

# April 2024 MAHOVA

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# Daffodils

I wandered lonely as a cloud That floats on high o'er vales and hills, When all at once I saw a crowd, A host, of golden daffodils; Beside the lake, beneath the trees, Fluttering and dancing in the breeze.

Continuous as the stars that shine And twinkle on the milky way, They stretched in never-ending line Along the margin of a bay: Ten thousand saw I at a glance, Tossing their heads in sprightly dance.

The waves beside them danced; but they Out-did the sparkling waves in glee: A poet could not but be gay, In such a jocund company: I gazed--and gazed--but little thought What wealth the show to me had brought;

For oft, when on my couch I lie In vacant or in pensive mood, They flash upon that inward eye Which is the bliss of solitude; And then my heart with pleasure fills, And dances with the daffodils.

William Wordsworth

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#### Resident Advisory Council

Peg Davis
President
President
Ray Taylor
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Elizabeth Jones and Ray
Taylor- B Wing
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C and D Wings
Steve Bollinger and Steve
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#### **Health Rx** Here's To Your Good Health! THE BENEFITS OF READING BOOKS "A book is like exercises your brain provides knowledge a garden carried and information In the pocket." (Chinese Proverb) books are a good topic of conversation reduces stress, better writing skills puts you in a better mood great and free improves entertainment concentration and focus enriches the language and vocabulary turtledove Correlation decadence confabulation develops confused a hermeneutic creativity isalliance procrastinati

books pose questions to stimulate further reflection books are a window to the world

> increases your ability to empathize with others

Bood

for memory

# **Book Ends**

#### April's Most Anticipated Books

#### The Familiar by Leigh Bardugo

Genre: Historical Fiction

Release date: April 9, 2024

Plot: In a shabby house, on a shabby street, in the new capital of Madrid, Luzia Cotado uses scraps of magic to get through her days of endless toil as a scullion. But when her scheming mistress discovers the lump of a servant cowering in the kitchen is actually hiding a talent for little miracles, she demands Luzia use those gifts to improve the family's social position.

Determined to seize this one chance to better her fortunes, Luzia plunges into a world of seers and alchemists, holy men and hucksters, where the lines between magic, science, and fraud are never certain. But as her notoriety grows, so does the danger that her Jewish blood will doom her to the Inquisition's wrath. She will have to use every bit of her wit and will to survive—even if that means enlisting the help of Guillén Santángel, an embittered immortal familiar whose own secrets could prove deadly for them both.

#### Did I Ever Tell You?: A Memoir by Genevieve Kingston

Genre: Memoir Release date: April 16, 2024

Plot: Genevieve (Gwen) Kingston was just eleven years old when her mother passed away, leaving behind a chest filled with gifts and letters to celebrate the milestones of Gwen's life and each of her birthdays until age thirty.

When *Did I Ever Tell You?* opens, just three packages remain: engagement, marriage, and first baby. Tracing Gwen's coming-of-age, the book reveals a treasure hunt, with each gift and letter unveiling more about her mother, her family, and—ultimately—herself.

#### Knife:Meditations After an Attempted Murder by Salman Rushdie

Genre: Memoir Release date: April 16, 2024

Plot: Speaking out for the first time, and in unforgettable detail, about the traumatic events of August 12, 2022, Salman Rushdie answers violence with art, and reminds us of the power of words to make sense of the unthinkable. *Knife* is a gripping, intimate, and ultimately life-affirming meditation on life, loss, love, art—and finding the strength to stand up again.

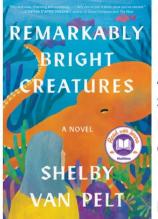
#### <u>The Demon of Unrest: A Sage of Hubris, Heartbreak and Heroism at the Dawn of the Civil</u> <u>War</u> by Erik Larson

Genre: Civil War Biography

Release date: April 30, 2024

Plot: On November 6, 1860, Abraham Lincoln became the fluky victor in a tight race for president. The country was bitterly at odds; Southern extremists were moving ever closer to destroying the Union, with one state after another seceding and Lincoln powerless to stop them. Slavery fueled the conflict, but somehow the passions of North and South came to focus on a lonely federal fortress in Charleston Harbor: Fort Sumter.

