



MAHOVA

News

April 2018

April Birthdays: Buddy Ebsen

Buddy Ebsen was born Christian Rudolph Ebsen, Jr. on April 2, 1908, in Belleville, Ill. It was a small town located near St. Louis, Mo. He was the only son (four sisters) to parents of Danish-German and Latvian extraction. In 1920 the family moved to Florida; there Buddy's father had a dancing school. Initially, Buddy studied to become a medic but left for New York in 1928 to try his luck as a dancer. He started as a chorus boy in Ziegfeld's "Whoopee" starring Eddie Cantor and was later joined by his sister Vilma. They went on vaudeville tours and successfully participated in the musical revue "Flying Colors." Buddy Ebsen wanted to become an actor. He married Ruth Cambridge; daughters Elizabeth and Alix spring from that marriage.

In 1935 Buddy and Vilma went to Hollywood for their movie debut "Broadway Melody of 1936" (MGM). Buddy appeared in several movies with actresses such as Eleanor Powell, Shirley Temple and Judy Garland. He was to play the role of the Tin Woodman in "The Wizard of Oz", but he became seriously ill from inhaling the aluminum dust make-up and was replaced by Jack Haley. When Ebsen was offered a long-term contract by movie mogul Louis B. Mayer, he turned it down as he didn't want to "sell his soul to the studio" - something unthinkable at that time - and left MGM. After more vaudeville and a few movies for RKO, Buddy Ebsen played on stage in the farce "Goodnight Ladies." In 1943, he signed up to join the US Coast Guard. After his divorce, he married Nancy Wolcott in 1945. He played Frank in the Broadway revival of "Show Boat."

He soon got in touch with a new medium: 'television.' In the early fifties, he played Rex Allen's comic relief sidekick in five B western movies for Republic Pictures. He had great success as Davy Crockett's pal Georgie in the Walt Disney TV movies in 1955-56. Then Ebsen had a role as a regular in the TV series "Northwest Passage." He played supporting roles in several movies and had a lot of guest spots in TV series. In the meantime, his family had increased: four daughters and one son from his second marriage.

In 1962, Buddy Ebsen was approached by Paul Henning to star in the TV series "The Beverly Hillbillies" as the good-natured patriarch Jed Clampett, an offer that in his mid-fifties turned him into a TV star. Though not praised by critics, the story of a hillbilly family that becomes rich and moves to Beverly Hills went down very well with the audience. After more TV movies and guest roles, Buddy got the title role in the series "Barnaby Jones" in 1973, playing a mature, folksy and scientific private eye, who was again very popular. In the mid-eighties he played Matt's uncle Roy in the third season of "Matt Houston." A few TV movies, TV guest and stage appearances followed. He lived with his third wife Dorothy Buddy Ebsen in the Los Angeles area. As a nonagenarian he painted the "Uncle Jed Country" series and wrote the novel "Kelly's Quest." He died on July 6, 2003.

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Welcome New Residents

Welcome New Employees

Resident Advisory Council

Richard Carden
President - Village

Paula Swansey
Vice President - D Wing

Steve Bollinger
Secretary - Village

Priscilla Sensabaugh and
James Palmer-B Wing

Paula Swansey and
Ann Spain— C and D Wings
Art Gregory— Magnolia Court

Health

Here's To Your Good Health!

Reduce Your Risk of Stress Injuries

Jumping back to warm weather activities too quickly before your body is willing can lead to painful stress injuries.

The first sign of too much stress is a vague soreness or pain that comes and goes after exercise. If you continue to push too hard, you will feel the pain towards the end of each activity. If you feel the pain at the beginning of the activity, you are in serious danger of a stress fracture. Increase your activity level gradually. For walkers, that means increasing mileage by no more than 10 percent a week. Don't try to "run before you can walk."

Have You Heard?

Easter, the day which Christians believe Jesus returned to life after his crucifixion, is celebrated on April 1 this year. In the Christian religion, the Resurrection symbolizes a renewal of spiritual life. In 325 A.D., the Church decided to celebrate the event on the first full moon after the spring equinox. The full moon allowed pilgrims to travel late in the night to reach the Easter festivals.

