



# MAHOVA

## April 2021

# News

## Foolin' for Fun

On April 1, 1700, English pranksters began popularizing the annual tradition of April Fools' Day by playing practical jokes on each other. Although the day, also called All Fools' Day, has been celebrated for several centuries by different culture, its exact origins remain a mystery. Some historians speculate that April Fools' Day dates back to 1582, when France switched from the Julian calendar to the Gregorian calendar, as called for the Council of Trent in 1563. People who were slow to get the news, or failed to recognize that the start of the New Year had moved to January 1, continued to celebrate it during the last week of March through April 1 and became the butt of jokes and hoaxes. These included having paper fish placed on their backs and being referred to as "poisson d'avril" (April fish), said to symbolize a young, easily caught fish and a gullible person.

Historians have also linked April Fools' Day to ancient festivals such as Hilaria, which was celebrated in Rome at the end of March and involved people dressing up in disguises. There's also speculation that April Fools' Day was tied to the vernal equinox, or first day of spring in the Northern Hemisphere, when Mother Nature fooled people with changing, unpredictable weather.

April Fools' Day spread throughout Britain during the 18<sup>th</sup> century. In Scotland, the tradition became a two-day event, starting with "hunting the gowk", in which people were sent on phony errands (gowk is a word for cuckoo bird, a symbol for fool).

In modern times, people have gone to great lengths to create elaborate April Fools' Day hoaxes. Newspapers, radio, and TV stations and Websites have participated in the April 1 tradition of reporting outrageous fictional claims that have fooled their audiences. In 1957, the BBC reported that Swiss farmers were experiencing a record spaghetti crop and showed footage of people harvesting noodles from trees; numerous viewed were fooled. In 1985, Sports Illustrated tricked many of its readers when it ran a made-up article about a rookie pitcher named Sidd Finch who could throw a fastball over 168 miles per hour. In 1996, Taco Bell, the fast-food restaurant chain, duped people when it announced it had agreed to purchase Philadelphia's Liberty Bell and intended to name it the Taco Liberty Bell. In 1998, after Burger king advertised a "Left-Handed Whopper," scores of clueless customers requested the fake sandwich.

In general, part of the fun of April Fools' Day is that it has become a good-natured way to blow off steam and poke a little harmless fun at friends, family members, and co-workers. If you want to avoid becoming an April Fools' victim, make sure to circle that day on the calendar as a reminder, and put a happy face inside.

## In This Issue:

**Health Rx**

**Book Ends**

**In Memoriam**

**Brain Teasers**

**Birthdays**

### Resident Advisory Council

**Paula Swansey**

President

**Peg Davis**

Vice President

**Steve Bollinger**

Secretary

**Alice Bond and Betty Klotz**

-B Wing

**Tom Kaufman and Jerrell Morton**

—C and D Wing

**Jim Herring— Magnolia Court**

**Steve Bollinger and Peg Davis—**

Village

### **Independent Activities Throughout the Home**

Staying active has many benefits, both physically and mentally. Next time you have free time, take advantage of these activities listed below that are typically available throughout the Home.

**Library**– The MAHOVA library has fiction, non-fiction, large print, audiobooks, books on Freemasonry and a large selection of DVDs available.

**Take a Walk**– Enjoy the nice weather and take a stroll around the grounds of the Home. If the weather does not permit outdoor walking, then you can walk indoors.

Tip: Nine laps around one wing (A/B wing or C/D wing) equals one mile.

**Fitness Center**– Variety of equipment, including upper and lower body weight machines, free weights, two treadmills, elliptical machine, rower, Nustep and seated bike is available.

**Seating Areas**- Various seating areas around the Home have magazines, puzzles (new and in progress), daily newspapers, bibles and books available.

Tip: Seating areas also have “Conversation Starters” in case you want to learn a little more about a fellow resident.

**Visit a friend or make a new friend**– Strike up a conversation with a new or longstanding resident.

**D Recreation Room**– Access to a variety of craft items including coloring pages, colored pencils, paper, glue, ribbon, yarn and markers to relax and create some art.

**Foyer**– Find a variety of puzzles on the sign-up table to complete independently.

**Bird Watching**– See how many varieties of birds you can see around the grounds. Find a chart of Virginia Birds at the sign-up table.

**Cornhole and Croquet Set**- These games can be found outside of the gallery

**Gardening**– Raised beds and a large gardening area behind the Grand Lodge. Contact resident Peggy Davis for availability.

**Pool Table**– Table and pool sticks available in the Gallery.

**Woodshop**– Variety of wood-working tools available. See Resident Tom Kaufman if interested.

Did you know it takes 21 consecutive days of completing a habit to make it part of your daily routine?

