



# MAHOVA

## News

August 2021

## The Value of Friendship

“In the sweetness of friendship let there be laughter, for in the dew of little things the heart finds its morning and is refreshed.” ~Kahlil Gibran

Human beings are social creatures and have always valued the importance of friends in their lives. To celebrate this noble feeling it was deemed fit to have a day dedicated to friends and friendship. Accordingly, the first Sunday of August (this year August 1) was declared as a holiday in the US in honor of friends by a Proclamation made by US Congress in 1935. This beautiful idea of celebrating Friendship Day was joyfully accepted by several other countries across the world as well.

Everywhere, people express love for their friends and cherish their presence in life. And it is always a good idea every single day, not just August 1, to remember their importance.

The value of friendship is immense. Some cherished aspects include the ability to trust and confide in another person. Another benefit of friendship is acceptance for who we are.

Friendships are the basis of our social lives and measures of our happiness.

It is said that ‘a real friend is one who walks in when the rest of the world walks out,’ and among our best friends there is usually that kind of a relationship, it is called ‘loyalty’. We need friends who we can trust and who trust us. Friends have mutual love, care and respect for one another. We need to nurture such friendships.

It is true that some friends just seem to come as a gift. We don’t look for them, we don’t have to work at being friends, at least initially - they just arrive. Even so, as time goes by we need to work at every friendship. Another saying that has become popular is ‘the best vitamin for making friends is B1!’

Friends are not on the take, they are on the give. As one who is yourself a good friend - you will have practiced this too. When so many people put themselves and their interests first it is a real privilege to have friends who don’t. Friends are like a breath of fresh air on a hot stifling day.

We are so fortunate to be a part of this welcoming community of friends that we know as The Masonic Home of Virginia, where we come together often to celebrate life and each other.

“In everyone's life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit.”

Albert Schweitzer

## In This Issue:

**Health Rx**

**Notifications**

**Book Ends**

**Brain Teasers**

**Birthdays**

### Resident Advisory Council

**Peg Davis**

President

**Ray Taylor**

Vice President

**Sandra Young**

Secretary

**Alice Bond and Betty Klotz**

-B Wing

**Tom Kaufman and Jerrell Morton**

—C and D Wing

**Jim Herring— Magnolia Court**

**Steve Bollinger and Peg Davis—  
Village**

# Health

Here's To Your Good Health!



## Medical Alert Bracelet Awareness Month

Are you diabetic? Do you have allergies to medicine?  
Do you require certain life-saving measures in an emergency?

A medical bracelet can tell doctors, nurses and EMTs caring for you what they need to know. A medical ID can save time in diagnosing the reason for the emergency or it can alert medical professionals to any allergies you may have.

In an emergency, you may be unable to speak for yourself, but the bracelet will speak for you, which can make the difference in saving your life.

The MedicAlert Foundation has existed for over sixty years, helping medical professionals to properly care for patients. The MedicAlert website provides information and resources for wearers of medical bracelets, their families and the medical community. The Foundation has affiliates in nine other countries.

MedicAlert also works with the Alzheimers Association, in which they have a national “emergency response service” for individuals with dementia, at risk of becoming lost.

## Notifications

### Resident Council Meeting

Monday, August 2

9:30 AM

Dining Room

### Activities Committee Meeting

Thursday, August 19

3:45 PM

Library

### Advisory Council Meeting

Tuesday, August 17

10:00 AM

Private Dining Room

### Food Committee Meeting

Tuesday, August 17

1:00 PM

Private Dining Room

## Notifications

### In Memoriam



Mary Duncan



## Anniversaries

### ANNIVERSARIES



August 10, 1957 Ed and Fay Bowen  
August 15, 1964 Woody and Peg Davis  
August 17, 1963 John and Joyce Deputy  
August 27, 1960 Gordon and Susan Sprigg



## Have You Heard?

- August 6, 1762, the first-ever sandwich was created, at least with the name. It was named after Earl of Sandwich as he requested a dish with meat between two pieces of bread.
- August 28, 1963, Martin Luther King Jr. gave his famous “I have a dream” speech to 250,000 people on the steps of the Lincoln Memorial in Washington, D. C.
- The birthstone for August is the Peridot. These stones can only be found in two locations; in meteorites or after it is formed deep in the earth then expelled to the surface with lava. It is claimed to have healing powers and provide protection from evil. August has two birth flowers, the gladiolus and the poppy.

## Book Ends

### By Georgeen Carden

Agatha Christie . . . . .

2020 was the 100<sup>th</sup> anniversary of the publication of Agatha Christie's first novel, *The Mysterious Affair at Styles*, the book that introduced Hercule Poirot to the world. Christie went on to become the world's most prolific mystery writer. "The Queen of Crime" was probably best known for *Murder on the Orient Express* that has been made into a movie at least twice and appears from time to time on television.

