

December 2025

MAHOVA

MONTHLY

In This Issue:

Health Rx

12 Days of Christmas Outfits

Book Club

Book Ends

Anniversaries/
In Memoriam

Have You Heard?

Trip Guidelines

Upcoming Events

Advent Calendar

Cranium Corner

Birthdays

Resident Advisory Council

Sandra Young

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Ray Taylor

Vice President

Peg Davis

Secretary

Elizabeth Jones and Ray Taylor

B Wing

Tom Breeden and Elmar Louder

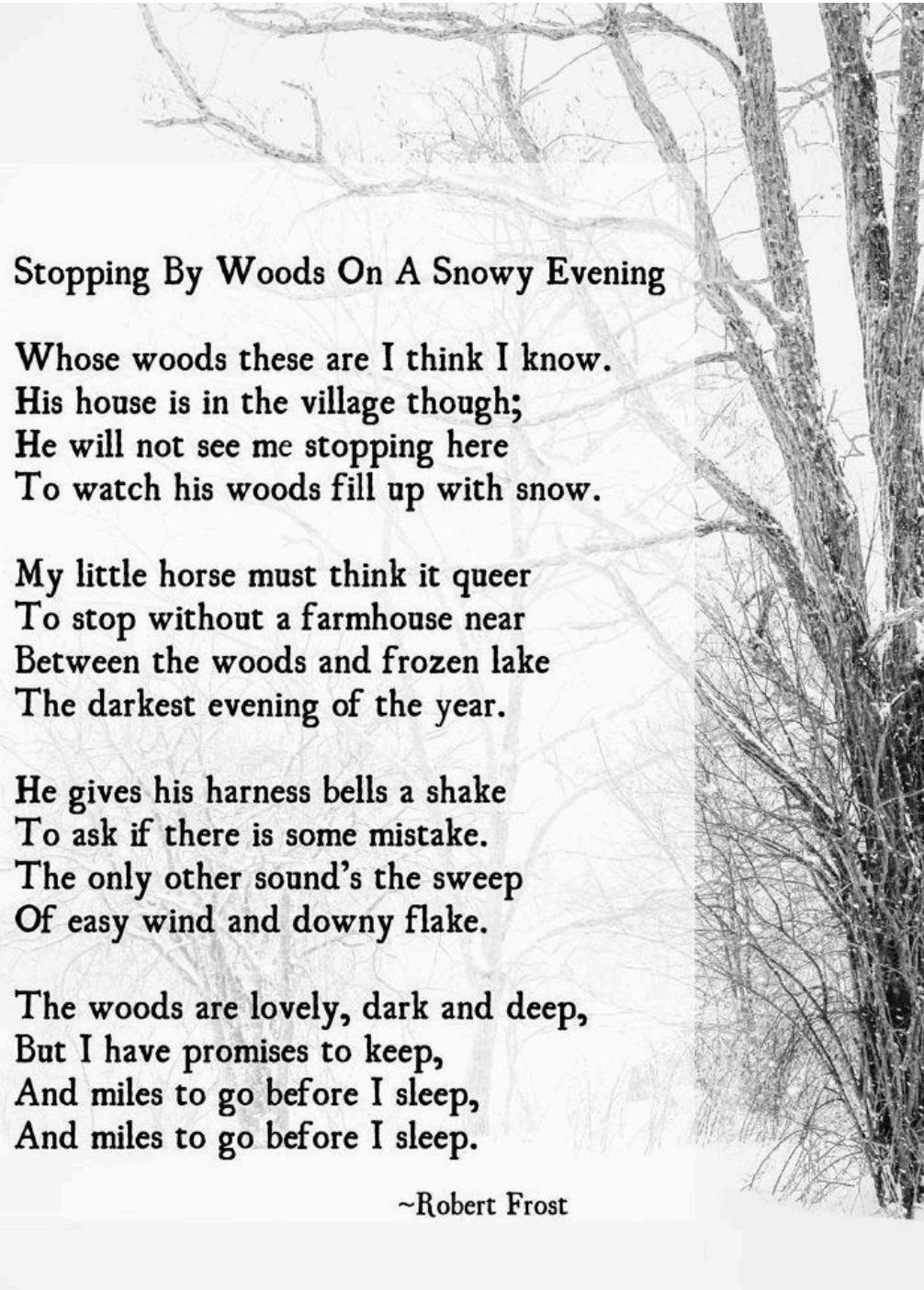
C and D Wings

Steve Sanford and Joyce Deputy

Village

Wayne Flora

Magnolia Court



Stopping By Woods On A Snowy Evening

Whose woods these are I think I know.
His house is in the village though;
He will not see me stopping here
To watch his woods fill up with snow.

