



# MAHOVA

## News

April 2020

### April Birthdays: Jane Goodall

Jane Goodall is a British animal researcher and conservationist, famous for her world expertise on chimpanzees, having studied them in the wild for over 50 years. Her groundbreaking research provided a unique insight into the life of these creatures – now known to be our nearest living relatives.

Jane was born on April 3<sup>rd</sup>, 1934, in Hampstead, London. When she was one, her father gave her a soft toy chimpanzee in honor of a chimp born at London Zoo. She adored the toy, naming it Jubilee, and her love of chimpanzees began. Jane's mother encouraged Jane's fascination with wildlife. When Jane left school, she trained as a secretary and later worked for a filmmaking company. Then, at 22, she was invited to a friend's family farm in Kenya. Desperate to visit Africa to see its wildlife for herself, Jane moved back in with her parents and worked as a waitress to save for the boat fare.

Jane made the trip the following year, and during this visit met the famous British animal scientist Louis Leakey. Louis was so impressed with Jane's enthusiasm for Africa and its animals that he invited her to become his assistant. In 1960, Jane was sent to study chimps at the Gombe Stream Chimpanzee Reserve in Tanzania. It was unusual for a young woman to live alone among wild animals in Africa, so Jane's mother accompanied her for the first few months.

At first, the chimpanzees were wary of Jane and it was difficult to study them. But gradually they allowed her to live among them. Jane had no formal training so she did things her own way. She gave each chimp a name to reflect their appearance or personality – such as David Greybeard, Mr McGregor and Goliath.

Within a year, Jane made two very important discoveries. She saw chimpanzees hunting and eating meat, when scientists previously thought they were vegetarian. She also watched chimpanzees using and making tools. They would remove leaves from twigs, for example, or catch termites to eat by sticking a piece of grass into a termite hole. Scientists thought only humans were intelligent enough to make and use tools.

Jane also observed the chimps being kind and gentle while others showed signs of aggression. They expressed human emotions, too, such as sadness, anger and joy, and had ways of hugging and kissing – or even tickling! Jane got to know the distinctive sound of their laughter.

After two years, Louis suggested Jane study for a PhD at Cambridge University so she could get more funding for the study. Despite having no university degree, Jane was offered a place and split her time between the UK and further research in Tanzania, gaining a PhD in ethology (animal behavior) in 1965.

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### **Resident Advisory Council**

**Paula Swansey**  
President

**Peg Davis**  
Vice President  
**Steve Bollinger**  
Secretary

**Alice Bond and Mildred Johnson**  
-B Wing

**Tom Kaufman and Jerrell Morton**  
—C and D Wing

**Jim Herring**— Magnolia Court  
**Steve Bollinger and Peg Davis**—  
Village

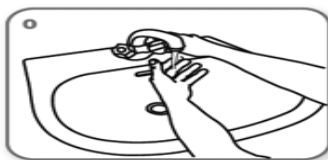
In the late 1970s, Jane turned her attentions to conservation and animal welfare. She founded the Jane Goodall Institute to promote habitat conservation and the protection of both wild and captive animals. She also educated young people about the importance of conservation for our planet and its creatures. Today, she is still found travelling the world, giving talks and sharing her knowledge. Jane has received numerous awards for her work, including a CBE (1995) and DBE (2004) from the Queen. She also has honorary degrees from nearly 40 universities in 15 different countries, in recognition of her research, and in 2002, was named a UN Messenger of Peace for her environmental work.

Scientists now know that chimpanzees share nearly 99 per cent of our DNA. Jane was the first person to recognize the intelligence of these wild creatures. Although now in her 80s, she still travels to Tanzania each year to enjoy time with the chimpanzees who have shared so much of her life.

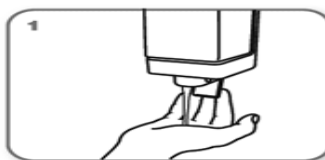
“I wanted to learn things that no one else knew, uncover secrets through patient observation. I wanted to come as close to talking to animals as I could. The least I can do is speak out for those who cannot speak for themselves. What you do makes a difference, and you have to decide what kind of difference you want to make.” -Jane Goodall

# Health

**Here's To Your Good Health!**



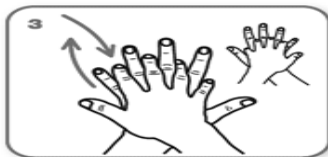
Wet hands with water



apply enough soap to cover all hand surfaces.



