



MAHOVA

August 2020

News

August Birthdays: Mother Teresa

“Joy is a net of love by which you can catch souls.” –
Mother Teresa

Christian missionary Mother Teresa was born Agnes Gonxha Bojaxhiu on August 26, 1910, in Yugoslavia. She felt a calling to help the poor and left home at 18 to join an order of Irish nuns with a mission in Calcutta, India. She received her religious training and took her vows there in the 1930s. She was given the name Teresa in honor of St. Teresa of Avila, a Spanish saint.

One of her first tasks was teaching wealthy girls at private school in Calcutta. She eventually became the principal, but she left in 1946 to work with the poorest of the poor in the city’s slums. She began teaching children how to read and eventually was supervising nine elementary schools. She also expanded her work to include orphans, the dying, and those with leprosy. In 1950, she founded her own order, the Missionaries of Charity, which opened an orphanage. In time, there were establishments in more than 22 Indian cities. In 1979, Mother Teresa was awarded the Nobel Peace Prize “for work undertaken in the struggle to overcome poverty and distress, which constitute a threat to peace.” Her order grew to 4,000 nuns and novices, 400 priests and brothers, and hundreds of thousands of volunteers, working at more than 450 sites around the world. She died at age 87 in 1997.

“Spread love everywhere you go: first of all in your own home...Let no one ever come to you without leaving better and happier. Be the living expression of God’s kindness: kindness in your face, kindness in your eyes, kindness in your smile.” –Mother Teresa

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-B Wing

Tom Kaufman and Jerrell Morton

—C and D Wing

Jim Herring— Magnolia Court

Steve Bollinger and Peg Davis—

Village

Notifications

Blood Pressure and Weight Checks
Room to Room
Wednesday, August 5

Informational packets about Absentee Ballot voting will be distributed mid- August.

Health

Here's To Your Good Health!

Your body temperature rises when outdoor temperatures go up. To maintain a normal comfortable temperature, your body needs to release heat through its pores, so a little perspiration is good. However, excessive sweating can cause dehydration.

Heat Exhaustion occurs when the body is not able to sweat enough to cool itself. Symptoms of exhaustion include dizziness, blurry vision, body temperature above 101 degrees and having difficulty speaking.

Heat stroke is the result of untreated heat exhaustion. Symptoms include, unawareness of heat and thirst, body temperature rapidly rising above 101 degrees, and loss of consciousness and seizure.

Here are some tricks to staying cool:

- Stay hydrated.
- Avoid going outside during the warmest hours of the day, for example, the middle of the day is typically the hottest. Stay in the shade.
 - Protect your skin with sunscreen to avoid burning your skin.
- If you start to feel warm, run your hands under cold water, then place your cool wrists on the back of your neck.
- Dress in breathable clothing. Dresses and skirts are cooler than pants since they allow air to circulate to your skin and heat to waft away. Choose light colored, natural, cotton clothes.
- Place skin-care supplies in the refrigerator before hopping into the shower. Once you're dry, you can smooth the cool products onto your skin.
- Avoid salt, alcohol and caffeine. All of these products dehydrate the body. Caffeine also constricts the blood vessels, which hampers the body's ability to cool itself.
 - Apply a cold compress to your forehead or back of neck.

Book Ends

The RACE

by Richard North Patterson

This novel tells things that political parties and news companies do not want known by the general public. It was enjoyable to follow Senator Corey Grace as he enters the race for the presidential nomination. He is a decorated Gulf War pilot, is handsome, charismatic and does NOT vote the party line. Of course, in my mind Corey deserves the nomination as he hails from the Great State of Ohio! In addition to these things, Corey is romancing a movie star!

Things are interesting enough but the party convention starts and the action steps up about ten paces! FANTASTIC READING!

I guess I will fill the rest of the page with: HUMOR??

One night an elderly couple was watching TV when the husband got up and headed for the kitchen.

“I’m gonna get a dish of ice cream,” He said.

“Get me one too,” the wife replied. “But you better write it down since I want vanilla with chocolate syrup on top.”

“I can remember!” He said.

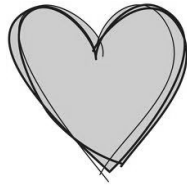
“Write it down anyway,” Was her reply.

He was gone for about 20 minutes and came back with two plates of scrambled eggs.

