



We are very proud to share that one of our residents, Annie Lee Davis, turned 105 on October 6, 2018. Obviously, Annie is a very strong woman! She grew up in Richmond not far from MAHOVA, where her parents ran the Davis Grocery Store. Annie spent many happy hours at the store when she was young. As she grew older, she was permitted to sell at the candy counter. She often said she probably ate more than she sold, and we believe her. Annie definitely has a sweet tooth! Later she married the love of her life, Roy Davis, a handsome man whom her parents eventually entrusted with the grocery store. Annie said he went in very early to “dress” the windows and came home very late. She used to worry about the long hours he kept. Annie & Roy had a son, Bobby and a daughter, Carol. Carol and her husband, Ray Snow, still visit often. Renee, Leann and Charlotte, Carol’s daughters and granddaughter, visit often as well as Bobby’s widow and her family. Bobby had two sons, Rusty & Ricky, and one daughter, Donna.

Annie spent her summers in Fork Union at her maternal grandmother’s where she loved to swim, ride horses & bikes, and play with her cousins and friends. Annie remained very active all of her life, involved with family, church and other interests. A fine seamstress, she made Easter suits and dresses for her daughters and herself and completed their ensembles with homemade hats. These were hats a milliner would have been quite proud to display in a store window. She was quite talented. Later in life she sold properties to young couples on Land Contracts to help fund her retirement. In her early years on the Memory Support Unit, Annie loved playing cards and BINGO, two cards at a time. She had a real way with numbers. To demonstrate her strength and resilience, Annie stayed in her home into her 80s, mowing her lawn with a *push mower*. Demonstrating her love and devotion, she would not leave her beloved home until her even-more-beloved dog passed away. As you can see, Annie Lee is a fascinating and accomplished woman! Happy Belated 105th Birthday, Annie!

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Resident Advisory Council

Paula Swansey

President - D Wing

James Palmer

Vice President- B Wing

Steve Bollinger

Secretary - Village

Mildred Johnson and James

Palmer-B Wing

Paula Swansey and

Leon Headley- C and D Wings

James Palmer- Magnolia Court

Health

Here's To Your Good Health!

EAT RIGHT TO STAY WARM

If you can't stand the cold, you may not have enough iron in your diet. A recent study linked the body's ability to regulate or maintain body temperature under cold conditions to daily iron consumption. The best way to ensure proper iron levels through the winter is by eating more iron-rich foods such as lean red meat, fish, poultry, beets, beans and leafy green vegetables. Also, drink more orange juice; the vitamin C increases iron absorption. Iron supplements aren't a sure remedy because they are not as readily absorbed by the body as the iron in foods. Moreover, the supplements can irritate the stomach and cause constipation.

Have You Heard?

Some cultural anthropologists say that the custom of Santa climbing down the chimney on Christmas Eve stems from an old English belief that it was good luck to sweep out the chimney before the new year. Others believe the lore dates back to a legend in which St. Nicholas threw a sack of gold down a chimney to help a poor family.

The birthstone for December is Blue Topaz and symbolizes confidence, happiness, and loyalty. The flower is the Narcissus.

Program Highlights

Resident Council Meeting Monday, December 3 9:30 AM Dining Room	Activities Committee Meeting Thursday, December 20 3:45 PM Library
Advisory Council Meeting Tuesday, December 18 10:00 AM Private Dining Room	Food Committee Meeting Tuesday, December 18 1:00 PM Private Dining Room

Program Highlights

Wednesday, December 5	6:15 PM	Your Room	Girl Scout Troop Carolers throughout the Home
Friday, December 7	12:00 to 3:00 PM	Gallery	Shopping for jewelry with Bonita, The Jewelry Lady
Friday, December 7	1:30 PM	Library	Creative Writing Group
Saturday, December 8	10:00 AM	Your Room	Job's Daughters Christmas Caroling throughout the Home
Tuesday, December 11	3:00 PM	REB	Communion
Tuesday, December 11	4:00 PM	TV Room and Reading Room	Hor'dourve Hour
Tuesday, December 11	5:00 PM	Dining Room	Candlelight Dinner with music by Ricky Denton on the harp
Wednesday, December 12	4:00 PM	Gallery	Laurel Hill Daycare Visits
Thursday, December 13	10:00 AM	Gallery	Coffee and Donuts from Country Style Donuts with music by Tommy Custalow
Thursday, December 13	7:00 PM	Chapel	Annual Christmas Pageant
Friday, December 14	6:30 PM	Dining Room	Annual Christmas Party hosted by Metropolitan Lodge No. 11
Monday, December 17	2:30 PM	Dining Room	Egg Nog Social with music by Susan Greenbaum
Tuesday, December 18	3:00 PM	Multipurpose Room	Annual Christmas Pageant
Thursday, December 27	2:30 PM	Dining Room	Quarterly Birthday Social
Monday, December 31	3:00 PM	Reading Room	Champagne Happy Hour

