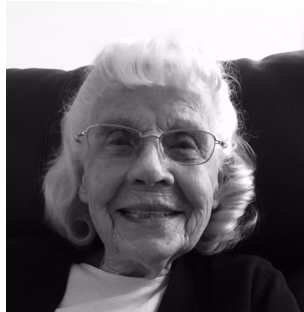


A Heartfelt Memoir and Jewel of Masonic Home History



Masonic Home of Virginia resident Frances Gillie (also known as Frances Jewel Burton) is a woman of many talents. She is a delightful writer, poet, composer, pianist, story teller, and a former massage therapist. Other important roles she has played include mother, wife, and in one of the exciting and funny remembrances in her new memoir: a “runaway” (for a very, very brief time). To learn more about that, and many other charming and hilarious childhood episodes here at “The Home” be sure to acquire a copy of her new book The Place Called Home – Memories of a Freemason’s Child which is in the process of being reprinted after selling out of her first print run!

Frances first came to live at the Masonic Home at the age of 5 in 1930, and left in 1944 at age 19 to go to nursing school. She was happy to return here in her retirement, many years later (2012) to live again in a much changed and expanded community. For years she had been entertaining her children (and other lucky folks) with the exciting tales and adventures of this special place, and of being one of the 839 children who were raised, sustained, and nourished here by Freemasons. Her youngest daughter convinced her to put pen to paper, to make this heartfelt and entertaining history available to all. It is a marvelous document of a place and time, filled with sharp anecdotes and humor, rich selections of poetry, and many photographs that give us a wonderful glimpse into what our current Masonic Home once was. It’s a charming memoir that only our creative, funny, and loving friend Frances could write.

“When writing about the Masonic Home, I found myself back in the heart of childhood, where memories of laughing and playing ran faster than a network of trains through my mind. This book is a sincere expression of gratitude to the Masonic Home for allowing me to live in such a unique place while nurturing and preparing me for life.” –Frances Jewel Burton (Gillie)

Mark your calendars: There will be a special book release program featuring Frances and The Place Called Home on Thursday, September 12, at 2:30 pm in the TV Room. Bring your questions and money, as books will be available to purchase for \$20. Also, be sure to get your copy autographed!

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Resident Advisory Council

Paula Swansey

President

Peg Davis

Vice President

Steve Bollinger

Secretary

Mildred Johnson and Alice

Bond-B Wing

Tom Kaufman—C and D Wing

Jim Herring—Magnolia Court

Peg Davis—Village

Health

Here's To Your Good Health!

Top Benefits of Using a Rowing Machine

1. Effective aerobic exercise which includes weight loss, increased stamina and a stronger immune system.
2. Weight loss. A rowing machine can help you burn calories, tone muscles and give you increased energy.
3. Upper-body workout. Rowing targets the shoulders, upper back and lower back.
4. Lower-body workout. Rowing targets the thighs, calves and glutes.
5. Low-impact cardio meaning it puts less stress on your joints.
6. Increased endurance. Long term benefits increase your endurance and give you more energy.
7. Easy to use. Rowers are relatively simple to learn and ideal for all ages.
8. It's Fun!

Have You Heard?

August was named to honor the first Roman emperor, Augustus Caesar, who lengthened the month to 31 days by taking a day from February. The birthstone for August is Peridot which symbolizes fame, dignity, and protection. The birth flower is gladiolus or poppy.

Program Highlights

Resident Council Meeting

Monday, August 5
9:30 AM
Dining Room

Activities Committee Meeting

Thursday, August 15
3:45 PM
Library

Advisory Council Meeting

Tuesday, August 20
10:00 AM
Private Dining Room

**No Food Committee
Meeting in August**

Program Highlights

Friday, August 2	2:30 PM	TV Room	Popcorn Social
Tuesday, August 6	1:00 PM	Reading Room	Check out a book from the Bookmobile– Henrico Library.
Thursday, August 8	10:00 AM	Gallery	Coffee and donuts from Country Style Donuts
Friday, August 9	2:30 PM	TV Room	Exercise with Sharon
Monday, August 12	5:00 PM	TV Room	Root Beer Floats
Friday, August 16	5:00 PM	Multipurpose Room	Dinner and a Movie Sponsored by Daylight Lodge No 58
Saturday, August 17	2:00 PM	Dining Room	Ice Cream Social hosted by the Scottish Rite Women’s Club
Monday, August 19	2:30 PM	TV Room	Card Social
Tuesday, August 20	2:00 PM	Multipurpose Room	Classic Movie Matinee
Friday, August 23	2:30 PM	Dining Room	Watermelon Social
Monday, August 26	1:30 PM	TV Room	Morrison’s Teaching Kitchen
Tuesday, August 27	3:00 PM	Library	Book Club Meeting
Thursday, August 29	2:00 PM	Dining Room	Town Hall Meeting with Jim Cole
Friday, August 30	3:00 PM	Reading Room	Bow Tie Happy Hour

