

Masonic Home of Virginia

regular/nsa						Week 3
Monday 7/15/24	Tuesday 7/16/24	Wednesday 7/17/24	Thursday 7/18/24	Friday 7/19/24	Saturday 7/20/24	Sunday 7/21/24
Breakfast						
Oatmeal <i>Breakfast Potatoes</i>	Oatmeal <i>Pancakes</i>	Oatmeal <i>Hash Browns</i>	Oatmeal <i>Fried Eggs</i>	Oatmeal <i>Cream of Wheat</i>	Oatmeal <i>Mandarin Oranges</i>	Oatmeal <i>Banana</i>
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs <i>Sausage Gravy & Biscuit</i>	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs <i>Creamed Chipped Beef</i>
Grilled Ham Fresh Fruit Cup	Pork Bacon <i>Diced Pears</i>	Sausage Links Mini Danish <i>Fruit</i>	Sausage Patty <i>Fruit</i>	Grilled Ham <i>Fruit</i> Coffee Cake	Sausage Link Mini Cake Doughnut	Pork Bacon
Lunch						
Vegetable Rice Soup	Cream Of Mushroom Soup	Navy Bean Soup	Baked Potato Soup	Tomato Bisque	Chicken Noodle Soup	Broccoli Cheddar Soup
Cali Chicken Tacos	Steakhouse Marinated Pork Tenderloin	Meatloaf	Hamburger on Bun	Fried Catfish	BBQ Beef Brisket	Fried Chicken
<i>Pimento Cheese Sandwich</i>	<i>Chicken Caesar Wrap</i>	<i>Kielbasa, Peppers & Onions w/ Marinara</i>	<i>Cobb Salad</i>	<i>Summer Pasta w/ Pesto</i>	<i>Sesame Ginger Pork</i>	<i>Brown Sugar Glazed Ham</i>
Sweet Potato Wedges	Macaroni Salad	Mashed Potatoes	Tater Tots	Wild Rice	Roasted Potatoes	Macaroni and Cheese
<i>Zucchini & Summer Squash</i>	Baby Carrots	Seasoned Turnip Greens <i>Cornbread</i>	<i>Mixed Vegetable Blend</i>	Parmesan Tomatoes	Peas and Pearl Onions	Green Beans <i>Roasted Cauliflower w/ Parsley Butter</i>
Pound Cake w/ Strawberry Sauce <i>SF Ice Cream</i>	Blueberry Crisp <i>SF Dessert</i>	Ice Cream Sundaes <i>SF Dessert</i>	Applesauce Cake <i>SF Dessert</i>	Lemon Pudding <i>SF Dessert</i>	Orange Sherbet <i>SF Dessert</i>	Biscuit Ice Cream <i>SF Dessert</i>
Dinner						
<i>Vegetable Rice Soup</i>	<i>Cream of Mushroom Soup</i>	<i>Navy Bean Soup</i>	<i>Baked Potato Soup</i>	<i>Tomato Bisque</i>	<i>Chicken Noodle Soup</i>	<i>Broccoli Cheddar Soup</i>
Sloppy Joe	Balsamic Chicken Breast	Turkey Bolognese	Bourbon Sage Pork Loin	Rotisserie Style Chicken	Hot Dog w/ Chili	Spinach Quiche
<i>Salmon Cakes</i>	<i>Grilled Turkey & Provolone Sandwich</i>	<i>Mediterranean Shrimp Salad</i>	<i>Fried Shrimp</i>	<i>Corned Beef w/ Horseradish</i>	<i>Baked Fish</i>	<i>Classic BLT Sandwich</i>
Buttered Corn	Lime White Rice	Penne Pasta	Black Eyed Peas	Harvard Beets	Baked Beans	Potato Wedges
Smoky Collard Greens	Country Style Green Beans	Steamed Broccoli	Stewed Tomatoes	<i>Braised Cabbage</i>	Coleslaw	<i>Tossed Side Salad</i> <i>California Blend</i>
Pineapple Coconut Tapioca Pudding <i>SF Dessert</i>	<i>Wheat Roll</i> Assorted Cookies <i>SF Dessert</i>	<i>Dinner Roll</i> Devil's Cupcake <i>SF Dessert</i>	Hushpuppies Rice Pudding <i>SF Dessert</i>	Cloverleaf Roll Peach Pie <i>SF Dessert</i>	Chocolate Chip Cookies <i>SF Dessert</i>	Assorted Dessert <i>SF Dessert</i>

Bold indicates a main item.

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