My little horse must think it queer
To stop without a farmhouse near
Between the woods and frozen lake
The darkest evening of the year.

He gives his harness bells a shake
To ask if there is some mistake.
The only other sound's the sweep
Of easy wind and downy flake.

The woods are lovely, dark and deep,
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.

~Robert Frost



Did You Know? **Fun Christmas Facts**

Have you ever wondered about the history of Christmas? Where did our traditions come from, anyway? Here's your daily dish of fun Christmas facts:



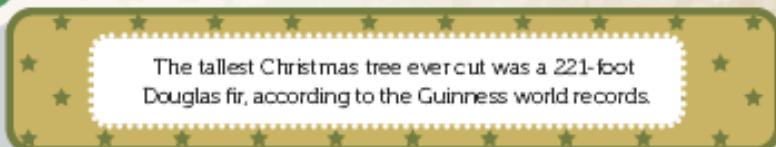
President Teddy Roosevelt, an environmentalist, banned Christmas trees from the White House in 1912.

Each year, more than 3 billion Christmas cards are sent in the U.S. alone.

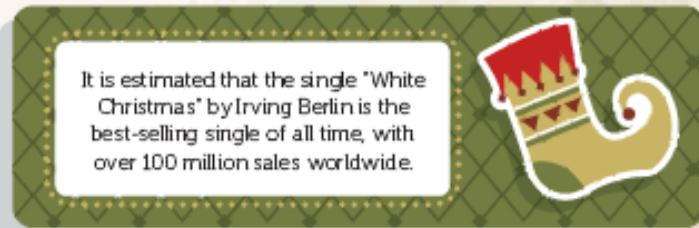
The Germans made the first artificial Christmas trees out of dyed goose feathers.



Mistletoe is from the Anglo-Saxon word *misteltan*, which means "little dung twig" because the plant spreads through bird droppings.



The tallest Christmas tree ever cut was a 221-foot Douglas fir, according to the Guinness world records.



It is estimated that the single "White Christmas" by Irving Berlin is the best-selling single of all time, with over 100 million sales worldwide.



According to data analyzed from Facebook posts, Christmas Day is the least favorite day for breakups.



All the gifts in the Twelve Days of Christmas would equal 364 gifts.



Christmas purchases account for 1/6 of all retail sales in the US



According to data analyzed from Facebook posts, Christmas Day is the least favorite day for breakups.

12 DAYS OF CHRISTMAS OUTFITS

Starting Tuesday, December 9, 2025, dress in your most festive outfits to fit the theme of the day.

Tuesday, December 9 *Green and Red Day* - wear your green and red outfits

Wednesday, December 10 *Jingle Bell Day* - we want to hear you coming, wear anything that jingles and jangles or sing Jingle Bells when you see another person

Thursday, December 11 *Holiday Headwear Day* - wear your favorite Christmas hat, headband, reindeer antlers, fascinator, etc.

Friday, December 12 *Christmas Shirt Day* - wear a shirt that screams Christmas

Monday, December 15 *Candy Cane Day* - wear red and white from head to toe

Tuesday, December 16 *Christmas Socks* - pull out your most festive Christmas/Holiday socks and show them off

Wednesday, December 17 *Grinch Day* - 100% that Grinch, wear all the green you can

Thursday, December 18 *Winter Wonderland* - wear your blue and white

Friday, December 19 *Flannel Day* - wear your flannel, and plaid

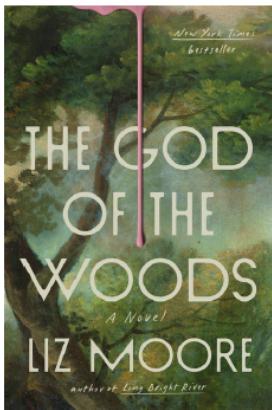
Monday, December 22 *Feeelin' Frosty Day* - wear as much white as you can

Tuesday, December 23 *Ugly Sweater Day* - wear a Christmas Sweater, we will decide if it's ugly or not!