## Book Ends

### FINAL SCREAM

by Lisa Jackson

I picked this book because the author had the same last name as my wife before marriage. After all, someone with that same last name must be good. The story surprised me - immensely! It could be loosely classified as a murder mystery but in my mind it was more a story of human interactions.

The local is Prosperity, Oregon, a small town outside Portland. [Yes, I checked. The closest name is Progress. I found it on one of two Oregon maps.] The two families central to the story are the Buchanans and the McKenzies. Of course, the Buchanans are the wealthiest in the community and the McKenzies are near the other end of the scale.

The story begins in 1977 with children of high school age along with their teenage hormones, inhibitions, interactions, loves, etc. Not to be left out are their parents and their friends. This sets the stage for the first murder or could it be an accident? Then in 1994, after 17 years, just when lives and hormones have settled down, the trouble starts up again. The murderer strikes again, this time missing the target! Again, the killing is suspicious but again it could be explained as an accident.

Never fear! The murderer is found, loves and sexual liaisons are exposed and many relationships change - almost all for the better.

### SEDUCTION by DESIGN

by Sandra Brown

I chose this book to get an idea of Ms. Brown's ability as a story teller. It is short [only 180 pages] and I thought that even if it was not too good I could give the author a negative report without spending a lot of time. I was surprised as the title is an excellent synopsis. Also it was very riveting reading in spite of having almost no action. [I like stories with action!] It is a story of the emotions and feelings between the three main characters.

Hailey Ashton is the Director of Guest Relations at Tennessee Theme Park. [When I grew up they were Amusement Parks.] She is summoned to a disturbance caused by a man and his daughter, Faith. She calms the situation, becomes friends with the daughter and then learns the father is the owner of the Park, Tyler Scott! The rest of the story is the interaction between Hailey, Tyler, and Faith. Hailey is beset by love especially for Faith, plus, love, physical attraction *and* distaste for Scott. All this while Scott is trying to woo *and* seduce her.

The book was interesting enough that I will try Ms. Brown again, even if I expect the story to have little action!

### CAN'T WAIT TO GET TO HEAVEN

by Fannie Flagg

I picked this book because of the author. I liked Fannie when I saw her on TV and expected a good story. I was not disappointed. The story begins with the heroine in her 80's with a name of Elnor Shimfissle. The story begins when Elnor accidentally pokes a wasp nest while gathering figs in her fig tree and falls off a ladder. She next wakes up in the hospital and that's when things begin to happen. Elnor is dead and goes to Heaven. After a short time, she is sent back to earth and then things really start to happen. Her niece and friends have told the world she is dead and have planned her funeral. The Hospital finds itself trying to defend a mis-diagnosis of death and avoid a law suite!

Fanny has penned a sweet, humorous, enjoyable story. I will surely try her again!

## Notifications

### In Memoriam



Art Gregory  
Dolores Ridings



## Anniversaries

### ANNIVERSARIES



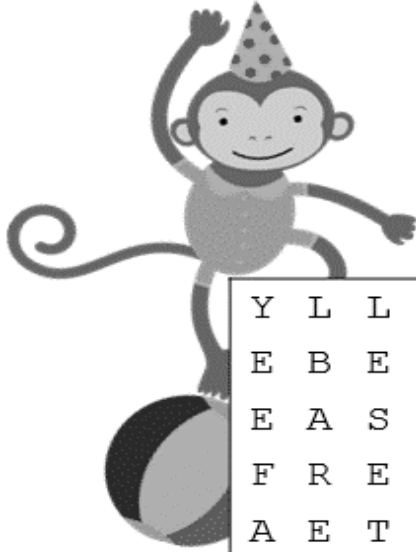
April 18, 1953 Ted and Bea Holm



## Have You Heard?

- The etymology behind the word “April” comes from the verb “aperire,” which means “to open.” It’s commonly believed that the word refers to the season of tress and flowers beginning to “open” or bloom.
- George Washington was inaugurated as the First President of the US on April 30, 1789.
- Ford unveiled their first Mustang on April 17, 1964, costing \$2,368.00.
- After a 1,500-year break, the first Olympics of the modern era took place on April 6, 1896, in Athens.
- The birthstone for April is the diamond and represents innocence. The flower is the Daisy or a Sweet Pea.

