next 2 years I saw them several times ending when they graduated.

Forward to 1963. I had graduated, married and was working in Indianapolis. Then one night my wife and I watched a TV show named 'McHale's Navy'. On it was a character named Ensign Parker. Both of us knew we had seen that actor before. But neither of us could remember the tv show where we had seen him. One day I came home from work and Ann said, "I know where we saw Ensign Parker." After a few minutes of back and forth, she showed me the Bowling Green Newsletter that had arrived. One look at the front and I knew too!

While at BG, I highly doubt if he knew I existed. However *EVERYONE* on campus knew Tom Conway! For me reading this book was great! Tom was as funny there as on screen. In case you wonder, it also told me why he was listed on TV as 'Tim'. When he arrived in Hollywood for a job, he found that the Screen Actors Guild which controlled such things already had another actor listed as 'Tom Conway'. True to his form, he said that it was an easy change. He simply dotted the O!

Forward to 1967. I was now working in Cleveland, OH and lived in Geauga County. I had kept track of Tim who grew up in Chagrin Falls, OH. My home was 12 mi. from the center of Chagrin [almost no one uses the word 'Falls']. Not only that, the high school my 4 kids attended was in the same athletic conference with Chagrin Falls High School. We went there for our away-games that were against Chagrin. In addition, one Sunday afternoon Ann & I looked up 'Conway' in the phone book and drove by Tim's parent's home.

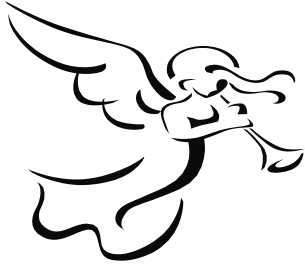
Back to the book. Tim is a jokester and Jane Scovell the co-author didn't slow him down one bit! He tells the story of his life laced with humor. His early years were during the 1930's depression which I and most of you remember. Not an easy time, but we all made it through. He even tells us of humorous things during his early years. Apparently Tim's high school grades were good enough to at least barely get him into college, or so he tells us, including the fact that he was able at times to turn a D on his report card to a B. Then back again when returning it to the school.

He went on to Bowling Green [about 125 miles from Chagrin] where two years later I showed up and will never forget him! I also learned about his life from graduation to Ensign Parker. It started with two years in the Army. How the Army was able to remain unchanged while he was a soldier, is something of a miracle.

Back home Tom [or Tim if you prefer] tried show business with less than success. After some time he got a start in radio at station KYW in Cleveland. He transferred to TV and came under the wing of Ernie Anderson who did the Saturday night horror show as Ghoulardi. Ernie [Ghoulardi] left Cleveland shortly after Ann & I moved there, so I knew of him too. Tom went to Hollywood to do some shows with Steve Allen, eventually moving to California. Most of you will be able to follow him from spots on variety shows to McHale's Navy and on to stardom with Carol Burnett.

In Memoriam

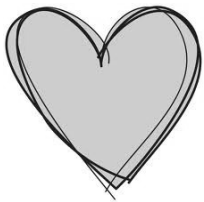
Forever in Our Hearts



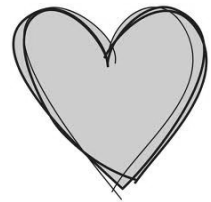
Blanche Feitig



Anniversaries



July 14, 1984 Steve and Becky Bollinger
July 17, 1954 Craig and Lillie Sykes
July 19, 1959 Philip and Shirley Godwin
July 28, 1978 Tom and Valerie Hall



Sponsored Events

Dinner and Movie

Friday, July 27

Sponsored by Midlothian Lodge No. 211

Notifications

Weight and Blood Pressure Checks

Please bring your pendants with you.

B– Wing
Monday, July 2
8:00 AM to 1:00 PM
D Wing Recreation Room

C and D – Wings
Thursday, July 5
8:00 AM to 1:00 PM
D Wing Recreation Room

Village Model Key

Should you wish to enter the Village Model home after hours or on the weekend, the key is located at the Care Center Nurses' Station.