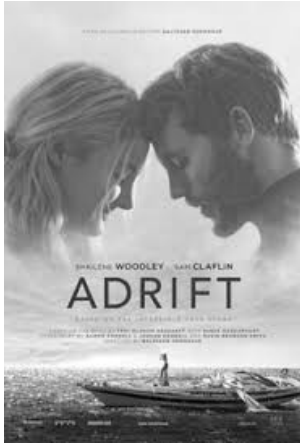
Entertainment

Monday, August 1 2:30 PM TV Room	Performance by Patsy Butler
Friday, August 2 7:00 PM TV Room	Clowns of America Visit
Saturday, August 3 1:30 PM TV Room	Gospel and country performance by Nikki Headley
Tuesday, August 6 2:30 PM TV Room	Performance by Jan Kessler on the piano
Thursday, August 8 2:30 PM TV Room	Performance by Bill Bottoms
Friday, August 9 6:30 PM Dining Room	Vocal and keyboard golden oldies performance by Craig Anders
Saturday, August 10 2:00 PM TV Room	Vocal performance by Denim and Lace
Friday, August 16 2:30 PM TV Room	Vocal performance by Daneyelle from Healing Sounds Music Therapy
Thursday, August 22 2:30 PM TV Room	Saxophone performance by David Hall
Friday, August 23 6:30 PM TV Room	Karaoke with Nancy Lee Martin
Saturday, August 31 2:30 PM TV Room	Golden oldies guitar and vocal performance by Tommy Custalow

Movies

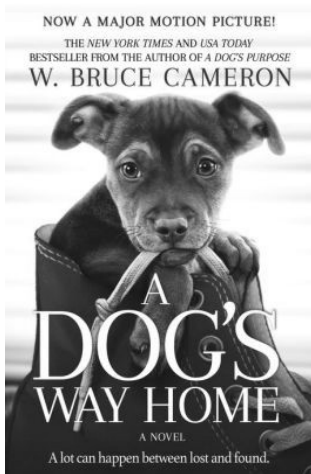


Channel 5.1 and TV Room
6:00 PM



Monday, August 5 “Adrift”

Based on a true story, a young couple unknowingly sail into one of history’s most catastrophic hurricanes.



Monday, August 19 “A Dog’s Way Home”

Based on a NY Times and USA Today bestselling book about a dog that gets separated from her owner and its journey back to her what she considers home.



Friday, August 30 “Mary Poppins Returns”

Decades after her original visit, Mary returns to help the Bank’s children through a difficult time in their lives.

Trips and Outings

Shopping Schedule

August 7 White Oak Village
 August 14 Dollar Tree
 August 21 Walmart
 August 28 White Oak Village



Monday August 5 11:15 AM	Lunch at Peking Restaurant
Tuesday, August 6 11:15 AM	Lunch at Ruby Tuesdays
Thursday, August 8 6:00 PM	Dorey Park Bluegrass Jam Coffeehouse
Monday, August 12 11:15 AM	Lunch at McDonald's
Tuesday, August 13 12:30 PM	Tour of Historic Pole Green Church in Mechanicsville
Thursday, August 15 11:15 AM	Lunch at a Thai Restaurant
Tuesday, August 20 11:15 AM	Lunch at Portabella Restaurant
Thursday, August 22 10:30 AM	Bowling and Lunch at AMF bowling
Monday, August 26 4:45 PM	Dinner at Calabash Restaurant
Tuesday, August 27 11:15 AM	Try your luck at Rosie's Casino in New Kent

Book Ends

By Richard Neiswander

AUGUST

The hottest part of the summer. Great for being retired and being able to do nothing in the shade of the big tree. **PROBLEM:** When you are doing nothing - how do you know when you have finished? Some times it takes me an hour or more to find out!

THE VETERAN

by Frederick Forsythe

I'm not sure why I picked this book up, but I found something unusual. Instead of one story I found 5! **THE VETERAN**, **THE ART of MATTER**, **THE MIRACLE**, **THE CITIZEN** and **WHISPERING WIND**. I enjoyed each and every one! Of course I enjoy reading - - so? They cover an art scam in London, the sole survivor of Custer's Last Stand, a drug smuggling heist, the persecution of a 16th century nun and more. Hope you enjoy them as much as I did!

HOT SIX

a Stephanie Plum Novel

by Janet Evanovich

I noticed that this was one of a series so I looked further into it. It was excellent. Stephanie Plum is a self-employed bounty hunter in Trenton NJ. [Who sets a novel in Trenton?] She mostly works for Vinnie, a bonding agent, bringing to justice bonded people who fail to appear for a court date. She also works with Joe Morelli and Ranger. Joe is a Trenton cop and Ranger is former special forces who is now a soldier of fortune. Stephanie brings in a couple of people, helps Joe, and also is supposed to be looking for Ranger as a suspect. He visits her apartment but -

This story is hard to write about as Steph moves through several different criminal activities at the same time. I had no trouble following the story's parts until I tried to write about it. I decided to skip any of the story details and just recommend it as one that easily occupied my attention.

