

January 2024

This year, ring out the old and ring in the new with a New Year tradition—or two! From singing “Auld Lang Syne” to eating black-eyed peas for good luck, discover different ways to celebrate the start of 2024!

Eat Lucky Food

Many New Year’s traditions involve food. Here are a few:

- In Spain, people attempt to eat 12 grapes during these 12 strokes of midnight! Tradition says that if they succeed before the chimes stop, they will have good luck for all 12 months of the coming year.
- In the southern US, black-eyed peas and pork foretell good fortune.
- Eating any ring-shaped treat (such as a doughnut) symbolizes “coming full circle” and leads to good fortune. Accordingly, in Dutch homes, fritters called “olie bollen” are served, while the Scottish enjoy pastries called “bannocks”.
- In India and Pakistan, rice promises prosperity.
- In Swiss homes, dollops of whipped cream, symbolizing the richness of the year to come, are dropped on the floors—and allowed to remain there!

Give a Gift

- Gifts of gilded nuts or coins marked the start of the new year in Rome.
- Eggs, the symbol of fertility, were exchanged by the Persians.
- Early Egyptians traded earthenware flasks.
- In Scotland, coal, shortbread, and silverware were traditionally exchanged for good luck.

Turn Over a New Leaf

- Jews who observe Rosh Hashanah make time for personal introspection and prayer, as well as visiting graves.
- Christian churches hold “watch-night” services, a custom that began in 1770 at Old St. Georges Methodist Church in Philadelphia.
- The practice of making New Year’s resolutions, said to have begun with the Babylonians as early as 2600 B.C., is another way to reflect on the past and plan ahead.

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Resident Advisory Council

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Taylor- B Wing

Butch Carver and Jerri Morton

C and D Wings

Steve Bollinger and Peg Davis

Village

Gordon Sprigg

Magnolia Court

Health Rx

Here's To Your Good Health!

What's in Season for January?



Citrus



Cabbage



Sweet Potatoes

Apples
Avocados
Bananas
Beets
Bok Choy
Broccoli
Brussels Sprouts
Carrots

Cauliflower
Celery
Greens
Kiwi
Leeks
Lemons/Limes
Mango
Mushrooms
Parsnips

Pears
Pomegranates
Potatoes
Rutabagas
Strawberries (FL)
Sweet Onions
Turnips
Winter Squashes

Book Ends

Books to Gift (or Keep) This Season



An Invitation to Indian Cooking:50th Anniversary Edition by Madhur Jaffrey

Aspiring
Chef

Beautifully redesigned and with a new foreword by the author and a new introduction by superfan, Yotam Ottolenghi, this anniversary edition celebrates half a century as the go-to text on Indian cooking. This book teaches home cooks perfect renditions of dishes such as Mulligatawny Soup, Whole Wheat Samosas, and Chicken Biryani, alongside Green Beans with Mustard, Khitcherie Unda (scrambled eggs, Indian style), and Nargisi Kofta (large meatballs stuffed with hard-boiled eggs).

From recipes for formal occasions to the making of everyday staples such as dals, pickles, and relishes, Jaffrey's "invitation" has proved irresistible for generations of American home cooks.

The Beautiful and the Wild by Peggy Townsend

Book
Clubber

Plot: A sweeping, atmospheric domestic suspense thriller where the dangers of Alaska aren't limited to storms, starvation, and grizzly bears - sometimes the most dangerous thing is the person you love. It's summer in Alaska and the light surrounding the shipping-container-turned-storage shed where Liv Russo is being held prisoner is fuzzy and gray. Around her is thick forest and jagged mountains. In front of her, across a clearing, is a low-slung cabin with a single window that spills a wash of yellow light onto bare ground. Illuminated in that light is the father of her child, a man she once loved. A man who is now her jailor. Liv vows to do anything to escape.

Carrying her own secrets and a fierce need to protect her young son, Liv must navigate a new world where extreme weather, starvation, and dangerous wildlife are not the only threats she faces. With winter's arrival imminent, she knows she must reckon with her past and the choices that brought her to the unforgiving Alaskan landscape if she is ever going to make it out alive.

A Woman I Know:Female Spies, Double Identities and a New Story of the Kennedy Assassination by Mary Haverstick

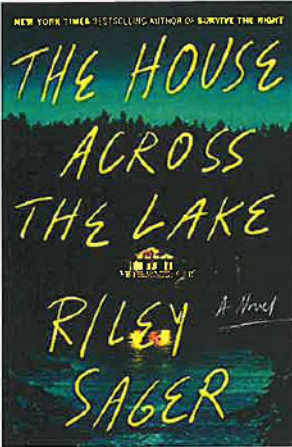
History
Buff

Plot: Independent filmmaker Mary Haverstick thought she'd stumbled onto the project of a lifetime—a biopic of aviation pioneer Jerrie Cobb, the key figure in a group of extraordinary women who, in 1960, passed the same tests as the legendary male astronauts of the Mercury 7, but never went to space. Just as casting was set to begin, Haverstick received a mysterious warning from a government agent. As she dug deeper, she discovered that Jerrie's life shadowed that of a mysterious CIA agent named June Cobb, whose espionage career traced an arc of intrigue from the jungles of South America to Fidel Castro's Cuba, to the communist literary circles in Mexico City—and ultimately into the dark heart of the Kennedy assassination in Dallas.