Wednesday, December 24 *Island of Misfit Toys* - nothing needs to match

Upcoming MAHOVA Book Club Titles

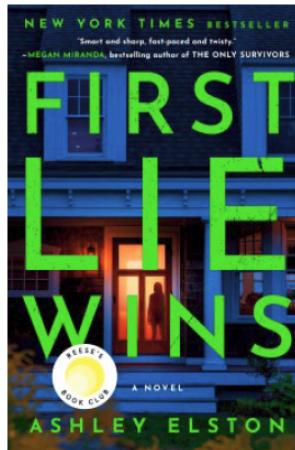
Masonic Book Club December 2025 - January 2026 Titles



The God of the Woods by Liz Moore

In 1975, when a camp counselor discovers the 13-year-old daughter of the summer camp's owners has disappeared just like her brother 14 years earlier, a panicked search begins as the secrets of the Van Laar family and the blue-collar community working in its shadow are revealed.

Meets on Monday, December 8th @ 3:00 pm in
A-Wing Conference Room



First Lie Wins

by Ashley Elston

A woman with many faces and identities, Evie Porter, covertly moves from job to job for her unknown employer until her latest mark, Ryan Summer gets under her skin and makes her envision a different sort of life.

Meets on Monday, January 12th @ 3:00 pm in
A-Wing Conference Room

A Retirement Haiku

I cannot believe
It has taken me all day
to get nothing done.

Ernest Irby

Book Ends - Upcoming Releases



December's Most Anticipated Books

The Last Days of Marilyn Monroe by James Patterson and Imogen Edwards-Jones

Genre: True Crime Thriller

Release date: December 1, 2025

Plot: In life, Marilyn Monroe's superstardom defies classification. In death, she remains shrouded in mystery.

In the months before her death, Marilyn polishes the script for her ultimately unfinished film, "Something's Got to Give."

In the weeks before her death, she drinks champagne on Santa Monica Beach with the last photographer to take her picture.

In the days before her death, she's a guest of Frank Sinatra in the Celebrity Room at the Cal Neva Lodge.

In the hours before her death, she argues with US Attorney General Bobby Kennedy and his brother-in-law Peter Lawford.

In an emergency session with her psychiatrist, she confesses: "Here I am, the most beautiful woman in the world, and I do not have a date for Saturday night."

On June 1, 2026, the world celebrates Marilyn Monroe's one hundredth birthday. Without her.

Somewhere, a Boy and a Bear by Gyles Brandreth

Genre: Biography

Release date: December 1, 2025

Plot: *Somewhere, a Boy and a Bear* tells the remarkable story of A.A. Milne, a playwright, a bestselling crime writer, poet, polemicist, humorist, and the man who created Winnie-the-Pooh.

Gyles Brandreth explores "Winnie-the-Pooh," a bear beloved by millions: his genesis, his life across a hundred years, his special philosophy, and the reasons for his worldwide popularity. Brandreth's book is also the intimate biography of three generations of the fascinating and troubled Milne family, which knew fame and fortune, despising both for a time, but a family that ultimately found a profound reason to be grateful for the riches Pooh brought them.

Ain't Nobody's Fool: The Life and Times of Dolly Parton by Martha Ackmann

Genre: Biography

Release date: December 30, 2025

Plot: In *Ain't Nobody's Fool: The Life and Times of Dolly Parton*, Martha Ackmann chronicles the life of an American Original. From her impoverished childhood in the Smoky Mountains to international stardom as a singer, songwriter, actress, businesswoman, and philanthropist, Dolly Parton has exceeded everyone's expectations except her own. During a time when the Beatles set the standard for contemporary music, Dolly appeared on a local country music television show that her high school classmates thought was pure cornpone. The day after her high school graduation, she boarded a bus for Nashville, but record executives turned her down. One said her voice sounded like a screech owl.

Ain't Nobody's Fool is a deep dive into the social, historical, and personal forces that made Dolly Parton one of the most beloved and unifying figures in public life and includes interviews with friends, family members, school mates, Nashville neighbors, members of her band, studio musicians, producers, and many others. It also features never-before-seen photographs and unearthed documents shedding light on her family's hardscrabble life.

