

January 2026

MAHOVA MONTHLY

*Happy
New Year*

fresh new year

Another fresh new year is here...
Another year to live!
To banish worry, doubt, and fear,
To love and laugh and give!

This bright new year is given me
To live each day with zest...
To daily grow and try to be
My highest and my best!

I have the opportunity
Once more to right some wrongs,
To pray for peace, to plant a tree,
And sing more joyful songs!

William Arthur Ward, 1921-1994

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Resident Advisory Council

Sandra Young

President

Ray Taylor

Vice President

Peg Davis

Secretary

Elizabeth Jones and Ray Taylor

B Wing

Tom Breeden and Elmar Louder

C and D Wings

Steve Sanford and Joyce Deputy

Village

Wayne Flora

Magnolia Court

Start a garden...

*window garden...

*Chia Pet Garden!



Write Something.

✦ a poem

✦ a story

✦ an article...

--- Get it published. Or don't.



Doodle, Design, Draw...

Use colorful pens, stamps, tape, jewels or anything to boost your creativity!



time: for friends

support: a coworker

money: pick a charity

pet supplies: at a no-kill shelter

books: schools in need

✦ a new skill

✦ a different language

◆ a smart organization strategy

◆ a yummy family recipe

Meet a New ...
 ✨ City/State/Museum/Boutique...
 → Take a mini-trip!
Just go!

Meet a New ...

✦ City/State/Museum/Boutique...

→ Take a mini-trip!

Just go!

Start Something ... & FINISH it.

◆ a Pinned DIY project

✦ Facetime with a friend

✦ "Meatless Monday"

✦ 5K Training/Race

soda.... drink water

close parking spots...walk more

judgment... show understanding

self-hate... love yourself



Write down 1 happy memory/day.

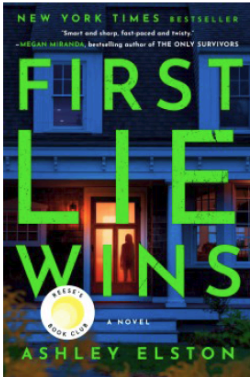
Put it: in a jar/journal/notebook.

Read: Next week/month/year ...

Embrace YOUR bright sparks!

Upcoming MAHOVA Book Club Titles

Masonic Book Club January 2026 - March 2026 Titles

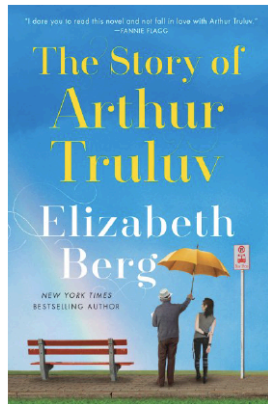


First Lie Wins

by Ashley Elston

A woman with many faces and identities, Evie Porter, covertly moves from job to job for her unknown employer until her latest mark, Ryan Summer gets under her skin and makes her envision a different sort of life.

Meets on Monday, January 12th @ 3:00 pm in
A-Wing Conference Room

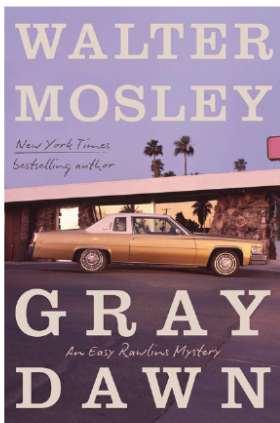


The Story of Arthur Truluv

by Elizabeth Berg

Making daily visits to the grave of his beloved late wife, Arthur forges unexpected relationships with a nosy neighbor and a troubled teen who dubs him "Truluv" before the trio discovers healing and family together.

Meets on Monday, February 9th @ 3:00 pm in
A-Wing Conference Room



Gray Dawn

by Walter Mosley

Running a successful detective agency in 1970s L.A., Easy Rawlins is hired to find a dangerous woman whose secrets threaten to upend the city's fragile balance, in the latest addition to the long-running series following Farewell, Amethystine.

Meets on Monday, March 9th @ 3:00 pm in
A-Wing Conference Room



January's Most Anticipated Books

The Jilted Countess by Loretta Ellsworth

Genre: Fiction

Release date: January 13, 2026

Plot: In the aftermath of World War II, a young Hungarian emigre jilted by a G.I. persuades a Midwestern newspaper editor to help her find an American husband. Based on a true story from the author of *The French Winemaker's Daughter*.

The Fair Weather Friend by Jessie Garcia

Genre: Thriller

Release date: January 20, 2026

Plot: It's always sunny in Detroit for Faith Richards. The popular TV meteorologist, endearingly referred to as "The Fair Weather Friend" by her viewers, has the world by the tail. But one night, Faith leaves work on a dinner break and never returns. Her body is found the next morning.

The town is reeling, suspects emerge, and long-buried secrets are uncovered. While her allies rally, her list of adversaries also grows. Little does anyone know that only the deepest secrets will expose the truth.