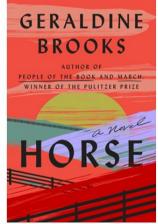
### 2024 Masonic Book Club Titles (April—June)



#### Remarkably Bright Creatures by Shelby Van Pelt

After her husband dies, widow Tova Sullivan starts working at the Sowell Bay Aquariuam, where she forms a special bond with a giant Pacific octopus who holds the key solving the mysterious disappearance of her 18-year-old son, Erik, over thirty years ago.

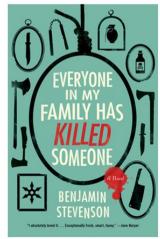
Meets Monday, April 8 @ 3pm in the A-Wing Conference Room



#### Horse by Geraldine Brooks

A scientist from Australia and a Nigerian-American art historian become connected by their shared interest in a 19th century race horse, one studying its remains, the other uncovering the history of the Black horsemen who were critical to its success.

Meets Monday, May 13 @ 3pm in the A-Wing Conference Room



#### **Everyone In My Family Has Killed Someone** by Benjamin Stevenson

A self-published author of crime novel writing guides attends a reunion with his family of expert killers and investigates when a body is found outside in the snow as another storm approaches.

Meets Monday, June 10 @ 3pm in the A-Wing Conference Room

April 18, 1953 Theodore & Beatrice Holm



The MAHOVA gift shop has short sleeve MAHOVA shirts for sale. All new colors and performance wicking material for summer! \$25.00/per men's or women's shirt Gift shop is open Wednesday and Friday from 1:00 to 2:30 p.m.

Looking Ahead

Save the date for:

Mother's Day Dance on May 9 Ambassador's Conference on May 11 Annual Carnival on May 16

#### Announcements



To All of our MAHOVA Associates:

At our MAHOVA community we take great pride to be in service of Virginia Masons and their families and this visible pride is demonstrated every day by our community associates and reflected through the happiness of our valued residents.

As an organization, MAHOVA will continue to evolve to meet the ever-changing needs of our residents, our associates and our service mission and I am very excited to announce some important organizational changes that are designed to help our community today and well into the future.

Please welcome **Ann Meeks** as our newly appointed Chief Human Resources Officer. Ann has been a valued MAHOVA team member for just over two years and has helped shepherd our Human Resources support to address the requirements of today's workforce. Ann will spearhead a number of initiatives to advance our Human Resource efforts to meet the needs of an ever-changing workforce while staying true to our MAHOVA mission.

With nearly 12 years of dedicated service to the residents and family members of MAHOVA, **Robert Adkins** has been promoted to Vice President of Operations for the MAHOVA community operations. Robert will spearhead a large number of revised and new initiatives to help grow our resident population and to meet the evolving needs of our resident population today and well into the future.

We are very pleased that **Angela Pisano** has accepted the position of Director of Communications for the entire MAHOVA organization. Angela is approaching her 13<sup>th</sup> year as a valued associate of our community and will be responsible for a plethora of duties that includes coordinating meetings, travel and presentations for our Board of Governors along with 'Chief of Staff' duties. We are so happy to welcome Angela as our newest Director.

We have also happily promoted **Deja Holmes** as our new Human Resources Coordinator. Deja has worked along the side of Ann Meeks and Kristi DeRyder for more than two years at MAHOVA and has provided valuable, and I might add, cheerful impact and input for a number of programs for the benefit of our community associates. Deja has proven to provide positive support for our team members and we are very pleased that she has accepted her new duties.

We look forward to this team of associates to continue to make a positive impact for the benefit of our fine MAHOVA residents, their families and out team members.