Anniversaries

December 1, 1962 Wayne and MaryAnn Flora
December 21, 2005 William and Dolores Reinholt
December 21, 1984 Gardner and Gypsy Rollings
December 22, 1956 Chester and Marian Wright
December 31, 2006 Pat and Karen Harmon



New Residents

Jessie Crews
Faulkner Memorial Lodge No. 91



In Memoriam

Robert Hall
Faye Moore
Nancy Smith





Have You Heard?

Touchtown Community App is now **Uniguest Community App**.

If you haven't downloaded the app to your smartphone or tablet and need help doing so, please let Susan Berryhill know. You'll be able to browse upcoming activities and dining menus, receive messages, tap to call or text phone numbers and much more.

Welcoming Committee

Please contact Susan Berryhill at sberryhill@mahova.com or 804-226-6688 if you are interested in volunteering for the Welcoming Committee.

The purpose of this committee is to provide support to new residents moving into MAHOVA and be the point person to assist new residents with a smooth transition into our community.

Volunteers

If anyone is interested in volunteer opportunities around MAHOVA please contact Susan Berryhill at sberryhill@mahova.com or 804-226-6688. Opportunities include, but are not limited to, Activities, Chapel, Boutique, 1:1 Visits.

Card Players Wanted

If you are interested in playing Cribbage, Gin Rummy or Hearts please contact Ernie Irby 804-222-2980 or fast dial 122980

Trip Guidelines

This serves as a reminder regarding all of our trip policies.

There has been an increase in cancellations and no-shows for trips, so we encourage you to reach out to Susan Berryhill at 804-226-6688 as soon as possible if you are unable to make a trip. Individuals must take personal responsibility to show up for all trips that require sign up.

- All trips are advertised on the monthly calendar, Uniguest app/tv screen and in the sign-up binder. If the trip has a fee, please look for the information on the sign-up sheet. You will also receive a reminder of the fee, if applicable, deadline to cancel and time/date of the trip, and when the vehicle will leave.
- If you cancel after the deadline for a non-medical reason or are a no-show for a trip, you will be charged the trip cost for tickets/reservations.
- We encourage you to cancel **at least 48 hours in advance** so residents on the waitlist can be called.
- Trips are subject to cancellation if a minimum of five (5) people have not signed up.





Upcoming Events

**Monday, December 1**

2:00 Christmas Tree Lighting with Grand Master, Matt Szramoski

Wednesday, December 3

2:00 p.m. Social Media Sing-a-Long

Wear your most festive outfits and sing “We Wish You a Merry Christmas”

Thursday, December 4

4:00 p.m. Trip: Illuminate Light Show (Doswell) + Dinner

Cost \$20.00/per person + dinner

Friday, December 5

2:00 p.m. Resident Christmas Sing Along + Egg Nog Social

Sunday, December 7

2:00 p.m. Hampton Assembly Performance

Monday, December 8

6:00 p.m. Musical performance with Flutist, Tom May

Tuesday, December 9

7:00 p.m. Trip: Henrico Theater “Henrico Pops”
Free Performance

Wednesday, December 10

4:00 p.m. Trip: Tacky Light Tour + Dinner

Thursday, December 11

3:00 p.m. Fairmount Christian Church Performance

Friday, December 12

10:30 a.m. Trip: Monet - The Immersive Experience
Cost \$28.00

6:30 p.m. Metropolitan Lodge No. 11 Christmas Party

Saturday, December 13

2:00 P.M. Job's Daughter's Sing-a-Long

Sunday, December 14

2:00 p.m. Trip: Fairmount Christian Church “It’s A Wonder Life” Performance
Free Performance