Never having read a Christie novel, I decided to start at the beginning and read *The Mysterious Affair at Styles*. It is set in England, mostly at an elaborate summer house belonging to the victim. The wealthy, elderly and not well-liked "woman of the house" is poisoned. The family is anxious to prevent a scandal among their social contemporaries and agree to have one of the guests, Arthur Hastings, contact his friend, retired Belgian detective Hercule Poirot, to quietly investigate what the local authorities have determined was murder. Christie's description of Poirot is of a small man, five-foot four-inches and trim, who is impeccably dressed with a carefully trained mustache. His necktie is precisely in the center and his coat carefully brushed. Actually, I think we'd call him OCD. He carefully, methodically does his job, eventually leading Scotland Yard detectives to the killer, whom you will never guess until all is revealed.

Christie was paid £25 for this novel. It had been rejected by six publishers prior to its publication. I suspect that everyone knows the name Hercule Poirot, as well as Miss Marple, who also appears as an unassuming sleuth in several of Christie's mysteries. Her stories are well researched and believably written.

Unfortunately, most of Christies novels are not available in the MAHOVA library. They are easily accessed from the Henrico County Public Library. Library cards are easy to get, as Henrico Library's bookmobile comes to MAHOVA regularly; Contact Rebecca Bollinger for details. If you have a Henrico Library card and an iPad, you can download most of Christie's novels.

Our library does contain *Three Blind Mice and Other Stories*. The title story was turned into a play, and enjoyed a long run as "The Mousetrap". The story revolves around a couple trying to establish a guest- house business. A terrible storm snows them in with their first houseful of clients, and one of them turns out to be a murderer. I can't say much about the story without giving it away. It is engagingly written, easy to read and never boring.

Our library does contain one movie DVD based on a Christie mystery. *Thirteen at Dinner* is an adaptation of the novel *Lord Edgware Dies*, which stars Peter Ustinov, as Poirot, and Faye Dunaway. The Faye Dunaway character wants to divorce her husband, Lord Edgware, but retain his fortune. She hires Poirot to persuade her husband to give her a divorce, and he tells Poirot he has signed the decree. Lord Edgware is mysteriously murdered and Poirot must figure it out, which, of course, he does.

Agatha Christie's life is as interesting as her novels. Born in 1890 in southwest England, to parents whose other children were almost grown, she was raised as an only child. Her American father home-schooled her until his death when she was eleven. She became her mother's close companion. She always worried about their lack of money and began writing in earnest to earn some. Her first marriage to an airplane pilot produced a daughter, but no money. It was her second husband who encouraged her and supported her career. Agatha Christie died in 1976.

## Brain Teaser



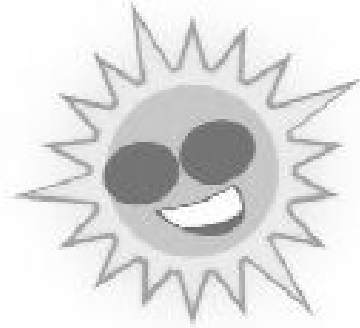
# Summer Holidays



Q E V J R H Y T L Z P F B I K I N G X S  
 W D C S E M A G N S U O S H S K O O B C  
 F A O I C E C R E A M T O V E P I J Z I  
 X N T B K G W L P H R Q E L R U T D R N  
 P O T E L O C S M A N B Y L I M A F E C  
 U M A V R I Z D W J G S R O F Q C X L I  
 C E G N S M O B R I Y N G T N H A S K P  
 H L E P F U E Q D L M C I Z O J V G N W  
 N I O T M R E L A X O M Y L B S N E I D  
 G P K Z R A J K O B H V I W E I Q F R A  
 S T M I X E C Y A N L D H N D V C O P U  
 D K E Q N O F R Z Q A J W A G B A H S G  
 N S L A M G B V E Y C A E X I D M R Z U  
 E J E M H E T C S M F R Q K T A P W T S  
 I D A L C S E I R O M E M R A Y I B N T  
 R H J U Z W T M A K B U I C V L N Q E X  
 F B E G A Z N S T R O P S D U R G L Y M  
 V A K R B X U W Q H S G N I E O N A C L  
 M G Y L U J D P S E N Z B E A C H I F R

August	canoeing	holidays	pool	sprinkler
barbecue	cottage	ice cream	popsicles	strawberries
beach	family	July	puzzles	summer camp
biking	friends	lake	reading	swimming
bonfires	games	lemonade	relax	traveling
books	hammock	memories	road trips	vacation
camping	hiking	picnics	sports	watermelon