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#### Cranium Corner





Movies start at approximately 6 PM. Channel 5.1 and TV Room

#### **Evening - Monday, April 1**

A drama exploring the romantic past and emotional present of Ann Lord and her daughters, Constance Haverford and Nina Mars. As Ann lays dying, she remembers, and is moved to convey to her daughters, the defining moments in her life fifty years ago, when she was a young woman. Harris Arden is the man Ann loves in the 1950s and never forgets. Released: 2007. 1 hour 57 minutes. Rated PG-13. Starring: Claire Danes, Toni Collette, Vanessa Redgrave and Meryl Streep

#### The Bells of St. Mary's - Friday, April 5

Father O'Malley, the unconventional priest from "Going My Way," continues his work for the Catholic Church. This time he is sent to St. Mary's, a run-down parochial school on the verge of condemnation. He and Sister Benedict work together in an attempt to save the school, though their differing methods often lead to good-natured disagreements. Released: 1945. 2 hours 6 minutes. Not Rated. Starring: Bing Crosby and Ingrid Bergman

#### Journey to the Center of the Earth - Monday, April 8

On a hunch to find the center of the earth, Trevor Anderson, his nephew and their tour guide make a breakthrough discovery that launches them on a thrilling journey into the unknown. On a scramble to find their way back, the group travels through a never-before-seen world, encountering creatures and objects never imagined. Released 2008. 1 hour 33 minutes. Rated PG. Starring: Brendan Fraser, Josh Hutcherson, and Anita Briem



#### **April Movies**

Movies start at approximately 6 PM. Channel 5.1 and TV Room

#### The King's Speech - Friday, April 12

Britain's Prince Albert must ascend the throne as King George VI, but he has a speech impediment. Knowing that the country needs her husband to be able to communicate effectively, Elizabeth hires Lionel Logue, an Australian actor and speech therapist, to help him overcome his stammer. An extraordinary friendship develops between the two men, as Logue uses unconventional means to teach the monarch how to speak with confidence. Released 2010. 1 hour 58 minutes. Rated R. Starring: Colin Firth, Geoffrey Rush, and Helena Bonham Carter

#### The Adventures of Greyfriars Bobby - Monday, April 15

Bobby, a brave Skye Terrier, becomes local legend when it refuses to leave his master's grave after he dies. The townsfolk feed the dog until local authorities ban strays. The kids decide to help Bobby defy the law. Released 2005. 1 hour 44 minutes. Rated PG. Starring: James Cosmo, Suzanne Dance, and Ron Donachie

#### **Quartet - Friday, April 19 (Dinner and a Movie)**

Cissy, Reggie, and Wilf are in a home for retired musicians. Every year, on October 10, there is a concert to celebrate Composer Giuseppe Verdi's birthday and they take part. Jean, who used to be married to Reggie, arrives at the home and disrupts their equilibrium. She still acts like a diva, but she refuses to sing. Released 2012. 1 hour 38 minutes. Rated PG-13. Starring: Pauline Collins, Tom Courtenay, and Maggie Smith



Movies start at approximately 6 PM. Channel 5.1 and TV Room

#### **Gran Torino - Monday, April 22**

Walt Kowalski is a widower who holds onto his prejudices despite the changes in his Michigan neighborhood and the world around him. Kowalski is a grumpy, tough-minded, unhappy old man who can't get along with either his kids or his neighbors. He is a Korean War veteran whose prize possession is a 1972 Gran Torino he keeps in mint condition. When his neighbor Thao Lor, a young Hmong teenager under pressure from his gang member cousin, tries to steal his Gran Torino, Kowalski sets out to reform the youth. Drawn against his will into the life of Thao's family, Kowalski is soon taking steps to protect them from the gangs that infest their neighborhood. Released 2008. 1 hour 56 minutes. Rated R. Starring: Clint Eastwood and Bee Vang

#### Something's Gotta Give - Friday, April 26

Harry Sanborn is an aged music industry exec with a fondness for younger women like Marin, his latest trophy girlfriend. Things get a little awkward when Harry suffers a heart attack t the home of Marin's mother Erica. Left in the care of Erica and his doctor, a love triangle starts to take shape. Released 2003. 2 hours 8 minutes. Rated PG-13. Starring: Jack Nicholson and Diane Keaton