Upcoming Events



Monday, December 15

7:00 p.m. Trip:Henrico Theater “Christmas Concert”
Free Performance



Tuesday, December 16

4:00 p.m. Hors d’oeuvre Hour
5:00 p.m. Candlelight Dinner w/harpist, Kristen Eye

Wednesday, December 17

2:00 p.m. Presentation on St. John’s Church with Stephen Wilson

Thursday, December 18

6:00 p.m. Holiday Organ Concert with Don Moro

Friday, December 19

2:00 p.m. Holiday Sock Exchange
4:00 p.m. Trip:Tacky Light Tour + Dinner

Saturday, December 20

4:00 p.m. Knights Templar Christmas Observance Dinner and Program

Sunday, December 21

3:45 Trip:Winter Lantern Festival (Williamsburg) + Dinner
Cost \$24.00/person

Tuesday, December 23

2:00 p.m. Ugly Sweater Christmas Tea Party
4:00 Trip:Tacky Light Tour + Dinner

Friday, December 26

2:00 p.m. Santa’s Afterpay + White Elephant Gift Exchange

Monday, December 29

4:00 p.m. Trip:Tacky Light Tour +Dinner

Tuesday, December 30

10:00 a.m. Presentation Henrico County: Historically Speaking - The Elko Tract

Wednesday, December 31

5:00 New Year’s Celebration

Please check your calendar and Uniguest App and TV Screen for additional activities throughout the month

Candlelight Dinner



Tuesday, December 16

HORS D'OUERVES
4:00 PM GALLERY AND TV ROOM

DINNER
5:00 PM MAIN DINING ROOM

Dinner Rolls
Strawberry Spinach Salad
Grilled Beef Tenderloin with Sauce Madeira
Potatoes Au Gratin
Honey Glazed Carrots
Herbed Seasoned Green Beans
New York Style Cheesecake with Strawberry Sauce

Residents Only
No Meal Tickets Required
Attire for men: Jacket and Tie
Cocktail attire for women

COMING SOON

Your safety and comfort are our top priorities at MAHOVA. To strengthen our security measures, we've partnered with Accushield, a sign-in system designed specifically for senior living communities.

Effective December 15, all MAHOVA visitors and vendors will be required to sign in through Accushield.

Here's why it matters:

1. Verification & Accountability

Every visitor and vendor will check in at the Accushield kiosk at the Care Center Reception. This ensures we know exactly who is in the building at all times.

2. Security & Emergency Preparedness

By maintaining a clear record of who's on-site, we can respond more efficiently in emergencies, providing everyone with greater peace of mind.

3. Visitor Badges for Identification

Once signed in, each visitor receives a name badge. This simple step helps our team quickly identify approved guests in the community and warmly greet people by their name.



ONE SIMPLE WAY TO MAKE YOUR COMMUNITY SAFER.

ACCUSHIELD VISITOR MANAGEMENT

The Accushield touchscreen visitor sign-in system
provides a simple to manage community visitors