Haverstick's attempt to learn the truth directly from Jerrie would plunge her into a cat-and-mouse game that stretched across a decade, deep into a thicket of coded CIA files. As she uncovered a remarkable set of mostly unknown women whose high-stakes intelligence work left its only traces in redacted files, she also found shocking new clues about what really happened at Dealey Plaza in 1963. Offering fresh insight into the Kennedy assassination and a vivid picture of women in midcentury intelligence.

Upcoming Mahova Book Club Titles

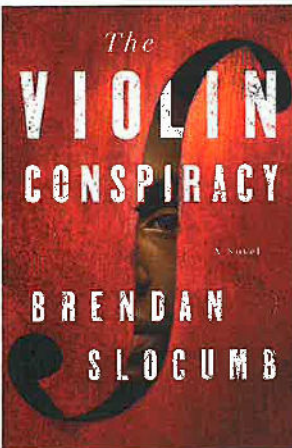
2024 Masonic Book Club Titles (January - March)



The House Across the Lake by Riley Sager

Recently widowed actress Casey Fletcher retreats to her family's lake house in Vermont where she passes the time watching the glamorous couple across the lake until the wife disappears and she discovers that the most shocking of secrets can lurk beneath the most placid of surfaces.

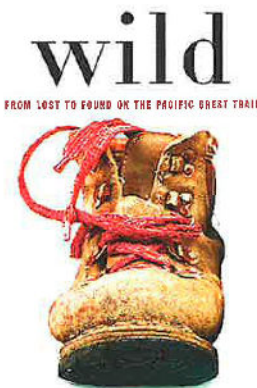
Meets Monday, January 8 @ 3pm in [Private Dining Room](#)



The Violin Conspiracy by Brendan Slocumb

When, right before the cutthroat Tchaikovsky Competition—the Olympics of classical music; his priceless Stradivarius is stolen, with a ransom note for five million dollars in its place, Ray McMillan must piece together the clues to reclaim the violin before it's too late.

Meets Monday, February 12 @ 3pm in Masonic library



Cheryl Strayed

Wild by Cheryl Strayed

Traces the personal crisis the author endured after the death of her mother and a painful divorce, which prompted her ambition to undertake a dangerous thousand-mile solo hike that both drove her to rock bottom and helped her to heal.

Meets Monday, March 11 @ 3pm in Masonic library

Anniversaries



January 31, 1970 Wayne and Eleanor Shipley

In Memoriam

In Memory of



Paul Canter

Have You Heard?

Touchtown by Uniguest

·**Touchtown**, by Uniguest, is a digital software product designed to improve resident communication and engagement. This system was made possible by a grant that our Development Team submitted and received!

·We currently have two televisions within our campus that display various event information and other key communication details of which you should be aware.

·The first television is near our Front Desk, and the content to be displayed is designed to engage our visitors as they enter our building. The second television near our Activity sign up area is designed to list out our daily activities and other key events happening on campus.

·In terms of our roll-out, training is being completed in December and January with an official “go live” date planned for Feb 1. **Stay tuned for more exciting details!!**

New Games

Check out our new bookshelf and games near the D-Wing Nurse’s Station that was recently donated to MAHOVA.

Please be sure to return any games, with all pieces, back to the shelf when finished playing.

We hope you have time to grab some friends and play!





WINTER WORD SEARCH

FIND THE WORDS!



A Y G X D V Q O S O O L H R R S C A R F
 Q L J A N U A R Y X J O Y R M R T G D T
 X D X J Q X G M S S N O W F L A K E U Q
 E I W T G Q I N B T G J C Y C G T T I M
 G N I D D E L S I T O R L H Y K A W S W
 V F E B R U A R Y I Z O F R E E Z I N G
 N P A Q Q H S T L P K I B L U D Q Z C B
 T C J K S K N Y V T A S H O V E L T V E
 J L S K G D O J P Q A N R F D G O A Q N
 D M N B D M W V R X A O R W R Y T Y F W
 J C O L D S M U N P Y W C E Q O Z C V M
 W G W O E R A B V S M B X M B B S Q W A
 B I A G V L N M S E W A K F F M O T F A
 I M N D V U C V T M A L G L O V E S W I
 E I G T C V P Q J S I L X B M B G C Y B
 U G E N E N S F K U I S H L G V P P E X
 I O L B B R U C U G R R T N W L Z T O D
 K Q N C V P E I U N C O H G X F D A U I
 M Q K T Y I W O K U U N Z C S V V H Q Z
 A F R H X X X J A U R K W F Q L P S V C

BOOTS
 COLD
 FREEZING
 HAT
 SCARF
 SLEDDING
 SNOWFLAKE

CHRISTMAS
 DECEMBER
 FROST
 ICE
 SHOVEL
 SNOWANGEL
 SNOWMAN

COAT
 FEBRUARY
 GLOVES
 JANUARY
 SKIING
 SNOWBALLS
 WINTER

January Movies

Movies start at approximately 6 PM. Channel 5.1 and TV Room

Citizen King (PBS Home Video) - Friday, January 5

A documentary that draws on input from a broad cross-section of people to examine the last five years of Dr. Martin Luther King, Jr.'s life. Released: 2004. 2 hours. Not Rated.