The wife said, “I told you to write it down! I wanted toast with my eggs!”

Anniversaries

ANNIVERSARIES



August 10, 1957 Ed and Fay Bowen
August 15, 1964 Woody and Peg Davis
August 17, 1963 John and Joyce Deputy
August 17, 1963 Cullen and Sarah Rosen
August 27, 1960 Gordon and Susan Sprigg

Have You Heard?

- August 3, 1852, Harvard University won the first boat race against Yale University. The race was the first American intercollegiate athletic event.
- August 17 is National Black Cat Appreciation Day
- Martin Luther King, Jr., was best known for his famed “I have a dream” speech which was given on August 28, 1963.
- August has two birthstones: peridot and sardonyx. Peridot is one of the oldest known gemstones and is green in color. Sardonyx is a white and brown banded gemstone believed to have mystical powers. The flower for August is the Gladiolus.

Brain Teasers

Unscramble these Masonic Words

Answers on page 8

ERMSFNEAO

SPCMSAO

RRTBHEO

ELDOG

ERSEGE

DCTAIENAD

NPRAO

EELJSW

FORWUHSIPL

RNDAG ODEGL

SEAMTR

LT IAUR

CETDAPCE

CANETNI

Brain Teasers

A K H D C F G E Y O L A N D A G L D J I M S N B O V I C T O R I A
P A P R I L I O C V M I K E R M C F S L T K A R E N U H W J D N K
O B S A S E R E T L I C H W K A Y E D Y E P G A B T K R F V E I F
W F Y E J T G U M M S D N K R E P Y F L R H I S C O T T Y U N O E
M K N B A R B A R A U B P J L H V R I T R O W F U O J Y C M N A Y
C H A P N I F R L R T D B O N N I E O E Y M J Y B S N K E U I W M
R B R S N C O A M T C J A Y N S P G L K I J O H N E T T A C S H M
Y L W O E U H N V H S K A C B H T I G C R E P N E R R A W V M I A
A K D T H S E J F A I M F E V E R N E L L E O B R O A N P J L N T
N P C O R E Y M N U E C B A N E O A R L D J K Y H S T G I G S V F
E U V I R L R A S H I D A F G N H F K R P A F M T H W E S O Y C U
H W I V Y V S B T N A L K J R A M G P J O D I O S E I L U N I T J
D M C I P U N G J K E V I N B U S J V C O B L R J Y K A T E W H A
W T K G S V F C O U C S K T E N A U R F J H E L D I P B M B O V S
R F I O K C R N P K A T H Y B L A A I J T G Y R M U S E W U H A O
N H E N R Y T K A R I L J D O E H N M U C S L V T R B N P E Y D N
M A R Y F B I E V A J E H F S M U I P K O R L W N F T W L R E J V
U B F M C A S D P M A R I L N B E T T Y K I O T R H V G J O A W C
D K B R I A N B O A S E N C L I T A R J U A H T N A M A S P M Y H