PAWING THROUGH THE PAST

A Mrs. Murphy Mystery

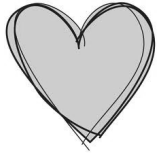
by Rita Mae Brown & Sneaky Pie Brown

When I noticed the dust jacket on this book, I just *had* to read it! After all, my live-in female companion would not like it if she found out that I turned it down! [Her name is Smokie and she is feline, just like Mrs. Murphy.] I had some trouble at the start of the book but I soon learned to how to separate the conversation between animals from the conversation of humans. Another thing I enjoyed: the story takes place in Crozet, VA!

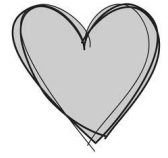
The story starts with the pet's human working on a 20th high school reunion. All to soon, [as with most murder mysteries] one of the classmates is murdered with a single gun shot to the middle of the forehead. It is followed by another and by then three classmates meet their doom.

O course, the three pets, Mrs. Murphy, Pewter and Tee Tucker follow things all the way. Near the end, they do save Harry's life. Of course 'Harry' is Mary Minor Haristeen.

Anniversaries



August 10, 1957 Ed and Fay Bowen
August 15, 1964 Woody and Peg Davis
August 17, 1963 John and Joyce Deputy
August 27, 1960 Gordon and Susan Sprigg
August 28, 1980 Bernard and Mildred Colgin



Notifications

Sponsored Events

Dinner and a Movie

Sponsored by Daylight Lodge No. 58
Friday, August 16

Mahova Library

We have began looking at our DVD inventory and there are a significant amount of disks missing and cases returned empty. Please check your unit and return any disks you may have to the Library. Videos may not be available for borrowing if this issue continues to occur.

Notifications

Weight and Blood Pressure Checks

Please bring your pendants with you.

B– Wing
Thursday, August 1
8:00 AM to 1:00 PM
D Wing Recreation Room

C and D – Wing
Friday, August 2
8:00 AM to 1:00 PM
D Wing Recreation Room

Monthly Meeting with Meridian Lodge No. 284

Meridian Lodge No. 284 Monthly Meeting will be held on the
4th Monday in the Multipurpose Room at 12:00 PM.

Meeting is open to ALL Master Masons.

Please come and join us!

Teaching Kitchen

Monday, August 26

1:30 PM

TV Room

Sign-up required to reserve a seat

Gourmet Dinner

Wednesday, August 21

7:00 PM

Private Dining Room

Sign-up sheet and menu will be posted at the Activity sign-up table on
Thursday, August 1, and collected on Wednesday, August 14. \$14.99 per resident.

Notifications

King and Queen Voting

Please vote for your 2019-2020 Masonic Home King and Queen in the Gallery

Monday, August 12 at 3:00 PM
Thursday, August 15 at 4:00 PM
Tuesday, August 20 at 11:00 AM

