

Masonic Home of Va

regular/nsa						Week 2
Monday 2/19/24	Tuesday 2/20/24	Wednesday 2/21/24	Thursday 2/22/24	Friday 2/23/24	Saturday 2/24/24	Sunday 2/25/24
Breakfast						
Oatmeal Scrambled Eggs Pork Bacon Sausage Links Fruit Pancakes	Oatmeal Scrambled Eggs Grilled Ham French Toast	Oatmeal <i>Cream of Wheat</i> Scrambled Eggs Suasage Links Scrapple Fruit Banana Nut Muffin	Oatmeal Scrambled Eggs Sausage Patty Biscuits & Gravy Peaches	Oatmeal <i>Grits</i> Scrambled Eggs Pork Bacon Red Apple	Oatmeal Scrambled Eggs Grilled Ham Pineapple Chunks Cinnamon Rolls	Oatmeal Scrambled Eggs Sausage Links Creamed Chip Beef on Toast Banana Mini Donuts
Lunch						
Cream of Mushroom Soup Lemon Pepper Roasted Chicken Ham Macaroni and Cheese Wild Rice Medley Turnip Greens Banana Pudding SF Dessert	Tomato Soup Swedish Meatballs <i>Italian Hoagie</i> Buttered Egg Noodles Bistro Chips Steamed Carrots Oatmeal Raisin Cookie SF Dessert	Navy Bean Soup Beef Chili Open Faced Turkey Sandwich Seasoned Rice Collard Greens Cornbread Ice Cream Sundaes SF Dessert	Sweet Potato Apple Soup BBQ Pulled Pork Sandwich Baked Chicken Thighs Baked Beans Coleslaw Three Bean Salad Orange Creamsicle SF Dessert	Corn Chowder Stuffed Salmon <i>Eggplant Parmesan</i> Twice Baked Potato Roasted Carrots & Cauliflower Strawberries Romanoff SF Dessert	Chicken Noodle Soup Turkey Burger <i>Trio Platter</i> Tater Tots Peas and Mushrooms Macaroni Salad Salted Mocha Truffle Cookie SF Dessert	Broccoli Cheddar Soup Fried Chicken Roasted Pork Loin w/ Gravy Mashed Potatoes Seasoned Green Beans Ice Cream SF Ice Cream
Dinner						
Cream of Mushroom Soup Beef Burgundy Orange Tilapia Thyme Roasted Potatoes Green Peas Dinner Roll Strawberry Shortcake SF Cake	Tomato Soup Chicken Alfredo Bratwurst Linguine Noodles Steamed Broccoli Garlic Bread Blonde Brownie SF Dessert	Egg Drop Soup Chicken Lo Mein Northern Style Pork Ribs Brown or White Rice Stir Fried Napa Cabbage & Shiitake Mushrooms Mixed Green Salad w/ Ginger Soy Dressing Banana Spring Rolls SF Dessert	Sweet Potato Apple Soup Shrimp and Grits Rotisserie Chicken Buttered Corn Seasoned Green Beans Coconut Cream Pie SF Dessert	Corn Chowder Bourbon Sage Glazed Pork Chop Roast Beef with Au Jus Sweet Potato Souffle Steamed Cabbage Rice Pudding SF Dessert	Chicken Noodle Soup Meatloaf Pesto Chicken Thighs Mashed Potatoes Citrus Braised Swiss Chard Dinner Roll Lemon Bar SF Dessert	Broccoli Cheddar Soup Ham & Cheese Quiche Turkey Tetrazzini Bistro Chips Zucchini, Yellow Squash & Red Pepper Assorted Dessert SF Dessert

Bold indicates a main item.

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