The birthstone for April is the diamond and symbolizes balance, clarity, and abundance. The flower for April is the Sweet Pea.

Program Highlights

Resident Council Meeting

Monday, April 2
9:30 AM
Dining Room

Food Committee Meeting

Tuesday, April 17
1:00 PM
Private Dining Room

Advisory Council Meeting

Tuesday, April 17
10:00 AM
Private Dining Room

Activities Committee Meeting

Thursday, April 19
3:45 PM
Library

Program Highlights

Thursday, April 5	2:30 PM	TV Room	Limericks with Mark
Friday, April 6	2:30 PM	TV Room	Exercise with Susan from Ageless Grace
Sunday, April 8	2:00 PM	Your Room	Rainbow Girls Visit
Monday, April 9	2:30 PM	TV Room	Hot Apple Cider Social
Thursday, April 12	10:00 AM	Gallery	Coffee and Donuts from Country Style
Thursday, April 12	2:30 PM	TV Room	Sip and Paint. Follow the instruction of a paint instructor while you enjoy your beverage of choice.
Saturday, April 14	Your Room		Manassas Assembly Rainbow Girls Visit
Tuesday, April 17	1:30 PM	TV Room	Balance Screening Clinic with Genesis Rehab
Thursday, April 19	1:30 PM	Dining Room	Cooking Class with Chef Matt
Friday, April 20	2:00 PM	Multipurpose Room	Classic Movie Club Matinee
Friday, April 20	5:00 PM	Multipurpose Room	Dinner and Movie
Monday, April 23	2:30 PM	TV Room	Card Social
Tuesday, April 24	1:30 PM	TV Room	Meet and Greet Genesis Rehab Staff
Tuesday, April 24	6:30 PM	TV Room	Bingo with Calvary Methodist Church
Thursday, April 26	2:30 PM	TV Room	“Welcome to Acceptance” Play
Friday, April 27	2:30 PM	TV Room	Music and Memory program by the Bookmobile

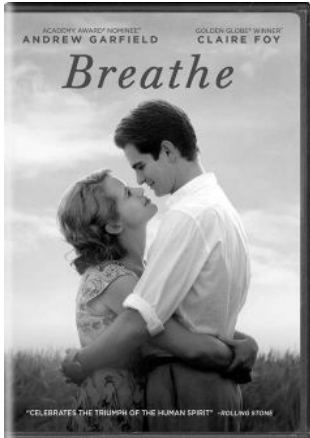
Entertainment

Monday, April 2 2:00 PM TV Room	Theatrical performance by the Richmond Bifocals Group
Tuesday, April 3 2:30 PM TV Room	Piano performance by Harry Kellett
Friday, April 6 6:00 PM TV Room	Piano performance by Jan Kessler
Saturday, April 7 2:30 PM TV Room	Vocal and guitar performance by Mike Parker
Monday, April 9 6:30 PM TV Room	Vocal performance by Charlie and Willie Fishburne
Friday, April 13 2:30 PM TV Room	Accordion and vocal performance by Matthew O'Donnell
Saturday, April 14 2:30 PM TV Room	Performance by Praise Dancers
Sunday, April 15 2:30 PM TV Room	Performance by Good Vibrations
Monday, April 16 1:30 PM TV Room	Vocal performance by Nikki Headley
Saturday, April 21 2:30 PM TVRoom	Vocal performance by Fred James
Friday, April 27 6:30 PM TV Room	Karaoke with Leon and Nancy Lee
Saturday, April 28 2:30 PM TV Room	Piano performance by Alekezander Courtney
Monday, April 30 2:30 PM TV Room	Vocal and guitar performance by Bill Bottoms