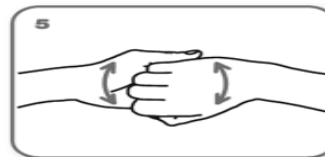
Rub hands palm to palm



right palm over left dorsum with interlaced fingers and vice versa



palm to palm with fingers interlaced



backs of fingers to opposing palms with fingers interlocked



rotational rubbing of left thumb clasped in right palm and vice versa



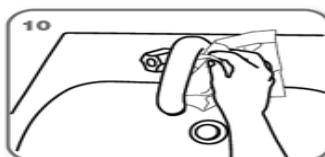
rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



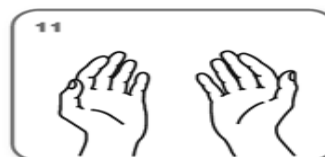
Rinse hands with water



dry thoroughly with a single use towel



use towel to turn off faucet



...and your hands are safe.

- Wash your hands with soap and water for at least 20 seconds.
- Cover your mouth when you cough, clear your throat or sneeze.
- Do not touch your face.
- Keep a safe distance from others, at least six feet away.
- Stay home.

## Have You Heard?

Arbor day will be celebrated on Friday, April 24. Arbor Day, much like Earth Day, is a holiday that celebrates nature. Its purpose is to encourage people to care for our planet by planting a tree or collecting litter around the holiday. A popular tradition is to plant a tree in honor or memory of a loved one. This holiday was created by Julius Sterling Morton who had a passion for planting all kinds of trees. The first Arbor day was one April 10, 1872, in Nebraska. The birthstone for April is the diamond and symbolizes balance, clarity, and abundance. The flower for April is the Sweet Pea.

## Book Ends

### ***THANK YOU!***

A big *THANK YOU* to those who sent me birthday cards, also to those who have complemented my writing. I do not think of my writing as being special - - so many, many thanks.

Ahhh *SPRING!* When a young man's thoughts lightly turn to - - - - BASEBALL! When I was growing up in Ohio, it was baseball! Only one of ten high schools in the county played football so it was BASEBALL! It was closely followed by basketball which was number two!

### **WIT & WISDOM of BASEBALL**

Compiled by Saul Wisnia with Dan Schlossberg

Illustrated by Elizabeth Traynor

I enjoyed this book immensely. Of course, I have really liked baseball - especially in my younger days. A subtitle is "Single Quotes & Double Talk." I will bore you with a couple. When a reporter informed Babe Ruth that his salary was higher than the President's, he replied, "I know, but I had a better year than Hoover." In 1951 from one of my favorite presidents, Harry Truman, "May the sun never set on American baseball."

Of course, if you do not like baseball or are not familiar with the characters who played or are associated with it - - even though it is often humorous, it is probably best if you read something else! There are sure plenty of choices in the MAHOVA library and if you can't find one there - - - you can always check once a month with the Henrico Library in the Reading Room.

### **THE FLYERS**

In Search of Wilbur & Orville Wright

by Noah Adams

I have read several books and have a video of the Wright story. So I'm not sure what caused me to read this volume. It was different enough that he held my interest throughout.

The big difference I noted is that this author traveled to the places where the Wrights learned to fly and eventually to demonstrate their machine, attempting to experience the places where they worked.

One thing that I learned [perhaps here or somewhere else] is that the Wrights not only had to learn the many things associated with building a controllable airplane but at the same time they had to learn to fly it! An extremely difficult task! Is the problem the machine or is it my ability to control it?

## In Memoriam

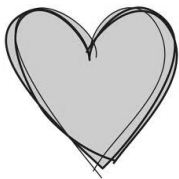
### Forever in Our Hearts



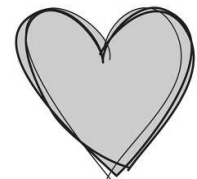
Ersell Brinser  
Mary Brooks  
Bernard Colgin  
Shirley Godwin



## Anniversaries



4/18/1953 Theodore and Beatrice Holm



## Notifications

April 1– April Fools Day  
April 2– National Peanut Butter and Jelly Day  
April 5– Palm Sunday  
April 9– Cherish an Antique Day  
April 10- Good Friday  
April 12- Easter Sunday  
April 13– Scrabble Day  
April 17– National Cheeseball Day  
April 18– National Animal Crackers Day  
April 20– National Pineapple Upside Down Cake Day  
April 22– Earth Day  
April 23– National Picnic Day  
April 24– Arbor Day  
April 26– National Pretzel Day  
April 30– National Oatmeal Cookie Day

## Brain Teasers

F R E E M A S O N E L B G O  
 A G H V I R G I N I A C R N  
 G M D I F L O D G E E J A W  
 F E T A S P G R C U M D N A  
 P C O M M A N D E R B F D S  
 R J C B D C O M P A S S M H  
 U R I O L A O H F I S G A I  
 G E E H V N R T A V D U S N  
 B H N C V D I S T R I C T G  
 V T S O L I I U E R M J E T  
 E O F T M D V D A T B O R O  
 C R H D P A M F V A M F D N  
 A B M I S T S A G P E S M L  
 D E G R E E B R C B J N A T  
 M O S T W O R S H I P F U L