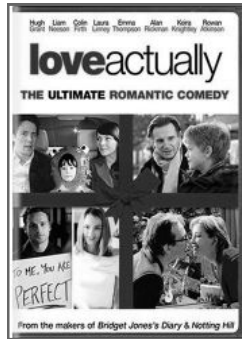
Entertainment

Saturday, December 1 2:30 PM TV Room	Performance by Garrett and Debra Chester
Tuesday, December 4 2:00 PM TV Room	Theatrical performance by the Richmond Bifocal Group
Thursday, December 6 2:30 PM TV Room	Fairmount Christian Church– Forever Young Choir Performs.
Monday, December 10 2:30 PM TV Room	Christmas Program with Richmond Discoveries
Monday, December 10 6:30 PM TV Room	Golden oldies vocal performance by Billy Mitchell
Tuesday, December 11 5:00 PM Dining Room	Ricky Denton on the harp for Candlelight Dinner
Friday, December 14 1:30 PM TV Room	Vocal performance by Nikki Headley
Sunday, December 16 7:00 PM Chapel	Vespers Service with Reverend Germany and the Carlisle Baptist Church Choir. “Lord of Lights/Prince of Peace”
Monday, December 17 2:30 PM Dining Room	Performance by Susan Greenbaum on the guitar and vocals at the Egg Nog Social
Thursday, December 20 2:30 PM TV Room	Vocal performance by Mina and David McAllister
Saturday, December 22 2:30 PM TV Room	Vocal and guitar performance by Tommy Custalow
Friday, December 28 2:30 PM TV Room	Classic rock performance by Mike Parker on vocals and guitar
Friday, December 28 7:00 PM Dining Room	Vocal and keyboard performance by Craig Anders

Movies



Channel 2 and TV Room
6:00 PM



Monday, December 3 “Love Actually”

Romantic comedy about various relationships and the delightful twists and turns that love causes

A Little Chaos



Friday, December 7 “A Little Chaos”

Romantic drama about a gifted landscape artist who is chosen to build a garden for King Louis XIV. She challenges both class and gender barriers while also becoming romantically involved with another artist.



Monday, December 24 “Elf”

An out of place elf that has lived his whole life at the North Pole travels to New York in search of his biological father.



Monday, December 31 “I'll See You in my Dreams”

With the help of three of her friends, an older woman discovers new joys and experiences in life.

Trips and Outings

Shopping Schedule

December 5 White Oak Village

December 12 Walmart

December 19 Dollar Tree

December 26 White Oak Village



Monday, December 3 11:15 AM	Lunch at Peking Restaurant
Tuesday, December 4 11:15 AM	Lunch at McDonald's
Thursday, December 6 6:45 PM	West End Assembly of God: Glorious Christmas Nights Play
Saturday, December 15 3:00 PM	Henrico Theater– King of Swing Band with Susan Greenbaum Performing
Monday, December 17 5:00 PM	Join us as we travel around Richmond to see various decorated homes for Christmas.
Tuesday, December 18 4:45 PM	Dinner at Calabash Seafood Restaurant
Thursday, December 27 10:15 AM	Travel to Fredericksburg to Riverside Dinner Theater: Christmas Play.

Book Ends

By Richard Neiswander

HAPPY BIRTHDAY, JESUS and MERRY CHRISTMAS TO ALL RESIDENTS AND STAFF

Some time ago I noticed a map and history of Perry Township, Ohio, in the library. I looked it over in order to find out who was familiar with Perry. Perry is about 20 miles from my OH home, and I have Masonic brothers & good friends living there. Becky left me a note saying that it came in with a donation of books. If it came from someone who is now a resident, please contact me.

THE SHACK

by William P. Young

Where tragedy confronts eternity

The Shack is an extremely unusual novel [made up story]. I have never read anything like this book. It was easy and captivating reading for me. I found it very thought-provoking and still think about it and what it means to me. I am still turning it over in my mind.

Mackenzie Allen Phillips is a happily married man with four children. During their vacation his youngest is abducted and most likely murdered. Mack enters into his 'Great Sadness'. Four years [after 100 pages] later, Mack is invited to the shack where evidence of his daughter's murder was found. This is where the story gets really captivating!

The story ends happily in spite of the murder at the start. If you want to know about it, you **MUST** read it! I highly recommend it. The library inventory tells me we have two copies available: I think one large print and one standard. I read the large print because I found it first.