Self Care ADVENT CALENDAR

A Daily 20 Minute Dose of Me-Time

1 BREATHE.
Find a comfy position, close your eyes & concentrate on your breathing.

2 THINK ABOUT YOUR CHRISTMAS.
Write down 3 things YOU want to do this holiday season.

3 TAKE A STROLL.
Wrap up warm & step outside. Take time to look around as you walk.

4 DECLUTTER.
Choose just one drawer or cupboard to sort.

5 LISTEN TO NATURE.
Head outside or find nature sounds online. Pause & listen.

6 WRITE A LETTER.
Send a letter or card to someone you've been meaning to reach.

7 SIP A HERBAL TEA.
Savour the warmth of the cup in your hands.

8 CUDDLE WITH A LOVED ONE.
Snuggle under a soft blanket with someone you love.

9 READ.
Read your book, a magazine, or Christmas cards you've received.

10 STRETCH.
Slowly & gently ease out your muscles & relax your body.

11 WRITE DOWN 5 POSITIVE THOUGHTS.
Hang them somewhere you'll read them often.

12 SHARE THE KINDNESS.
Feel empowered doing a good deed for someone else.

13 EXERCISE.
Get your heart pumping, clear your mind, and release some endorphins.

14 LISTEN TO YOUR FAVOURITE SONGS.
Make yourself a mini playlist to enjoy.

15 TAKE A NAP.
Close your eyes and give yourself permission to nod off.

16 BE CREATIVE.
Bake, draw, write, sew. Use your hands in whatever way feels best.

17 LOOK AFTER YOUR SKIN.
Cleanse, exfoliate, moisturise your face & body.

18 FEEL GRATEFUL.
Write down three things that you're thankful for.

19 WATCH THE LIGHTS.
Sit & enjoy the gentle twinkling of the Christmas tree lights.

20 TALK.
Take time to chat with someone you love.

21 HAVE A MINDFUL SNACK.
Cut up some fruit and pause to sit down and eat it.

22 DOODLE.
Or colour. No purpose, just see where your pen takes you.

23 TAKE A BATH.
Add candles or bubbles as you wish. Close the door & relax.

24 STAND OUTSIDE & LISTEN.
Breathe fresh air & savour the sounds of Christmas Eve.

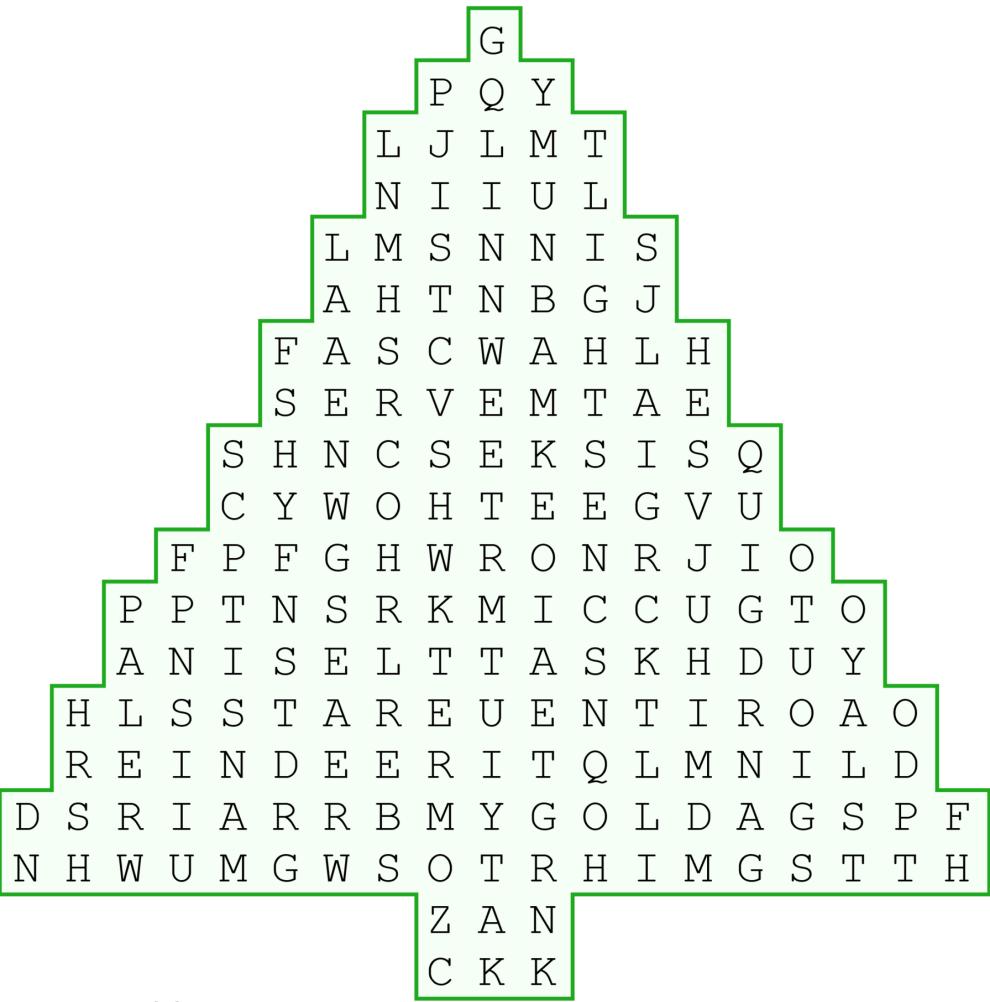
CHRISTMAS WORD SEARCH

N	M	E	R	R	Y	P	K	L	T	A	K	W	M	K	P	W	K	N	G
D	O	P	H	V	P	R	L	H	O	L	L	Y	L	H	I	T	Q	K	E
H	R	E	L	G	Q	E	L	N	Q	I	Z	D	E	Q	P	V	U	N	Q
G	R	O	L	M	S	S	G	V	N	Y	G	O	F	S	C	C	N	U	C
J	G	J	L	H	N	E	T	Y	N	U	B	X	C	V	E	L	H	O	A
O	L	I	E	T	O	N	Z	G	W	R	R	U	S	M	M	Q	Y	X	Y
L	U	N	K	X	W	T	X	H	R	B	I	N	I	A	I	X	C	Z	K
L	Z	G	R	E	F	S	C	A	G	H	G	G	C	E	S	R	H	I	C
Y	V	L	G	F	L	R	W	L	M	H	H	X	X	U	T	U	I	F	A