#### Dancing at Lughnasa - Monday, April 29

A young boy tells the story of growing up in a fatherless home with his unmarried mother and four spinster aunts in 1930s Ireland. Five women different in temperament and capability from one another form a firm emotional support system for one another, with the eldest assuming the role of "somewhat meddling" overseer. Into this comes their elderly brother, a priest too senile to perform his clerical functions who has "come home to die" after a lifetime in Africa. Then the boy's father rides up on a motorcycle--to announce that he's on his way to Spain to fight against Franco. Although undeniably affected by the presence of the two men, the sisters continue to cope as a close-knit unit until something happens that disrupts the fabric of that cohesiveness beyond repair. Released 1998. 1 hour 35 minutes. Rated PG-13. Starring: Meryl Streep, Michael Gambon and Kathy Burke

## Upcoming EventsNot To Miss Passport Dinners

We will be celebrating a different country for the next 12 weeks (or so) of winter. These 12 weeks will be filled with culturally appropriate activities, information and puzzles pertaining to the highlighted region.

Next stop on our travels will be **Greece**.



A meal ticket is required if you are not on the meal plan. Menus for the themed dinner will be released in advance so you can determine if you wish to participate.

#### 

#### **Fun Facts About Ancient Greece**

- Cheesecake was invented in Ancient Greece. Ancient Greek cheesecakes were made out of flour, wheat, honey and of course cheese! These cheesy delicacies were used in wedding traditions and were even given to competitors in the Olympics for energy.
- So were vending machines. Cheesecake wasn't the only revolutionary invention the Ancient Greeks came up with. A little different to what you use today the first vending machine dispensed holy water, not chocolate bars. The coin-operated device ensured that worshippers received only their allotted amount of holy water in the absence of a priest.

#### Volunteer Fair

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Are you interested in volunteering at the Home? There are many opportunities available to you. Please join us to learn more!



Wednesday, April 24 2:00 PM to 4:00 PM Reading Room

#### **Resident Birthdays**

# Scan this QR image to go to the Masonic Home Website

Happy Birthday to the following residents who celebrate their birthdays:

04/01 Frances Gillie 04/01 Nancy Lee Martin 04/02 Walter Davis 04/02 Ann Hobson

04/04 John Carpenter 04/08 Thomas Kaufman 04/09 Shirley Robinson 04/12 Marcella Campbell 04/12 Jane Harrison 04/16 Elizabeth Jones 04/18 Leta Shannon 04/20 Kenneth Lorente 04/24 Tom Montgomery 04/26 Peggy Roberts



#### **Employee Birthdays**

04/04 Aceya Johnson

- 04/05 Pattie Epps
- 04/05 Tammy Walker
- 04/08 Wendy Connor
- 04/08 Vickie Jones
- 04/09 Juanita Oliver
- 04/10 Monica Sankoh
- 04/11 Elvira Orozco
- 04/14 Theresa Brown
- 04/19 Michael Jones
- 04/23 Sherica Miller
- 04/26 Genie Smith
- 04/30 Dyshonn Simms

Masonic Home Census: 165

#### MAHOVA - Your Masonic Community 500 Masonic Lane Henrico, VA 23223 804-222-1694

The MAHOVA News is published monthly for the residents of Mahova. Articles in this publication may not be reproduced without permission.

**Randy P. Smith** Chief Executive Officer Tracy Coogle, CPA Chief Financial Officer **Robert Adkins, LNHA** Vice President of Operations Kathy Bryant, ALFA Assisted Living Administrator **Dr. Danny Felty** Medical Director **Daniel Thomas** Director of Nursing **Terry Hilton** Director of Development Ann Meeks Chief Human Resources Officer Mike Butler, Jr. **Director of Facilities** 

MAHOVA Copy Editor Joyce Deputy