Find these Masonic Words:

Grand Master  
 Compass  
 Candidate  
 Freemason  
 District  
 Lodge  
 Brother  
 Degree  
 Commander  
 Most Worshipful  
 Washington  
 Virginia

Unscramble these Spring Words

YAISD  
 DAODNIM  
 NYUBN  
 TFYUBRLET  
 OLBMO  
 STAERE  
 LAHSESEG  
 NIAR  
 WRFOLE  
 RWOG  
 DLUPDE  
 NAIOTRAC  
 SENHNUSI  
 LEABRMU

ANSWERS: DAISY, DIAMOND, BUNNY, BUTTERFLY, BLOOM, EASTER, GALOSHES,  
 RAIN, FLOWER, GROW, PUDDLE, RAINCOAT, SUNSHINE, UMBRELLA

## Brain Teasers

Match the state with its motto

- |                  |                                     |
|------------------|-------------------------------------|
| 1. Washington    | A. Sic Semper Tyrannis              |
| 2. Georgia       | B. In God We Trust                  |
| 3. Kentucky      | C. North to the Future              |
| 4. Minnesota     | D. L'Etoile du Nord                 |
| 5. Nebraska      | E. Liberty and Prosperity           |
| 6. New Hampshire | F. Hope                             |
| 7. Utah          | G. Into the Future                  |
| 8. Alabama       | H. Wisdom, Justice and Moderation   |
| 9. Pennsylvania  | I. Dirigo                           |
| 10. Texas        | J. Virtute et armis                 |
| 11. Virginia     | K. Live Free or Die                 |
| 12. Alaska       | L. Industry                         |
| 13. Florida      | M. We Dare Defend our Rights        |
| 14. Idaho        | N. Equality Before the Law          |
| 15. Maine        | O. Fatti Maschii Parole Femine      |
| 16. California   | P. Friendship                       |
| 17. New Jersey   | Q. United We Stand Divided We Fall  |
| 18. Maryland     | R. Eureka!                          |
| 19. Mississippi  | S. Esto Perpetua                    |
| 20. Rhode Island | T. Virtue, Liberty and Independence |

ANSWERS: 1.G 2.H 3.Q 4.D 5.N 6.K 7.L 8.M 9.T 10.P 11.A 12.C 13.B 14.S 15.I 16.R 17.E 18.O 19.J 20.F

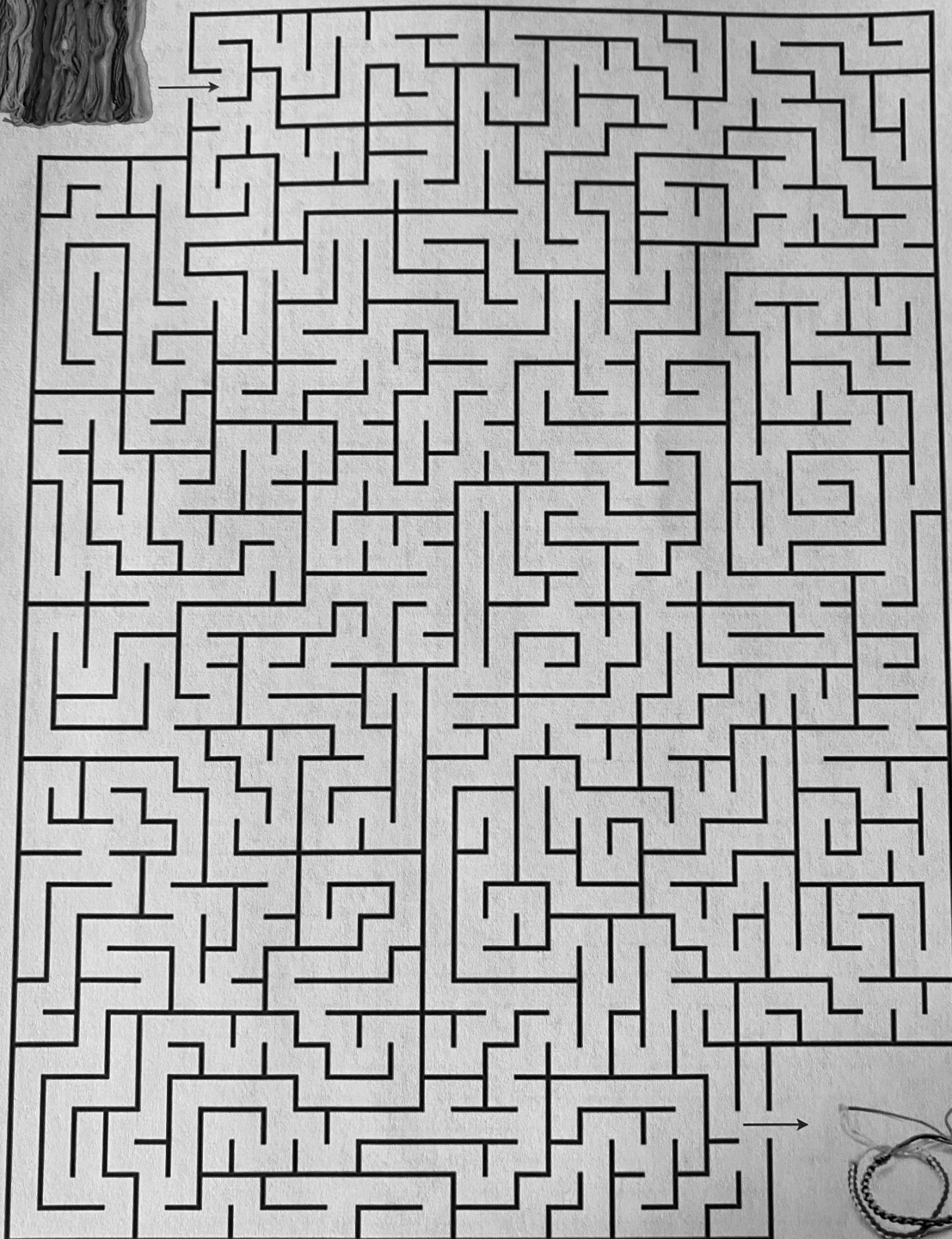
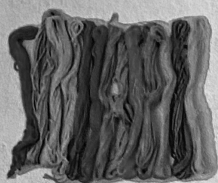
Which One is Not Like the Others?  
Circle the word in each group that does not belong.