SOAR TO SUCCESS

The Wright Way

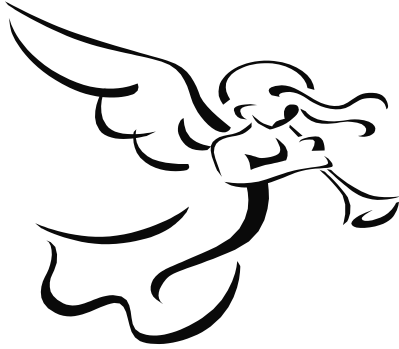
by James Meisner Jr.

I picked up this book due to the subtitle, "The Wright Way". I have been interested in airplanes all my life and especially the Wright Brothers because I lived in Ohio and had relatives with connections to them. I was at the First Flight Centennial and have several biographies of them. I hoped to learn something different. This book was quite different! Where most biographies talked only about the nuts and bolts of their design, this book deals with their mental processes while constructing a *successful* program.

The authors divide the characteristics that led to the Wright's success into twelve parts. They give good detailed descriptions of their methods and how to apply them today. I developed two different opinions of the authors and their business methods. I was disappointed that there was only a small amount of airplane information. At the same time I thought, "Where were you when I was younger and making my way through business?" I sure could have used this information!

In Memoriam

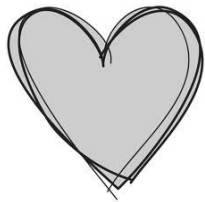
Forever in Our Hearts



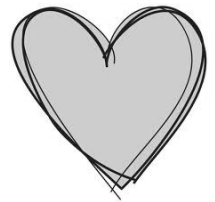
Myrtle Bussey
Herbert Chappell
Robert Colby
Phillip Godwin
Martha Kersey
Bertha Lilly
James Mitchell



Anniversaries



December 19, 1975 Richard and Georgeen Carden
December 19, 1975 John and Gloria Edelin
December 21, 2005 William and Dolores Reinhold
December 21, 1984 Gardner and Gypsy Rollings
December 24, 1953 Thomas and Ann Spain
December 26, 1951 Arthur and Cora Lee Gregory



Notifications

Candlelight Dinner

Tuesday, December 11
Hor'dourves- 4:00 PM– TV Room and Reading Room
Dinner with performance by Ricky Denton– 5:00 PM– Dining Room

Residents Only

Notifications

Weight and Blood Pressure Checks

Please bring your pendants with you.

B– Wing
Monday, December 3
8:00 AM to 1:00 PM
D Wing Recreation Room

C and D – Wing
Wednesday, December 5
8:00 AM to 1:00 PM
D Wing Recreation Room

Village Model Key

Should you wish to enter the Village Model home after hours or on the weekend, the key is located at the Care Center Nurses' Station.

Dementia Support Group for Families

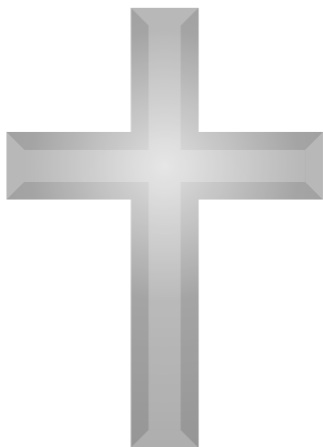
For information, please contact Barbara Jehu at extension 77316.
The group meets 1st and 3rd Tuesdays of each month at 10:30 AM.

Monthly Meeting with Meridian Lodge No. 284

Meridian Lodge No. 284 Monthly Meeting will be held on the
3rd Monday in December in the Multipurpose Room at 12:00 PM.
Meeting is open to ALL Master Masons.

Please come and join us!