Find the staff first names listed below

ROBERT
KATHY
ANNE
BONNIE
MARK
WARREN
TERRY
ANGELA
MARI

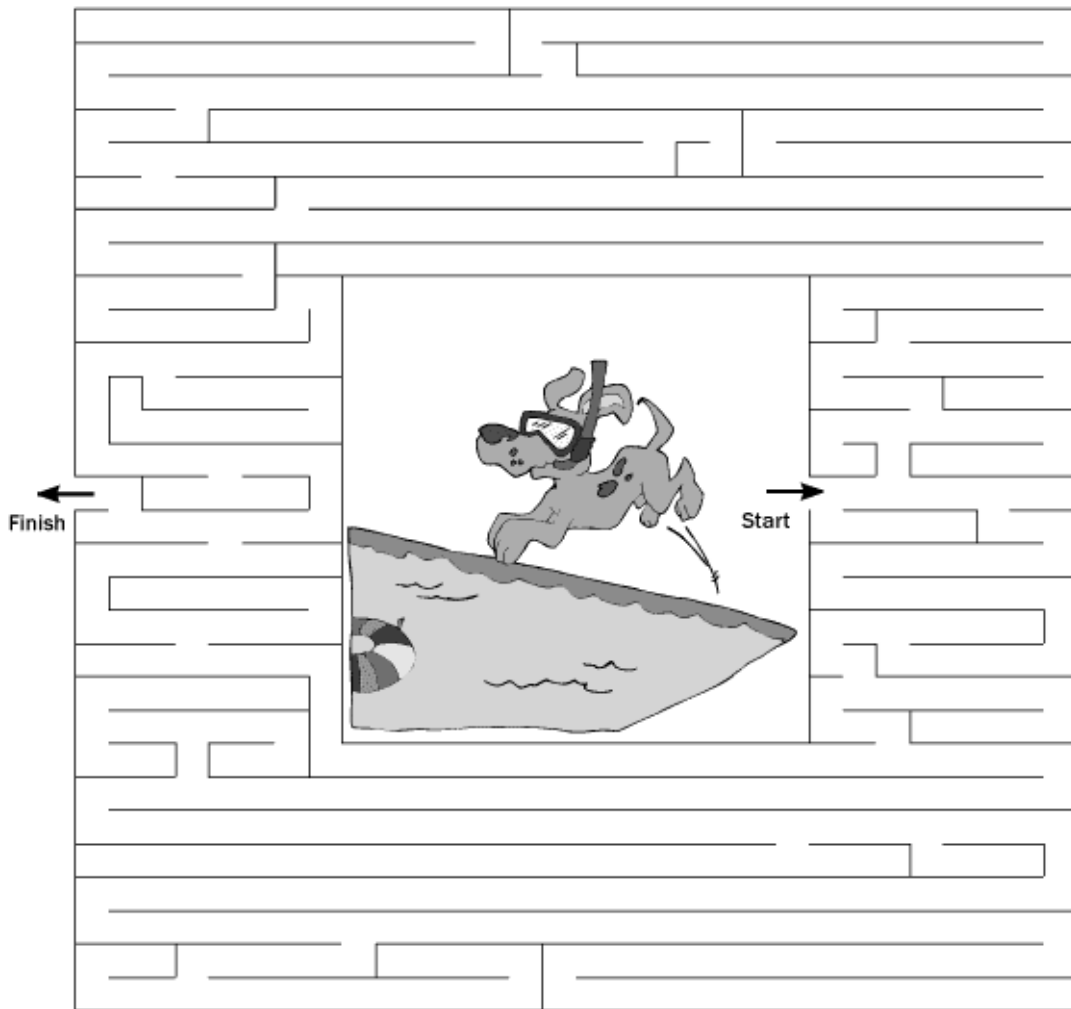
SUSAN
REGINA
BARBARA
MIKE
JASON
SAMANTHA
RASHIDA
DENNIS
APRIL

JODI
VERNELLE
MARY
JUANITA
KAREN
YOLANDA
MARTHA
RYAN
ROSHEY

SCOTT
HOLLY
KEVIN
TAMMY
REUBEN
KAYE
VICKIE
HENRY
BETTY

JOYCE
VICTORIA
IVY
TERESA
EVA
JOHNETTA
SHEENA
BRIAN
COREY

AUGUST



Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

8/4	Elizabeth Goodman	8/16	Jean Colby
8/6	Walter Olphin	8/17	Frank Purdue
8/7	Fay Bowen	8/19	Steve Bollinger
8/7	Evelyn Harding	8/20	Marjorie Winter
8/9	Jean Knapp	8/23	Tom Lewis
8/10	Dolores Headley	8/26	Margaret Barton
8/11	Darlene Wilson	8/27	Russell Talley
8/14	Dorothy Barrey	8/28	Bruce Catron
8/16	Oza Bell		

Scan this QR image to go to the Masonic Home Website.



Masonic Word Scramble

Answers

Freemason
Compass
Brother
Lodge
Degrees
Candidate
Apron
Jewels
Worshipful
Grand Lodge
Master
Ritual
Accepted
Ancient

Masonic Home Census -- 188

Employee Birthdays

8/2	Peggy Jones
8/2	Katie Kitchen
8/3	Lauren Wilkerson
8/4	Renee Kaufelt
8/4	Keyutia Bullock
8/8	Jacqueline Morton
8/12	Claudette Rivers
8/12	Claudette Johnson– Arthur
8/12	John Crigger
8/12	Jade Strong– Tate
8/25	Ivy Hill, Jr.
8/27	Robert Adkins
8/30	Brandie Frazier

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