- |             |            |             |           |
|-------------|------------|-------------|-----------|
| 1. Guitar   | Cello      | Oboe        | Violin    |
| 2. Football | Volleyball | Tennis      | Badminton |
| 3. Vest     | slacks     | watch       | jacket    |
| 4. Fork     | Knife      | Spoon       | Mixer     |
| 5. August   | March      | April       | May       |
| 6. Nina     | Pinta      | Santa Maria | Titanic   |
| 7. Pig      | Cow        | Chicken     | Ferret    |
| 8. Red      | Blue       | Yellow      | Owl       |
| 9. Robin    | Finch      | Bluejay     | Dog       |
| 10. Mathew  | Mark       | Luke        | Tom       |

ANSWERS: 1. Oboe 2. Football 3. Watch 4. Mixer 5. August 6. Titanic 7. Ferret 8. Owl 9. Dog 10. Tom

## Brain Teasers

### A-Mazing Crafts



## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

4/1 Frances Gillie  
4/1 Nancy Martin  
4/4 John Carpenter  
4/4 Elizabeth Payne  
4/7 Frances Bailey  
4/8 Clifford Grotz  
4/8 Thomas Kaufman  
4/12 Marcella Campbell  
4/17 Juliet Burton  
4/22 Harold Jennings  
4/24 Mary Colgin  
4/26 Peggy Roberts  
4/27 Craig Sykes  
4/28 Helen Payne

## Employee Birthdays

4/5 Tammy Walker  
4/7 Anthony Wade  
4/8 Wendy Connor  
4/8 Vickie Jones  
4/9 Trinity Howard  
4/14 Theresa Brown  
4/14 Yvonne Green  
4/18 Gloria Simms  
4/18 Angelica Canty  
4/19 Michael Jones  
4/23 Sherica Miller  
4/26 Anne Hagen  
4/29 Rhonda Hiles

Scan this QR image to go  
to the Masonic Home  
Website.



## Welcome New Residents

**Anne Dechent**  
Urbanna Lodge No. 83

## Masonic Home Census -- 194

### The MAHOVA News

A monthly publication of the Masonic Home of Virginia  
500 Masonic Lane  
Henrico, VA 23223  
804-222-1694  
800-262-4644

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### **Anne Hagen, CPA, MBA**

Chief Executive Officer

### **Warren Swanson, CPA, MBA**

Chief Financial Officer

### **Robert Adkins, LNHA**

Senior Administrator

### **Kathy Bryant, ALFA**

Assisted Living Administrator

### **Dr. Danny Felty**

Medical Director

### **Terry Hilton**

Director of Development

### **Regina Pettaway, RN**

Director of Nursing

### **Barbara Ramirez**

Human Resources Director

### **Mike Butler, Jr.**

Director of Facilities

### **Jason Houdek**

Director of Dining

MAHOVA Editor  
Robyn Massie  
804-222-1694  
Extension 77268

MAHOVA Copy Editor  
Mildred Ammons