Holiday Inn - Monday, January 8

Lovely Linda Mason has crooner Jim Hardy head over heels, but suave stepper Ted Hanover wants her for his new dance partner after femme fatale Lila Dixon gives him the brush. Jim's supper club, Holiday Inn, is the setting for the chase by Hanover and manager Danny Reed. The music's the thing. Released: 1942. 1 hour 41 minutes. Not Rated. Starring: Bing Crosby and Fred Astaire

Oppenheimer - Friday, January 12 (Dessert and a Movie)

A dramatization of the life story of J. Robert Oppenheimer, the physicist who had a large hand in the development of the atomic bomb, thus helping end World War II. We see his life from university days all the way to post-WWII, where his fame saw him embroiled in political machinations.

Released 2023. 3 hours. Rated R. Starring: Cillian Murphy, Emily Blunt and Matt Damon

Carmen - Friday, January 19

In 1820's Spain, the soldier Don José falls in love with the fiery and charismatic factory worker Carmen. Conflicts and grievances multiply, however, as it becomes apparent their views on love and commitment are fundamentally incompatible. Released 1984. 2 hours 32 minutes. Rated PG. Starring: Plácido Domingo and Julia Migenes

January Movies

Movies start at approximately 6 PM. Channel 5.1 and TV Room

State of the Union - Monday, January 22

Kay Thorndyke loves Grant Matthews and helps him become Republican nominee for President. The party machine begins to worry as Grant begins to speak for himself. At an important dinner, his wife Mary condemns corrupt politicians, and Grant learns to speak out even more boldly. Released 1948. 2 hours 3 minutes. Not Rated. Starring: Spencer Tracy and Katharine Hepburn

All the President's Men - Friday, January 26

In the run-up to the 1972 elections, Washington Post reporter Bob Woodward covers what seems to be a minor break-in at the Democratic Party National headquarters. He is surprised to find top lawyers already on the defense case, and the discovery of names and addresses of White House fund organizers on the accused further arouses his suspicions. The editor of the Post is prepared to run with the story and assigns Woodward and Carl Bernstein to it. They find the trail leading higher and higher in the White House. Released 1976. 2 hours 18 minutes. Rated: PG. Starring: Robert Redford and Dustin Hoffman

Four Frightened People - Monday, January 29

Four castaways embark on a journey beyond their wildest dreams in this glorious romantic adventure! When a deadly bubonic plague breaks out on a coastal steamer ship, four passengers steal a lifeboat and set sail on a mission of survival. They land on a remote Malayan island and soon shed all trappings of their former selves. But when their native guide is suddenly murdered, they find themselves at the mercy of hostile islanders and must use their newfound survival skills if they're going to escape a terrible fate. Released 1934. 1 hour 19 minutes. Not Rated. Starring: Claudette Colbert, Herbert Marshall, William Gargan, Mary Boland and Leo Carrillo

Look what you missed over the holidays!



Resident Birthdays

Happy Birthday to the following residents who celebrate their birthdays:

01/04 Barbara Borkey	01/23 Mildred Johnson
01/05 Judith Shook	01/25 Betty Long
01/06 John Edelin	01/26 Donald Carver
01/15 Les Kahn	01/26 Virginia Phipps
01/15 Richard Wadkins	01/27 Blaine Lenhart
01/17 Howard Floyd	01/27 Gordon Paschall
01/18 Roger Ward	01/30 Doris Larson
	01/31 Frances Walton

Scan this QR image to go to the Masonic Home Website



Employee Birthdays

01/01 Tyshanique Pryor
01/02 Josephine Johnson
01/08 Felicia Davis
01/10 Tammy Cross
01/11 Victoria Halstead
01/13 Pandora Bayard
01/13 Tamikia Epps
01/21 Ann Meeks
01/26 Stanley Heil
01/26 Mallie Young
01/26 Sandra Crawley-Street
01/29 Randall Wood
01/29 Wanda Kargbo

Masonic Home Census: 169

MAHOVA - Your Masonic Community
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Anne Hagen, CPA, MBA
Chief Executive Officer

Tracy Coogle, CPA
Chief Financial Officer

Robert Adkins, LNHA
Senior Administrator

Kathy Bryant, ALFA
Assisted Living Administrator

Dr. Danny Felty
Medical Director

Daniel Thomas
Director of Nursing

Terry Hilton
Director of Development

Ann Meeks
Human Resources Director

Mike Butler, Jr.
Director of Facilities

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Lashawnda Allen, CNA PRN

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