Notifications



Annual Christmas Pageant

Thursday, December 13

7:00 PM

Chapel

Tuesday, December 18

3:00 PM

Multipurpose Room



Metropolitan Lodge No. 11 Christmas Party

Friday, December 14

6:30 PM

Dining Room



Champagne Happy Hour

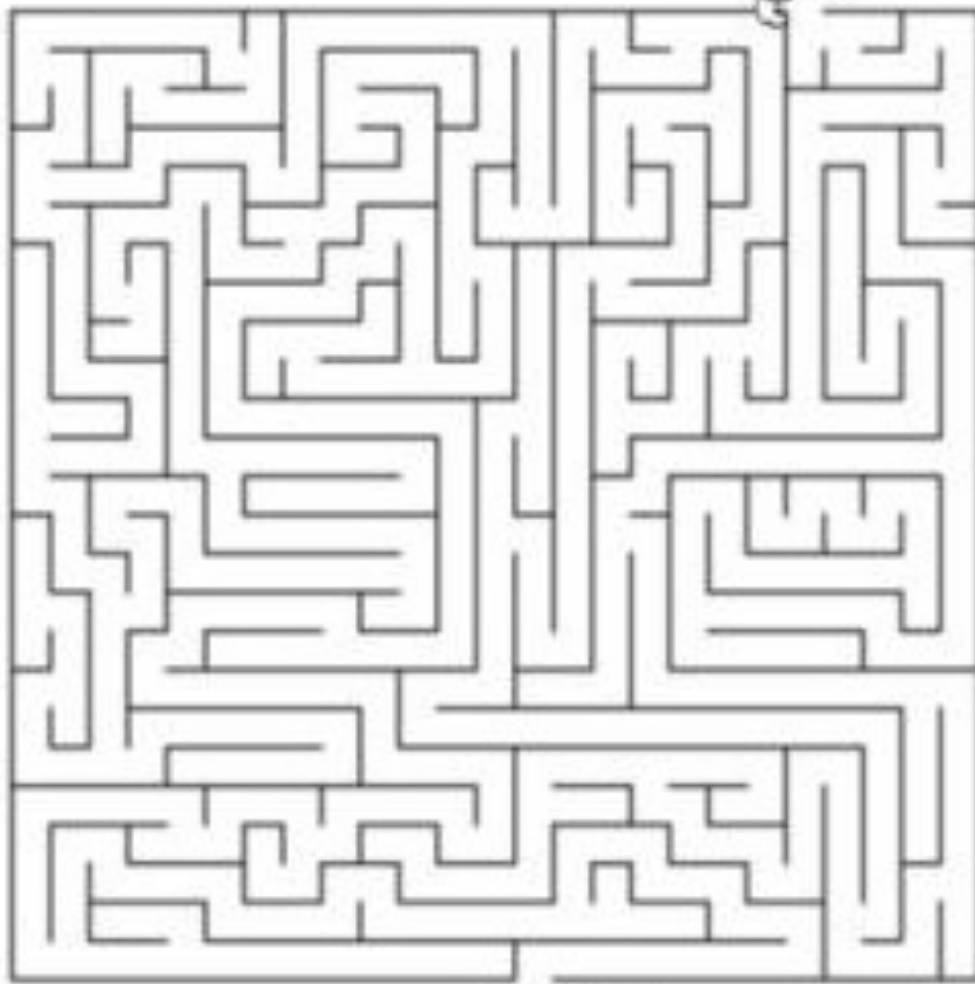
Monday, December 31

3:00 PM

Reading Room

Brain Fitness

Help the elf reach the presents
at the end of the maze.



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Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

12/4	Betty Klotz	12/18	Mary Lee Peroe
12/5	James Herring	12/19	Luvirda Mitchell
12/6	Arthur Gregory	12/24	Nellie Marano
12/6	Helen Wadkins	12/24	Wordell Davis
12/7	Joyce Beninghove	12/25	Norma Klebert
12/8	Roy Lythgoe	12/28	Edward Bowen
12/9	Judith Houchens	12/28	Beatrice Holm
12/15	Pat Wilson	12/31	Gloria Edelin

Employee Birthdays

12/2	Peter Mollica	12/17	Tacara Shuler
12/5	Lachandra Broidy	12/18	Rosa Shabazz
12/7	Tonya Washington	12/18	Rashida Traywick
12/7	Bonnie White	12/18	Dianne Winston
12/8	Beverly Allen	12/19	Dawn Iyoob
12/8	Beverly Fuller	12/21	Sheba Bowman
12/10	Johnetta Bell	12/22	Tiffany Bass
12/12	Penny Allen	12/23	Holly Fiore
12/12	Shyvonne Bagy	12/25	Marlena Jennings
12/12	Mary Corbett	12/27	Janet Jones Jamison
12/15	Jason Roberson	12/27	Mark Mumford
12/15	Cheryl Smith	12/28	Wanda Woody

Welcome New Employees

Jamal Thompson	Environmental Services	PT
Vanessa Billie-Anderson	Food Services	PRN
Ashley Graham	Nursing	PRN
Nicole Jackson	Nursing	PRN
Danielle Battle	Nursing	PRN
Judith Arcuri	Administration	PT
Wanda Woody	Food Services	FT
Michael West	Maintenance	FT
Tacara Shuler	Nursing	FT
Veronica Wilson	Food Services	PRN
Tonya Washington	Receptionist	PRN



Scan this QR image to go to the Masonic Home Website.

Welcome New Residents

Robert Boggs— Manchester Lodge No. 14
Barbara Borkey— Urbanna Lodge No. 83
Phillip Cash— Army and Navy Lodge No. 306

Masonic Home Census -- 204

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