Where We Keep The Light by Josh Shapiro

Genre: Biography

Release date: January 27, 2026

Plot: *Where We Keep the Light* is the story of public service and personal faith. From an early age, Josh Shapiro learned and practiced the power of showing up, listening, and executing, to make people's lives a little better. In the pages of this account of his life, Shapiro relates powerful stories about his family, his faith, and what matters to Americans tired of all the divisiveness and distrust in our leaders.

Reflecting on what he's learned by knocking on doors, serving his community, and tackling the tough problems that no one wanted to touch in new and different ways, Shapiro reminds us that government can be a force for good, that conventional wisdom is rarely wise, and there's more that unites Americans than divides us.

Shapiro is answering a call to service at a time when we need leaders like him to step up. *Where We Keep the Light* is a must-read account of his life and what lies ahead.

Anniversaries

January 25, 1969 Ron and Sheri McGavic
January 31, 1970 Wayne and Eleanor Shipley



New Residents

Dennis Tatum
Manchester Lodge No. 14



In Memoriam

Zaida Lorente
J. Armistead Ransone
Carol Schlegel



In Rememberance



**David Armistead
Maurice Beachum**

Robert Hall

Margaret Hardin

Evelyn Harding

Jane Harrison

John Jamieson

David Jenkins

Carroll Jones

Albert Knapp

Doris Larson

Zaida Lorente

John Martin

Faye Moore

William Naumann

J. Armistead Ransone

Peggy Roberts

Carol Schlegel

Anna Sherrod

Oscar Sherrod

Nancy Smith

John Ward

Daisy White

Sue Willis



Have You Heard?

Touchtown Community App is now **Uniguest Community App**.

If you haven't downloaded the app to your smartphone or tablet and need help doing so, please let Susan Berryhill know. You'll be able to browse upcoming activities and dining menus, receive messages, tap to call or text phone numbers and much more.

Welcoming Committee

Please contact Susan Berryhill at sberryhill@mahova.com or 804-226-6688 if you are interested in volunteering for the Welcoming Committee.

The purpose of this committee is to provide support to new residents moving into MAHOVA and be the point person to assist new residents with a smooth transition into our community.

Volunteers

If anyone is interested in volunteer opportunities around MAHOVA please contact Susan Berryhill at sberryhill@mahova.com or 804-226-6688. Opportunities include, but are not limited to, Activities, Chapel, Boutique, 1:1 Visits.

Card Players Wanted

If you are interested in playing Cribbage, Gin Rummy or Hearts please contact Ernie Irby 804-222-2980 or fast dial 122980

Trip Guidelines

This serves as a reminder regarding all of our trip policies.

There has been an increase in cancellations and no-shows for trips, so we encourage you to reach out to Susan Berryhill at 804-226-6688 as soon as possible if you are unable to make a trip. Individuals must take personal responsibility to show up for all trips that require sign up.

- All trips are advertised on the monthly calendar, Uniguest app/tv screen and in the sign-up binder. If the trip has a fee, please look for the information on the sign-up sheet. You will also receive a reminder of the fee, if applicable, deadline to cancel and time/date of the trip, and when the vehicle will leave.
- If you cancel after the deadline for a non-medical reason or are a no-show for a trip, you will be charged the trip cost for tickets/reservations.
- We encourage you to cancel **at least 48 hours in advance** so residents on the waitlist can be called.
- Trips are subject to cancellation if a minimum of five (5) people have not signed up.



CECA Awards - Employee Recognition

We've partnered with Ceca Foundation to help celebrate the exceptional acts of care, achievements, and successes of our team members in serving you. If anyone on our staff makes your day a little brighter or has a lasting impact on you or your family, we'd like to hear about it.

The following MAHOVA Employees were recognized in the month of November on the CECA Award platform.

Sheniyha Cardwell, Dining
Cynthia Cox, Nursing
McKayla Day, Dining
Brayden Harris, Dining
Deja Holmes, Human Resources
Ann Meeks, Human Resources
Sherica Miller, Dining
Angela Pisano, Director of Communication
Tyshanique Pryor, Dining
Genie Smith, Dining
Rashida Traywick, Dining
Betty Goode-White, Dining
Erika Williams, Dining
Aaron Wilson, Dining

All of our team members are eligible for the Ceca Award (which provides public recognition and a \$250 award), including staff that are clinical (nurses, physical therapists, etc.) and non-clinical (dining services, housekeeping, maintenance, security, etc.). Thank a team member by telling us who and what they did that made a difference in your experience with us.

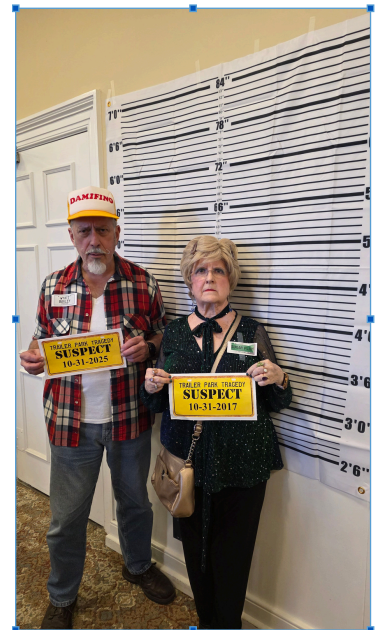
Tell us about your experience one of these ways:

- Visit CecaAward.org/Guest OR
- Scan the QR code with your mobile device



Year in Review

A look back at (just) some of the fun we had in 2025.