Movies

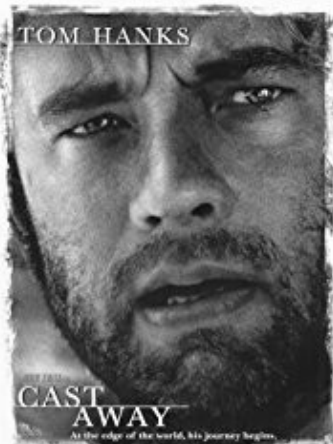


Channel 2 and TV Room
6:00 PM



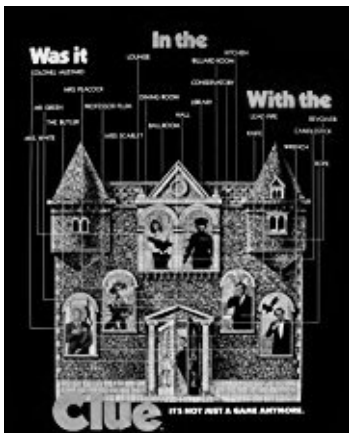
Monday, April 2
“Breathe”

A young adventurous couple refuse to give up on each other, even after one of them is given a diagnosis of only a few months to live.



Friday, April 13
“Castaway”

A man must transform himself emotionally and physically after his plane crashes on a deserted island.



Monday, April 30
“Clue”

Six guests are invited to a strange house and must work together to solve a mystery.

Trips and Outings

Shopping Schedule

April 4 Dollar Tree

April 11 Walmart

April 18 White Oak Village

April 25 Dollar Tree



Monday, April 2 11:15 AM	Lunch at Peking Restaurant
Tuesday, April 10 10:30 AM	Lunch at Islamorada Restaurant
Tuesday, April 10 3:00 PM	Trip to your neighborhood bank
Thursday, April 12 6:15 PM	Bluegrass Coffee House Jam Session
Monday, April 16 4:45 PM	Dinner at Calabash Seafood Restaurant
Tuesday, April 17 10:30 AM	Lunch at McDonald's
Monday, April 23 7:00 PM	Henrico Theater: Henrico Concert Band
Tuesday, April 24 10:30 AM	Cultural Dining Group: Mekong Restaurant

Book Ends

By Richard Neiswander

Twice Kissed

by Lisa Jackson

The heroine of this story is Maggie [Margaret Elizabeth] Reilly. She and Mary Theresa Reilly are identical twins and even have the ability at times to communicate telepathically. Physically, they are doubles but their personalities are quite different. Mary was flamboyant while Maggie was more calm and subdued.

By mid-life, the twins had separated. Maggie enjoys a life with her daughter in rural Idaho while Mary is the anchor of an L.A. TV show and goes by the name “Marquise.” Mary contacts Maggie via telepathy, a system not used since their teens. When Mary then disappears, Maggie and her teen daughter go to Los Angeles to try to find out what happened to her twin. With her on the trip is Thane Walker, a heart throb from the twins early adult hood who is now divorced from Mary.

Not everything comes out right in this story. If you want to know the ending, get the book and follow the jumps back in time that set the stage for the events unfolding.

ANGELS Among Us

A Guideposts book

I picked up this book for my personal devotions each morning. I found something amazing when I opened it the first morning I used it. In it I found my name and former address! This was one of the books I had donated to MaHoVA when I was cleaning out the house sometime between my wife’s passing and my move here. I am always amazed at how God prepares my way for me and how He and His Angels interact with human beings.

Also there are many other Guideposts books in the library. How many are mine? I don’t know, but you can use them for your own devotions and faith building. Don’t worry about who donated them.

Civil War *BLUNDERS*

by Clint Johnson

Back again to the non-fiction shelf and something that to me held current interest. With the ‘incident’ recently at Charlottesville and getting both a southern perspective from my VA friends and a northern one from some OH friends, I decided to learn more about the ‘War of Northern Aggression.’

I was utterly amazed by this book! It describes many things that could only be described as a military blunder. Some of these are battles, some incidents that could have become battles and some that were personal happenings. Quite a few are humorous and the only conclusion that I could draw from the book is that it was miraculous that the war ended, considering how often they *each* BLUNDERED!