Dementia Support Group for Families

For information, please contact John Zacharias at extension 77309.
The group meets 1st and 3rd Tuesdays of each month at 10:30 AM.

Monthly Meeting with Meridian Lodge No. 284

Meridian Lodge No. 284 Monthly Meeting will be held on the
4th Monday in the Multipurpose Room at 12:00 PM.
Meeting is open to ALL Master Masons.

Please come and join us!

Notifications



Sock Hop with Jim Herring, Jr.
Thursday, July 12
7:00 PM
Dining Room



Varina Lodge No. 272 and Northside Lodge No. 292
Ice Cream Social
Saturday, July 21
2:00 PM
Dining Room



Washington and Henry Lode No. 344
Watermelon Social
Saturday, July 28
2:00 PM
Dining Room

Brain Fitness

July Trivia

Answers on page 12

1. What is the only other gemstone harder than a Ruby?
A. Emerald B. Aquamarine C. Diamond
2. What was July called before it was renamed for Julius Caesar?
A. Julius B. Quintilis C. June
3. What is the flower for July?
A. Water Lily B. Hibiscus C. Peony
4. What month also starts on the same day each year as July?
A. April B. December C. August
5. What famous sport tournament takes place in July?
A. Super Bowl B. Wimbledon Championship C. World Cup
6. On July 20, 1969, Neil Armstrong and Buzz Aldrin walked on the moon.
What was the name of their spaceflight?
A. Apollo 10 B. Apollo 11 C. Apollo 12
7. What year was the Fourth of July declared as a federal holiday?
A. 1945 B. 1901 C. 1938
8. How much does the US spend on fireworks each year?
A. \$1 Million B. \$300 Million C. \$600 Million
9. How many hot dogs are consumed on Fourth of July?
A. 150 Million B. 200 Million C. 300 Million
10. Who was the only member of the Continental Congress to formally sign the Declaration of Independence on July 4th, 1776?
A. John Adams B. John Hancock C. Thomas Jefferson

Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

7/1	Margaret Hardin	7/13	John Long
7/4	William Reinhold	7/22	Tom Wadkins, III
7/5	Archer Garland	7/24	Eleanor Curtis
7/5	Shirley Godwin	7/24	Priscilla Sensabaugh
7/6	Barbara Hogge	7/26	Horace Dowdy
7/7	Wanda Lucey	7/29	Herbert Chappell
7/8	Doris Grotz	7/29	Nancy Harver
7/9	Annis Hatcher	7/30	John Deputy
7/10	Mary Duncan	7/31	Helen Lape
7/11	Becky Bollinger		

Employee Birthdays

7/2	Nestelynn Staten	7/17	Norma Rivera
7/2	Victoria Brown	7/19	Alicia Richardson
7/3	Amber Valentine	7/19	Maria Slate
7/8	Miesha Montoya	7/20	Pamela Pollard-Reed
7/10	Juanita Brown	7/24	Shaquana Winston
7/11	Juakedra Bowens	7/26	Lelah Gary
7/11	Candence Goin	7/26	Katrina Smith
7/12	Jamie Stewart	7/26	Regina Smith
7/13	Joyce Orange	7/27	Linda Archie
7/17	Viola Dawkins	7/31	Betty Goode-White

Welcome New Employees

Ignacio Ocaranza	Maintenance	PRN
Vincent Turner	Food Service	PRN
Faye Turner	Food Service	PRN
Tariq Gough	Maintenance	PRN
Dawn Iyoob	Nursing	PRN
Simone Sullivan	Nursing	PRN
Angel Eusebio	Environmental	PRN
Renea Morgan	Nursing	PRN
White Zee	Nursing	PRN

Scan this QR image to go to the Masonic Home Website.



Trivia Answers

1. C
2. B
3. A
4. A
5. B
6. B
7. C
8. C
9. A
10. B

Masonic Home Census -- 216

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