# Brain Teasers



## APRIL FOOL'S Day

APRIL 1st

Y	L	L	I	S	B	P	E	L	Z	O	O	B	M	A	B
E	B	E	W	I	L	D	E	R	C	A	P	E	R	W	Q
E	A	S	H	E	N	A	N	I	G	A	N	S	B	U	P
F	R	E	S	I	R	P	R	U	S	G	U	O	D	R	E
A	E	T	U	P	S	L	B	S	E	K	O	J	E	E	E
R	D	T	O	N	D	U	P	E	H	U	F	P	T	K	L
C	U	S	I	M	S	C	L	M	F	D	O	R	Y	A	A
E	L	E	O	I	F	D	P	E	N	S	I	Y	U	Y	Y
A	E	J	N	I	D	O	I	U	T	C	T	G	E	K	L
E	D	E	R	U	P	H	O	E	K	I	H	K	C	I	X
F	S	S	F	R	C	F	R	L	V	T	R	A	R	V	A
S	T	E	A	S	B	O	D	E	E	A	W	P	M	X	O
E	B	N	I	M	U	A	L	R	L	R	A	D	F	Z	H
Y	K	M	U	S	E	Y	P	A	O	B	Y	O	R	J	R
R	R	D	T	C	O	U	M	I	T	E	S	U	M	E	B
E	Y	E	K	N	O	M	K	N	I	W	D	O	O	H	I

APRIL  
BAMBOOZLE  
BEFUDDLE  
BEMUSE  
BEWILDER  
CAPER  
DELUDE  
DUMBFOUND  
DUPE  
FARCE

FIRST  
HOAX  
HOODWINK  
JEST  
JOKES  
LAUGHTER  
LEVITY  
MALARKEY  
MISCHIEF  
MONKEY

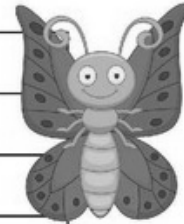
BUSINESS  
PRANK  
PREPOSTEROUS  
SHENANIGANS  
SILLY  
SURPRISE  
TOMFOOLERY  
TRICK  
WACKY

© puzzles-to-print.com

## Insects Word Scramble

All of the scrambled words below are names of insects you have probably heard about. Can you put the letters in the right order to spell the 19 different insect names correctly?

OUTMQISO	
BTLTEUYFR	
MTHO	
LEEBET	
CCIDAA	
ELYFSRHO	
PAWS	
ITKSC GBU	
AYGPRNI NMATSI	
EBE	
ALFE	
LNFOAYGRD	
AGDBLYU	
PSESHRAGPOR	
EIRETTM	
COOCHRKAC	
NAT	
RIEKCTC	
YLF	



© 2014 puzzles-to-print.com

ANSWERS ON PAGE 8

Coloring Page



## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

- 4/1 Frances Gillie
- 4/1 Nancy Lee Martin
- 4/4 John Carpenter
- 4/4 Elizabeth Payne
- 4/7 Fran Bailey
- 4/8 Tom Kaufman
- 4/12 Marcella Campbell
- 4/16 Elizabeth Jones
- 4/17 Judy Burton
- 4/22 Harold Jennings
- 4/26 Peggy Roberts
- 4/28 Helen Payne

Scan this QR image to go to the Masonic Home Website.



### INSECT WORD SCRAMBLE ANSWERS

MOSQUITO  
BUTTERFLY  
MOTH  
BEETLE  
CICADA  
HORSEFLY  
WASP  
STICK BUG  
PRAYING MANTIS  
BEE  
FLEA  
DRAGONFLY  
LADYBUG  
GRASSHOPPER  
TERMITE  
COCKROACH  
ANT  
CRICKET  
FLY

### Masonic Home Census -- 165

## Employee Birthdays

- 4/5 Tammy Walker
- 4/8 Wendy Connor
- 4/8 Vickie Jones
- 4/14 Theresa Brown
- 4/14 Yvonne Green
- 4/18 Gloria Simms
- 4/19 Michael Jones
- 4/23 Sherica Miller
- 4/26 Anne Hagen

#### The MAHOVA News

A monthly publication of the Masonic Home of Virginia  
500 Masonic Lane  
Henrico, VA 23223  
804-222-1694  
800-262-4644

The MAHOVA News is published monthly for the residents of the Masonic Home of Virginia. Articles in this publication may not be reproduced without permission.

#### **Anne Hagen, CPA, MBA**

Chief Executive Officer

#### **Warren Swanson, CPA, MBA**

Chief Financial Officer

#### **Robert Adkins, LNHA**

Senior Administrator

#### **Kathy Bryant, ALFA**

Assisted Living Administrator

#### **Dr. Danny Felty**

Medical Director

#### **Terry Hilton**

Director of Development

#### **Regina Pettaway, RN**

Director of Nursing

#### **Barbara Ramirez**

Human Resources Director

#### **Mike Butler, Jr.**

Director of Facilities

#### **Jason Houdek**

Director of Dining

MAHOVA Editor  
Robyn Massie  
804-222-1694  
Extension 77268

MAHOVA Copy Editor  
Mildred Ammons