# SUMMER WORD SCRAMBLE



1. EALCSSTDNA \_\_\_\_\_
2. PAICGMN \_\_\_\_\_
3. ELVATR \_\_\_\_\_
4. OAANICVT \_\_\_\_\_
5. UYJL \_\_\_\_\_
6. SOSTHR \_\_\_\_\_
7. ESNNCRESU \_\_\_\_\_
8. MSWI \_\_\_\_\_
9. UTASGU \_\_\_\_\_
10. HTO \_\_\_\_\_
11. PYLA \_\_\_\_\_
12. CMERICEA \_\_\_\_\_
13. FNA \_\_\_\_\_
14. ALDSASN \_\_\_\_\_
15. BECAH \_\_\_\_\_
16. TMSIWSUI \_\_\_\_\_
17. EJNU \_\_\_\_\_
18. OLOP \_\_\_\_\_
19. IBNIKI \_\_\_\_\_
20. NSU \_\_\_\_\_

Free Printable Word Scramble

[www.AllFreePrintable.com](http://www.AllFreePrintable.com)

ANSWERS: 1. SANDCASTLE 2. CAMPING 3. TRAVEL 4. VACATION 5. JULY 6. SHORTS 7. SUNSCREEN 8. SWIM  
9. AUGUST 10. HOT 11. PLAY 12. ICE CREAM 13. FAN 14. SANDALS 15. BEACH 16. SWIMSUIT 17. JUNE  
18. POOL 19. BIKINI 20. SUN

# Brain Teaser

## Summer

H	O	T	G	S	U	N	H	F	T
N	E	E	R	Y	E	N	O	R	I
G	R	A	S	S	I	D	S	E	U
H	A	L	O	F	M	Y	U	S	R
O	U	I	E	J	U	L	M	H	F
L	G	A	G	B	R	E	M	V	A
I	U	W	I	U	T	T	E	R	C
D	S	T	L	B	E	Y	L	F	A
A	Y	S	D	F	E	N	O	I	T
E	N	U	J	L	O	W	E	R	S

Find all the words from the word list  
(ignore spaces and dashes):

AUGUST	HOT
BEE	<del>JULY</del>
BUTTERFLY	JUNE
FOLIAGE	MIDSUMMER
FRESH FRUIT	SUN
GREEN GRASS	VACATION
HOLIDAYS	WILDFLOWERS
HONEY	



This is zigzag word search puzzle.  
Words go left, right, up, down, not diagonally, and can bend at a right angle.  
There are no unused letters in the grid, every letter is used only once.

Grid size:  
10 x 10 squares,  
10 x 10 letters,  
90 x 90 mm.

Square size:  
9 x 9 mm.

ANSWER:

S	U	N	M	O	I	I	N	E	
J	I	O	N	I	J	O	S	A	Y
Y	J	A	S	E	I	J	S	O	
S	E	I	J	O	I	M	O	I	
V	A	C	A	T	I	O	N		
F	H	E	E	R	Y	E	N		
E	S	O	A	M	I	O	I		
O	J	S	O	I	S	S	V		
I	O	N	E	A	E	S	N		
I	E	N	E	S	J	O	H		

## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

8/6 Walter Olphin  
8/7 Fay Bowen  
8/7 Evelyn Harding  
8/9 Jean Knapp  
8/10 Dolores Headley  
8/11 Darlene Wilson  
8/14 Dorothy Barrey  
8/16 Oza Bell  
8/16 Jean Colby  
8/17 Frank Perdue  
8/19 Steve Bollinger  
8/20 Marjorie Winter  
8/23 Forrest Garrett  
8/23 Tom Lewis  
8/26 Margaret Barton  
8/27 Russell Talley

## Employee Birthdays

8/2 Peggy Jones  
8/4 Renee Kaufelt  
8/8 Jackie Morton  
8/12 Claudette Rivers  
8/12 Claudette Johnson-Arthur  
8/12 John Crigger  
8/21 Keisha Haggod  
8/25 Ivy Hill, Jr.  
8/27 Robert Adkins

Scan this QR image to go  
to the Masonic Home  
Website.



## Welcome New Residents

**Robert and Jane Harrison**  
Widow's Sons' Lodge No. 60

### Masonic Home Census -- 165

#### The MAHOVA News

A monthly publication of the Masonic Home of Virginia  
500 Masonic Lane  
Henrico, VA 23223  
804-222-1694  
800-262-4644

The MAHOVA News is published monthly for the residents of the Masonic Home of Virginia. Articles in this publication may not be reproduced without permission.

#### **Anne Hagen, CPA, MBA**

Chief Executive Officer

#### **Warren Swanson, CPA, MBA**

Chief Financial Officer

#### **Robert Adkins, LNHA**

Senior Administrator

#### **Kathy Bryant, ALFA**

Assisted Living Administrator

#### **Dr. Danny Felty**

Medical Director

#### **Terry Hilton**

Director of Development

#### **Regina Pettaway, RN**

Director of Nursing

#### **Barbara Ramirez**

Human Resources Director

#### **Mike Butler, Jr.**

Director of Facilities

MAHOVA Editor  
Robyn Massie  
804-222-1694  
Extension 77268