Z	S	E	Q	W	A	A	E	Q	O	S	T	W	E	Y	L	D	M	A	H
M	X	T	C	W	K	H	E	I	Z	R	N	D	X	X	E	O	N	D	B
O	O	O	A	E	I	S	X	N	H	N	O	J	Z	T	L	E	H	G	
H	L	L	D	C	S	Q	K	A	B	D	C	A	W	Z	O	P	Y	D	A
H	Y	R	U	Q	K	M	R	M	N	D	E	F	M	M	E	H	K	L	R
Q	C	L	O	G	U	I	Q	J	F	T	G	E	E	E	A	V	V	O	L
A	K	A	J	A	E	H	N	B	F	A	A	T	R	S	N	N	V	L	A
H	O	L	I	D	A	Y	Q	G	J	K	T	T	G	K	T	T	C	V	N
S	A	U	Y	O	Z	E	T	J	S	B	B	W	E	W	P	I	S	I	D
S	C	M	X	U	D	R	C	A	R	O	L	S	S	Z	X	G	V	C	V
T	J	J	C	L	L	P	J	S	E	T	X	S	N	D	L	F	C	E	O

BRIGHT
FESTIVE
HOLLY
MERRYCAROLS
GARLAND
JINGLE
MISTLETOEPRESENTS
SANTA
REINDEER
SNOWFLAKESCHIMNEY
HOLIDAY
JOLLY
NOELORNAMENTS
RUDOLPH
SNOWMAN
STOCKINGS

Christmas Word Search

Name: _____



Word list:

CAROL
CHESTNUT
CHRIST
CHRISTMAS
FAMILY
GREETINGS

HAPPY
JINGLE
LIGHTS
NATIVITY
REINDEER
RUDOLPH

SING
SLEIGH
SNOWMAN
STAR
STOCKING
WINTER

Resident Birthdays

Scan this QR image to go to the Masonic Home Website

Happy Birthday to the following residents who celebrate their birthdays:

12/04 Betty Klotz
12/06 Helen Wadkins
12/16 Karen Harmon
12/16 Maxine Watson
12/21 Gene Watson
12/23 Milton Eaton

12/24 Woody Davis
12/25 Christine Johnson
12/27 Eleanor Shipley
12/27 Wayne Shipley
12/28 Bea Holm



Employee Birthdays

12/07 Bonnie White
12/08 Heather Kyeremateng
12/10 Dioni Aull
12/10 Johnetta Bell
12/10 Rugiatu Conteh
12/10 Rosetta Tarry
12/12 Shyvonne Bagby
12/15 Cheryl Smith
12/18 Rashida Traywick
12/18 Dianne Winston
12/19 Ciera Rawlings
12/21 Sheba Bowman
12/22 Ternika Battle
12/26 Brian Wisecarver
12/27 Janet Jamison
12/28 Carol Whyte

Masonic Home Census: 177

MAHOVA - Your Masonic Community
500 Masonic Lane
Henrico, VA 23223
804-222-1694

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Randy P. Smith
Chief Executive Officer
Tracy Google, CPA
Chief Financial Officer
Robert Adkins, LNHA
Vice President of Operations
Kathy Bryant, ALFA
Assisted Living Administrator
Dr. Danny Felty
Medical Director
Daniel Thomas
Director of Nursing
Ann Meeks
Chief Human Resources Officer
Mike Butler, Jr.
Director of Facilities
Holly Carson
Community Sales Director
Angela Pisano
Director of Communication
Allen Watts
Director of Development

New Hires

Julie Bram, LPN
Rugiatu Conteh, LPN
Minerva Morris, LPN
Christina Robinson, LPN
Annqueania Stewart, CNA



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Joyce Deputy