Ice Cream Social with Scottish Rite Women's Club

Saturday, August 17
2:00 PM
Dining Room

Town Hall Meeting with Jim Cole

Thursday, August 29
2:00 PM
Dining Room

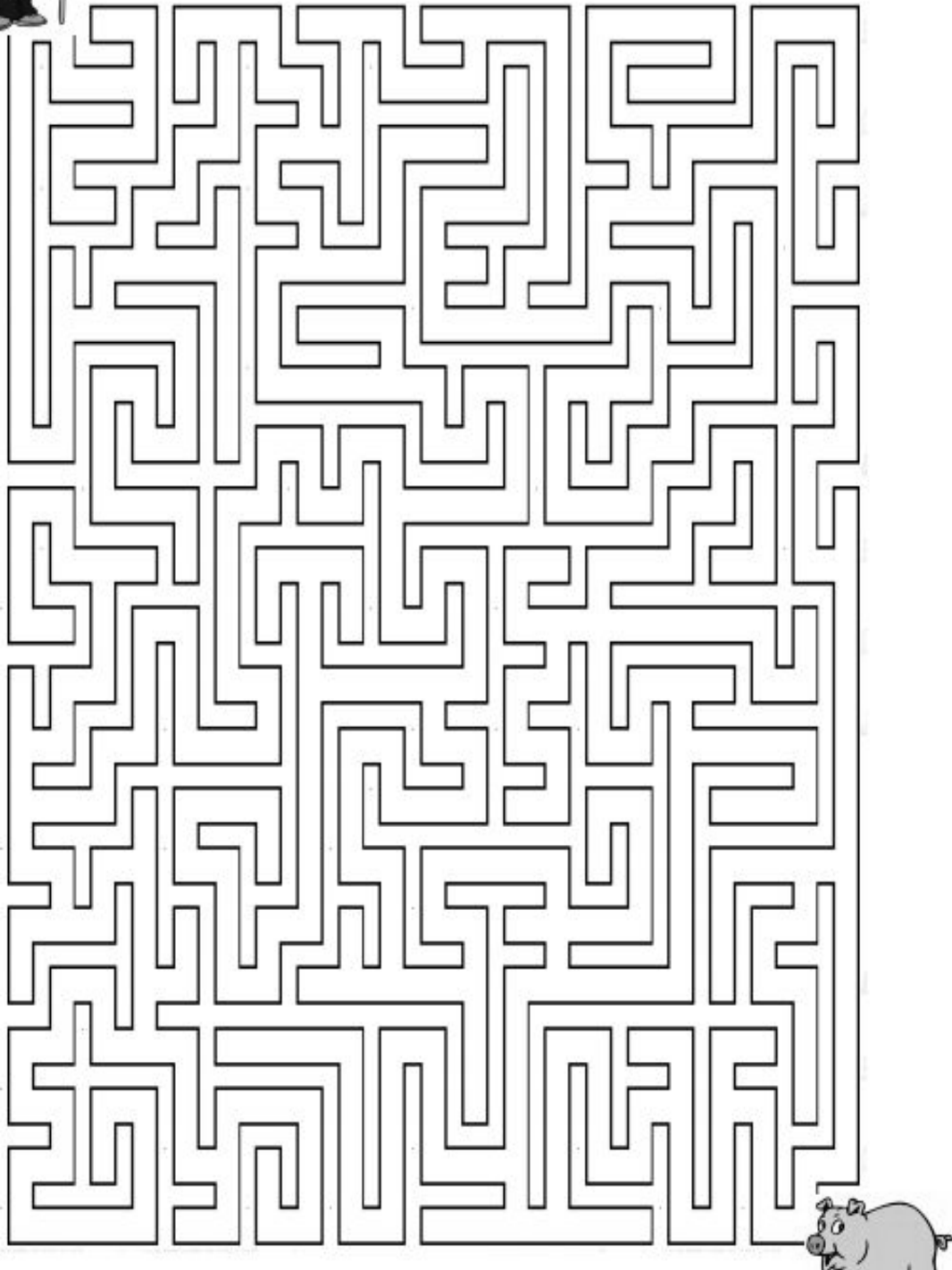
Bowtie Happy Hour

Wear your best bowtie and enjoy a cocktail.

Friday, August 30
3:00 PM
Reading Room



Help the Farmer find his pig



Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

8/4	Elizabeth Goodman	8/17	William Perdue
8/6	Walter Olphin	8/19	Steve Bollinger
8/7	Fay Bowen	8/20	Marjorie Winter
8/7	Evelyn Harding	8/23	Clarence Lewis
8/10	Dolores Headley	8/24	Virginia Yeatts
8/11	Linda Wilson	8/26	Margaret Barton
8/16	Oza Bell	8/27	Russell Talley, Sr.
8/16	Jean Colby	8/28	Bruce Catron

Scan this QR image to go to the Masonic Home Website.



Welcome New Residents

Carl Whittington— Blandford Lodge No. 3

Employee Birthdays

8/1	Lilliean Wheeler	8/12	John Crigger
8/2	Katie Kitchen	8/12	Claudette Johnson-Arthur
8/3	Lauren Wilkerson	8/12	Claudette Rivers
8/4	Keyutia Bullock	8/16	Latonia Ramseur
8/4	Renee Kaufelt	8/19	Logan Fox-Gray
8/7	Joyce Carter	8/25	Ivy Hill, Jr.
8/8	Jacqueline Morton	8/27	Robert Adkins

Welcome New Employees

Tonya Fountain	Food Services	PRN
Ethelmae Jones	Nursing	PRN
Donna Smith	Food Services	FT
Yvonne Smith	Food Services	PRN
Taeshan Williams	Food Services	PRN
Yvette Williams	Nursing	PRN
Semiko Wyatt	Food Services	PRN

Masonic Home Census -- 195

The MAHOVA News

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James D. Cole, CPA

Chief Executive Officer

Anne Hagen, CPA

Vice President, Chief Financial Officer

Robert Adkins, LNHA

Senior Administrator

Kathy Bryant, LALA

Assisted Living Administrator

Dr. Danny Felty

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Director of Finance

Terry Hilton

Development Officer

Regina Pettaway, RN

Director of Nursing

Barbara Ramirez

Human Resources Director

Mike Butler, Jr.

Director of Facilities

MAHOVA Editor
Robyn Massie
804-222-1694
Extension 77268

MAHOVA Copy Editor
Mildred Ammons