January



Bucket List Ideas

Ordinary & Happy

Make a vision board for the year.	Do a 30-day challenge.	Try a winter evening routine (e.g., tea, bubble bath, reading).	Plan your summer vacation.	Start a year-long project.
Have a board game night with friends.	Try a new winter recipe (e.g., stew, bread, comfort food).	Declutter your closet to make room for new outfits.	Make s'mores by a campfire.	Start a new photo album for the year.
Stargaze in the evening.	Go for a scenic walk or hike.		Take at least one happy photo this month.	Have a weekend getaway at a cozy cabin.
Go to the sauna.	Go bowling with friends.	Make a reading list for the year.	Try journaling (e.g., morning, evening, gratitude).	Swim in a heated outdoor pool.
Try a new winter sport.	Have a gingerbread latte or hot cocoa in your pajamas.	Try a new indoor hobby.	Visit hot springs.	Try roasted chestnuts.
Make a playlist to inspire you this year.	Get cozy winter socks.	Try watercoloring or doodling.	Visit a museum or art gallery.	Have an indoor picnic.

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

		6		5			7	
	4			7		8		
	7			3			2	
		8		1	6			5
						4		
5		3		8		9		
7	1							
			5	6	2			

Physical Training Puzzle

P M O V U B E F G D A M D F C P T E B D
 A C K I I S A B I M J K M E D B R G H H
 S P S F N B N L S F Y V Y S F N A P F T
 G T P E J O R C A E T D E P A E I K O K
 F J F L L N K F I N O T W I O C N M C N
 R E K U Y R S J P B C V P R F K I D U R
 D T O V E R C O M E C E S I J P N C S R
 V Y S E P N G V X J T X I T M J G E K E
 Z O C S R V V I J U N G S U W O N D G W
 E N O T I T I S G R J E R H T L K N R A
 V D N U N W D U R C O M M I T M E N T R
 B K F D C A W A R E N E S S C G V H F D
 R F I E I R M L X E S T E E M D S T Y S
 A M D N P R I I X F R E V B P L T R N Q
 V V E T L I N Z P H V S I C A L R B X U
 I H N S E O D A X Y H W P P W L E I K I
 V M C U Z R H T W U Y Q O L S O N N B D
 U S E G N P R I N C I P L E S V G M Q I
 H U H E M D F O U N D A T I O N T B B W
 E A R D V O S N A L T O K V H L H E R B

APPLY
 AWARENESS
 BALANCE
 BODY
 COMMITMENT
 CONFIDENCE
 DEFEND
 DEFENSE

ESTEEM
 FOCUS
 FOUNDATION
 JUNG SUWON
 MIND
 OVERCOME
 PHYSICAL
 PRINCIPLE

PRINCIPLES
 REWARDS
 SPIRIT
 STRENGTH
 STUDENTS
 TRAINING
 VISUALIZATION
 WARRIOR

Resident Birthdays

Happy Birthday to the following residents who celebrate their birthdays:

1/04 Barbara Borkey	1/25 Betty Long
1/06 John Edelin	1/26 Donald Carver
1/10 Richard West	1/26 Virginia Phipps
1/15 Les Kahn	1/26 Weba "Allan" Vanderploeg
1/15 Richard Wadkins	1/27 Blaine Lenhart
1/17 Howard Floyd	1/27 Gordon Paschall
1/22 Imogene Duncan	1/27 Lynn Wagner
1/23 Mildred Johnson	1/31 Fran Walton
1/24 Dave Bennett	



Scan this QR image to go to the Masonic Home Website

Employee Birthdays

1/01 Tyshanique Pryor
 1/01 Seidel Small
 1/02 Rachael Ayeni
 1/08 Felicia Davis
 1/10 Tammy Cross
 1/11 Victoria Halstead
 1/13 Pandora Bayard
 1/13 Tamikia Epps
 1/21 Ann Meeks
 1/26 Sandra Crawley-Street
 1/26 Stanley Heil
 1/29 Wanda McLaurin

Masonic Home Census: 175

MAHOVA - Your Masonic Community
500 Masonic Lane
Henrico, VA 23223
804-222-1694

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Randy P. Smith
 Chief Executive Officer
Tracy Coogle, CPA
 Chief Financial Officer
Robert Adkins, LNHA
 Vice President of Operations
Dr. Danny Felty
 Medical Director
Daniel Thomas
 Director of Nursing
Ann Meeks
 Chief Human Resources Officer
Mike Butler, Jr.
 Director of Facilities
Holly Carson
 Community Sales Director
Angela Pisano
 Director of Communication
Allen Watts
 Director of Development



New Hires

Rachel Ayeni, RN Supervisor
 Wakeelah Logan, LPN