One was an incident where the Union troops were hunting Mosby, a Confederate raider. The Union General in charge was sleeping in his bed and was awakened by someone asking, “General, did you ever hear of Mosby?” His response was, “Yes! Have you captured him?” He was told, “No, he has captured you!”

Another humorous occurrence was ‘The battle of the buck-naked.’ The Confederates had a very valuable railroad bridge that they needed to carry supplies to their army. In order to hold it, they assigned a contingent to protect it. On a hot summer day, the scouts were out and the soldiers went skinny dipping. The scouts met a troop of Union soldiers on their way to attack the bridge. Needless to say, when the scout arrived with the information of an impending battle, the Confederates had only enough time to grab their muskets and ammunition in order to repulse the Union attackers! Thus the name of the battle!

The book contains more details of these and other happenings. Hope you enjoy it as much as I did!

In Memoriam

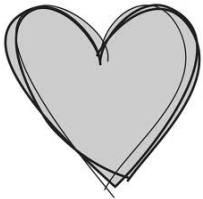
Forever in Our Hearts



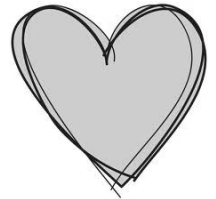
Thomas 'Earl' Carver
Irma Tunstall



Anniversaries



April 19, 1958 Robert and Jean Colby
April 22, 1950 Joseph and Barbara Hogge
April 27, 1946 Robert and Gloria Hall



Notifications



Wills for Seniors

Tuesday, April 3
1:00 PM
Dining Room

Contact Susan Berryhill if
you need an appointment.

Notifications

Weight and Blood Pressure Checks

Please bring your pendants with you.

B– Wing
Monday, April 2
8:00 AM to 1:00 PM
D Wing Recreation Room

C and D – Wing
Wednesday, April 4
8:00 AM to 1:00 PM
D Wing Recreation Room

Village Model Key

Should you wish to enter the Village Model home after hours or on the weekend, the key is located at the Care Center Nurses' Station.

Dementia Support Group for Families

For information, please contact John Zacharias at extension 77309.
The group meets 1st and 3rd Tuesdays of each month at 10:30 AM.

Monthly Meeting with Meridian Lodge No. 284

Meridian Lodge No. 284 Monthly Meeting will be held on the
4th Monday each month in the Multipurpose Room at 12:00 PM.
Meeting is open to ALL Master Masons.

Please come and join us!

Notifications

Sip and Paint

Follow the leadership of your paint instructor while you sip on your drink of choice.

Thursday, April 12
2:30 PM
TV Room

Genesis Rehab

Balance Screening
Tuesday, April 17
1:30 PM
TV Room

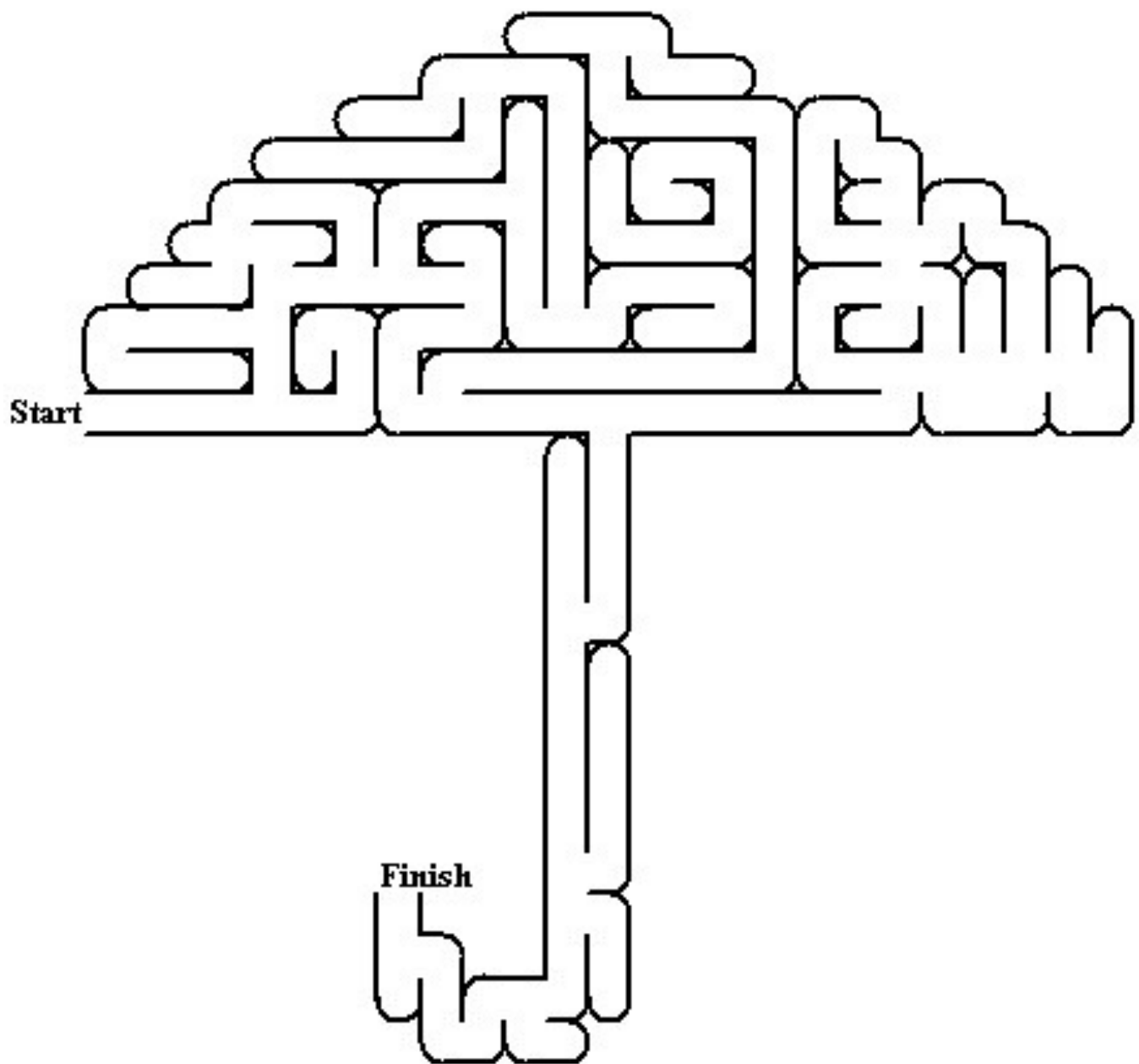
Meet and Greet New Genesis Rehab Staff
Tuesday, April 24
1:30 PM
TV Room

“Welcome to Acceptance”

Theatrical play by your fellow residents

Thursday, April 26
2:30 PM
TV Room

Brain Fitness



Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

4/1	Nancy Martin	4/8	Thomas Kaufman
4/1	Frances Gillie	4/8	Clifford Grotz
4/4	John Carpenter	4/13	Miriam Bew
4/4	James Mitchell	4/16	Bill Holliday
4/4	Betsy Payne	4/17	Judy Burton
4/4	Thelma Sturgis	4/18	Lillie Sykes
4/6	Philip Godwin	4/24	Mary Colgin
4/7	Frances Bailey	4/28	Helen Payne

Employee Birthdays

4/1	Tammy Walker
4/8	Wendy Connor
4/8	Vickie Jones
4/9	Juanita Walker
4/14	Theresa Brown
4/14	Yvonne Green
4/18	Angelica Canty
4/18	Gloria Simms
4/22	Jamika Wood
4/26	Anne Hagen
4/29	Rhonda Hiles

Welcome New Employees

Daniel Dewert	Food Services	PRN
Patrick Jones	Painter	PRN
Violeta Linn	Nursing	FT
Patrice Peebles	Nursing	PRN
Tonya Peoples	Nursing	FT
Alexandria Street	Nursing	FT



Scan this QR image to go to the Masonic Home Website.

Welcome New Residents

Seymour Kern
Frances Walton

Masonic Home Census -- 206

The MAHOVA News

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